



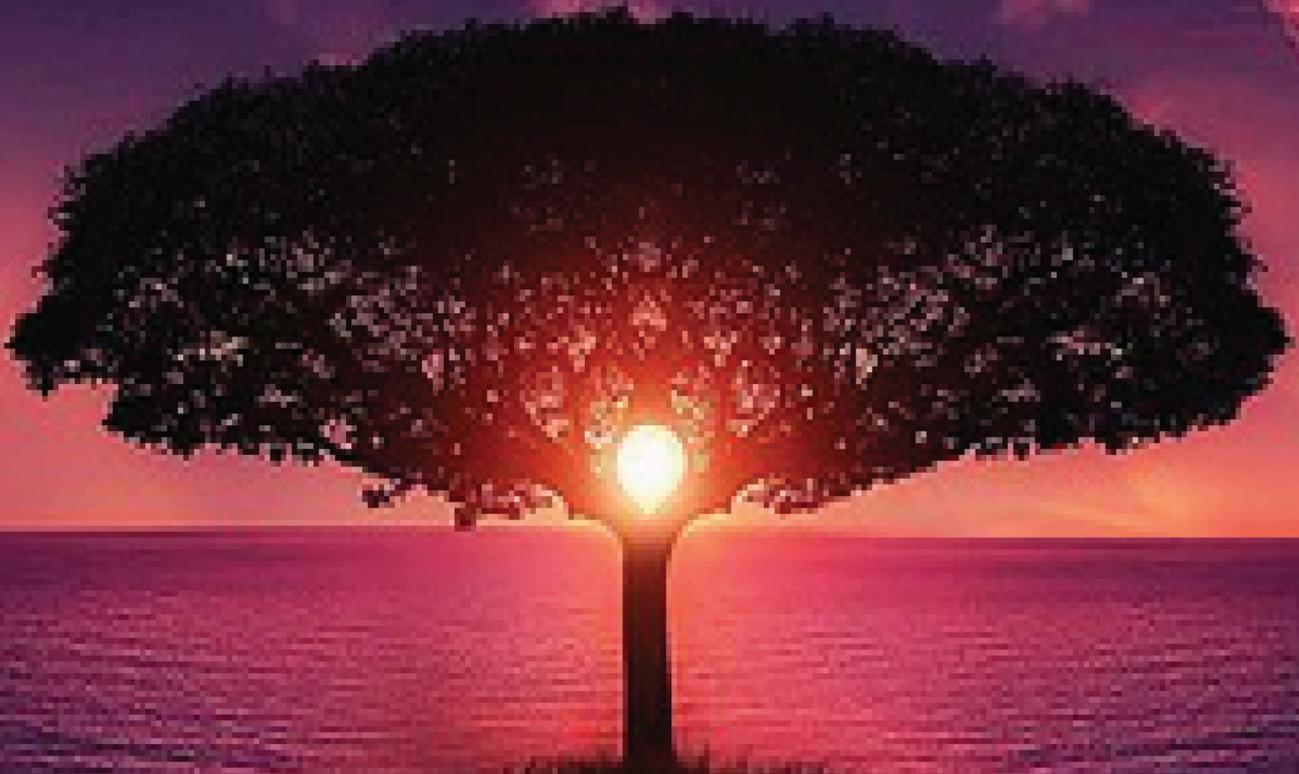
# St. Joseph's Indian Composite PU College

23, Vittal Mallya Road, Bengaluru - 560 001

# *Prathidhwani*

*Where Ideas Bloom*

**2022-2023**



# UNIVERSAL APOSTOLIC PREFERENCES

2019 - 2029

*Society of Jesus*

To show the way to  
God through the  
Spiritual Exercises  
and discernment.

To walk with the poor,  
the outcasts of the  
world, those whose  
dignity has been  
violated, in a mission  
of reconciliation and  
justice.

To accompany the  
young in the  
creation of a  
hope-filled future.

To collaborate in the  
care of our  
Common Home.



# *St Ignatius of Loyola*

*Commemorating the 500th year of the  
conversion of St Ignatius  
(From May 2021 to July 2022)*



St Ignatius was born as Iñigo de Loyola, in the castle at Loyola in the Basque Country of north eastern Spain in the year 1491. He was raised to be a courtier and a diplomat in service to the crown. Growing up around the royals, he was known for his glamorous lifestyle, his womanising, his dancing and his skills with the sword.

As a soldier of the Spanish army, he displayed acts of great courage that would bring great fame not only to the Spaniards but also to him. One such incident was the 1521 invasion of the French on the Spaniards. The Spanish army had given up hope of overpowering the French when Iñigo stepped up and led a brave fight only to have his leg shattered by a cannonball in the Battle of Pamplona, which turned out to be a life changing event for him. While nursing himself back to health he was given books based on the life of Christ and a book of the saints' legends.

Influenced by these stories he began a journey of transformation where he realised his powers of discernment, believing that God was leading him to a new and fulfilling life.

At 33 years of age he visited Barcelona where he would learn Latin grammar with students who were only 13 or 14 years old.

After his education in Barcelona, he went to the Spanish University to engage in conversation with people in matters of spirituality. Because he did not have any formal education in theology, these conversations got him in trouble with the Spanish Inquisition who jailed him thrice.

At the age of 38 he went to the University of Paris to attain a Masters degree. There, he met Peter Faber and Francis Xavier who would later become important members of the Society of Jesus.

In the year 1540 Ignatius along with a few of his friends from the University formed the Society of Jesus which was approved by Pope Paul III and thus became an official Catholic religious order.

As the Superior General of the Jesuits, he sent companions all over Europe and around the world. He called them to "hurry to any part of the world where...the needs of the neighbor should summon them." And he counselled them to serve "without hard words or contempt for people's errors."

**-Mr Sohail M Guledgudd**  
Department of English

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## Editorial

### Where Ideas Bloom...



“...Many discoveries are reserved for ages still to come, when memory of us will have been effaced. Our universe is a sorry little affair unless it has in it something for every age to investigate...Nature does not reveal her mysteries once and for all.”

-Seneca  
(Natural Questions, Book 7)

When we observe the evolution of human understanding of the world; from the Stone Age to the Iron Age, from the building of a geocentric solar system to the heliocentric one, from very large animals to the tiny microscopic life forms; what we see is the work of human mind created by an idea.

Alcmaeon of Croton, a Greek philosopher, scientist and a medical writer, sometime in the fifth century BC, remarked on the relationship between the brain, mind and intelligence. Whereas, Aristotle, another ancient Greek philosopher, believed initially that the heart was the seat of thinking and intelligence. Such contradictions bring to the fore the struggles that the human evolution has undergone always. The conflicts between humans, and between humans and nature, led to societies, cultures, philosophies, faiths, gods and religions, all inextricably intertwined. Human mind - the conscious, subconscious and the unconscious, has taken tremendous strides - exhilarating, painful, flailing, often violent, and also many times courageous, towards the understanding of the universe within and without.

The modern world is the result of ideas born out of thinking, labouring and leisuring individuals of the past, and continues to the present. Investment in ideas have taken us to space, made the world seem smaller through the internet, and unfortunately also torn people apart; it has created thinking machines, which may eventually decide our destiny.

Of all the actions, Education is probably the domain that spreads across the world, which can nurture and build responsible humans. Learning individuals across the globe can contribute to human development and evolution, whose destination is as yet unknown. While we attempt to understand what we read, try to write for ourselves, leap and run on the playgrounds, hum a tune and dance to it, doodle in the margins, meet people and build bridges between each other, we are nurturing our minds, actively and passively.

Prathidhwani, the annual college magazine, is an echo of our ethos. It is a myriad of thoughts, some put into action, some still finding ways to express itself. As the editor of the magazine of the academic year, 2022 - 2023, I would like to express my gratitude to the Management of our institution for bestowing on me this venture of putting together the experiences of the year. I sincerely thank all the staff members, including the editorial team, for their contribution and timely response. Finally, I extend my love and appreciation to the students, on whom the success of this endeavour largely stands.

Ms Shwetha P  
(The Editor)

*Magazine Committee*



**Standing from L to R: Mr Sohail M Guledgudd, Ms Neha N, Dr Indresh M, Mr Pradeep Kumar K**

**Sitting from L to R: Ms Shwetha P (Editor), Dr Flora Olinda D'Souza (Vice Principal),  
Rev Fr Cyril Menezes SJ (Director), Mr M Vinod Amrithraj (Principal)**

## Rector's Message



Another successful academic year has just concluded with forging the bonds of hearts and minds. The varied academic and non - academic activities, sports and annual days, social outreach activities, were a tangible expression of the diversity accepting the uniqueness of each Josephite, and forming a strong and vibrant Josephite family. Today in a globalized world; societies are becoming increasingly pluralistic, multi - ethnic and multi - religious due to various factors. At the same time, however, there exists a growing divide between people and societies.

The old divisive politics, senseless wars and new waves of nationalism are driving many nations of the world into further fragmentation. India in general and Karnataka in particular seems to be experiencing fractured identity. Its politics and polity and its people are riven by caste and religion. The atmosphere is vitiated by constant communal tensions, poisoned by divisive ideologies. Irrelevant emotive tensions, the senseless controversies propitious for the flowering of cultures and the arts have come to dominate our lives. A deep look into works and sayings of great writers and thinkers from the ancient past and present times can throw light towards solidarity.

Adikavi Pampa, a Jain - born, who was sheltered under Arikesari II Chalukya ruler said, "The humans are one caste. That is the only truth". Basavanna, born in a Brahmin family, the founder of the Lingayat community who rejected caste, social discrimination, violence and who sought the unity of all people, said, "Where is caste, what is caste, he who wishes good to all living beings belongs to the highest caste". The Sufi saints were philosophers who transcended caste and religion and saw humanity as one individual entity. What is outstanding in these poets is that the compassion for humanity, their celebration of love in its many splendored facets, the quest for truth and beauty, their pantheistic vision, lifted them above the ordinary.

Ralph Waldo Emerson said, "Trade is a plant which will grow wherever there is peace, as soon as there is peace, and as long as there is peace. Only true peace and harmony in our society, family and in our hearts, acceptance of one another's uniqueness can render true growth in oneself and well - being of all. May it find expression in the pages of this annual magazine.

Rev Fr Joseph D'Souza SJ  
Rector  
St Joseph's Indian Institutions

## Director's Message



It is a matter of pride to pen down the message for "Prathidhwani" the magazine of our college. My heart fills with immense pleasure as I perceive the progress being made at SJICPUC. The seeds of an idea sown many years ago have quickly come to fruition and the college is growing into a strong sapling. It is the endeavour of the Principal and the entire faculty to make academics a smooth journey full of joy and discovery.

The college magazine is a platform for the students to express their creative pursuits which develop originality of thought and perception in them. The content of the magazine reflects the wonderful creativity of thoughts and imagination of our Josephites. This year our students and staff have tried to show the elation of their heart through this magazine on the theme '**Prathidhwani -Where ideas bloom**'.

Our college is well equipped to prepare our students to face challenges that the future holds. We impart education to match the advancement in technology and globalization. We make our children to march ahead with moral values and principles. We constantly endeavour to instil moral and ethical qualities in our students. Academic excellence with character and personality development is our goal. The well chalked out academic and co-curricular programme enables the students to attain their full potential to develop sound work habits.

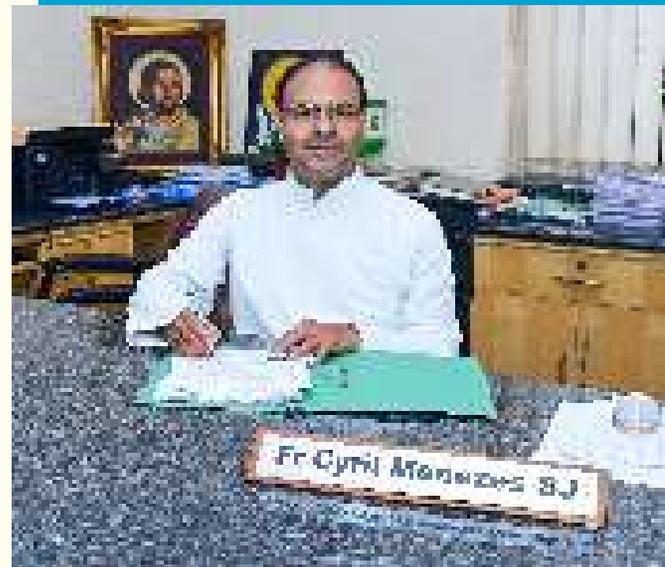
The world today is changing at such an accelerated rate and there is the challenge of the unknown. We have to explore. The creative mind has to move out and expand. Exploring is essential for our personal lives. It is easy to become lodged in a rut; that is the beginning of the end for many individuals. There is no action in a rut, no opportunity to explore and grow, no excitement, no adventure, and no opportunity to serve. We need activities to make life meaningful.

Dear students, every chapter in your life build a foundation to launch the next chapter. So, you have a choice. You can either feel sorry for yourself, wondering why you are not where you want to be and cursing the situation that you are in. Or you can look at this as a lesson. Ask yourself, "What is there here to teach me?" and "How can I use this experience to propel me to my ultimate goal?"

I wish that you breathe energy into the positive aspects in your life. As Maya Angelou said,  
"If you don't like something, change it.  
If you can't change it, change your attitude."

We, like the flowers, do not always choose the roller coaster of events that come our way. We often find them cold and harsh like snowstorms in the late winter and early spring. However, we can learn from the spring flowers that simply follow the directions of their internal programming. They do not complain or fall into a heap of despair. They simply "bloom where they are planted." We can too.

I extend my warm wishes to the Principal, the entire faculty and my dear students to keep on moving in this journey on the road of excellence to reach pinnacle of success. May we continue to give our students strong roots like the banyan tree and stronger wings to conquer the world!!



**Rev. Fr. Cyril Menezes SJ**

Director

St Joseph's Indian Composite PU College

## Principal's Message



St Joseph's Indian Composite PU College (SJICPUC) makes every effort to live up to the Jesuit tradition of providing transformative education. The New Education Policy (NEP) 2020 aims at bringing about a transformation in the education system of our country. One of its aims is to make education inclusive, promote diversity and ensure equity in all forms of education.

Personally, I see a tangible intersection of ideology between Jesuit education and NEP 2020. Both aim to bring about transformation in society by molding students to become agents of change. The idea which blooms when I think about SJICPUC is its ability to make use of the wide resources available with it and become a harbinger in

achieving the objectives of Jesuit education by blending with NEP principles and policies. The whole **IDEA** of education provided here must gradually metamorphose into a one that is more Inclusive which caters to promote Diversity in all forms, providing Equitable opportunities supported with an Attitude of accompaniment.

Today, education is at the helm of evolution through drastic changes at all levels be it in matters of policy, structure, pedagogy, or implementation. The stakeholders of education, i.e., the learners, educators, parents, and administrators are apprehensive about what the future has in store due to these changes. However, change and fear are closely associated but a positive outlook and mindset brings with it acceptance and appreciation. Thus, the key to this would be to see change through the eyes of empathy.

Empathy is the impetus for creating change. Empathy must be made the foundational crux to fuel progress towards greater diversity and inclusion in education. With empathy, each one associated with education would be able to understand the needs of others and become aware of their feelings and thoughts. Empathy bridges the gap between inclusion and diversity. When empathy is put to action, skills like communication, collaboration, critical thinking, creativity, and innovation will be nurtured among its stakeholders.

Hence, the clarion call would be to lead change by putting empathy into action. We must strive towards an attitudinal change to cultivate empathy. As you read this edition of the college annual magazine, I invite you to find the prathidwani / echo of another person in yourself and journey together towards transformation of self and the society with empathy through education.

I wish to thank and appreciate the hard work of the Chief Editor Ms Shwetha P, the members of the editorial and the creative efforts of the students and staff in putting this magazine together.

**Mr M Vinod Amrithraj**

Principal

St Joseph's Indian Composite PU College

## Vice Principal's Message



I am extremely delighted to pen down the message for the annual publication, Prathidhwani 2023.

**"Bloom like a flower, unfold your own beauty." -Debasish Mridha**

This quote aptly describes the theme of the annual magazine, 'Prathidhwani 2023 - Where ideas bloom.' Education fosters the development of an inclusive and empowered society. The power of education at SJICPUC with the exemplary vision of forming men and women for others is to produce brilliant young men and women equipped enough to foray into the rapidly changing world to bring back humans as an empowered humane community.

At Joseph's, we believe in letting the students bloom and unfold their imagination, aspirations and resources hidden in them. Also, we believe in holistic development and a year has gone by witnessing our Josephites excel in various fields. I feel honoured to be a part of this academic exercise aimed at promoting education with literary and cultural activities. Since its inception in 2006, the college has been steadfast in its pursuit of excellence in all spheres, such as academics, culture, and sports. Even in the most challenging times our institution has emerged as a symbol of hope striving for excellence.

It is a wonderful feeling to experience the warmth of college life after eliminating the boundaries created by the global health crisis and extensive interactions with our laptops for virtual classrooms. The team of teachers and students have worked in coordination to meet the objective of the current magazine. I feel proud to commend and acclaim the editorial board, staff, and students for their hard work, which resulted in the accomplishment of the yearly chronicle, and I wish them success for their future endeavours. May you keep illuminating the paths and explore new dimensions to unveil the unknown.

I wish to reiterate that it is a matter of great pride to be a part of the SJICPUC fraternity. Together, let us all move forward, renew our spirits and rekindle the fire of hope within us and make our journey an even more exciting one - all for the greater glory of God.

As the outgoing students leave this temple of learning to pursue their dreams, may God bless and guide them in every walk of life. May they always live up to the college motto - Fide et Labore (Faith and Toil). May God bless us all.

**Dr. Flora Olinda D'Souza**

Vice-Principal

St Joseph's Indian Composite PU College



# Annual Report 2022-23

As another academic year draws to a close at St Joseph's Indian Composite PU College (SJICPUC), this annual report highlights the major events and initiatives that have formed an integral part of the year 2022-2023. This year, at SJICPUC, we continued with our strive for excellence with sincerity of purpose. The year-long activities and programmes were initiatives to promote independence of thought & action among our students and to develop in them the sensitivity to others' wellbeing and feelings. We are happy to note that our efforts have been rewarding and we have been successful in continuing the legacy of Jesuit education.

The academic year 2022-23 began with the change of guard in the administration of the institution. Rev Fr Joseph I Rodrigues SJ handed over the office of the Rector of St Joseph's Indian Institutions (SJII) to Rev Fr Joseph D'Souza SJ. Rev Fr John Lang Bosco SJ took over as the Finance Officer of SJII from Rev Fr Cyril Raj SJ. We thank Fr Joseph I Rodrigues SJ and Fr Cyril Raj SJ for the guidance and support rendered to the college during their tenure.

**College Strength:** This year we have 1702 young & dynamic students in 24 sections – 10 of Science, 12 of Commerce and 2 of Humanities in the I and II PUC - who are raring to go to make a difference in the world with their unique 'Josephite Spirit' and guided by the vision of the college which is to be a man / woman for and with others.

**Faculty:** We have 90 staff members, comprising of 64 teaching staff, 10 administrative staff and 16 supporting staff. I would like to express my gratitude to all our staff members for their dedicated, passionate, and committed service in shaping our students into responsible citizens of tomorrow and assuring academic excellence.

The new staff members who joined us this year are:

Ms Poojashree BA, Department of Physics

Ms Staffie S M G, Department of Biology

Ms Anisha Priya Frank, Department of Chemistry

Ms Ambika P, Department of Humanities - Economics

Ms Shirley Udaya Deepthi, Department of Biology

Ms Arpitha Pinto, Department of Physics

Ms Angelina Kavitha Aishwarya, Department of Commerce

Mr Tenin T Pereira, Department of Physics

Mr Haran R P, Department of Humanities – Psychology

Rev Fr Joseph Vaz Monteiro SJ, Department of English

Ms Ancy Kiran, Department of Chemistry

Ms Niveditha S, Department of English

Ms Jyothi D A, Administrative Staff

Ms Dhanalakshmi J, Administrative Staff

Mr William C, Support Staff

Mr Setu, Support Staff

Mr Pradeep Kumar K, Department of Electronics was transferred to the Department of Computer Science after his completion of post graduate degree in Computer Science.

Mr Ronald D'Silva who was the Chemistry laboratory assistant and support staff was transferred as the assistant in the Computer Science laboratory.

A few of the staff left us for greener prospects in life -

Ms Sandhya P, Department of Physics  
Mr Ajay Dethose, Department of Biology  
Ms Jyothi Priya A, Department of Kannada  
Dr Reena Saritha Serrao, Department of Chemistry  
Ms Annette Diana, Department of Biology  
Mr Joby E Joy, Department of Physics  
Mr Kiren O V, Department of Physics  
Mr Samson Roy, Department of Humanities – Psychology  
Ms Roshini J Felix, Department of Chemistry  
Ms Shalini Saldanha, Department of English  
Ms Sherly Crasta, Department of Humanities - Economics  
Ms Elma Elizaba Mathew, Department of Physics  
Sr Irine D'Souza, Student Counsellor  
Ms Sherry Serena Judith Pink, Department of Physics  
Ms Josephine Nirmala, Department of Mathematics  
Ms Ambika P, Department of Humanities – Economics  
Ms Akshaya P L, Department of Physical Education  
Rev Fr Joseph Vaz Monteiro SJ, Department of English  
Ms Niveditha S, Department of English  
Mr Manohar G N, Department of Chemistry  
Ms Patrisha D'Souza, Administrative Staff

I wish to thank them for their selfless and devoted service to our college and pray for God's plentiful blessings in their future endeavors.

### Staff Accomplishments

Ms Sowmiya Carmel from the Department of Chemistry completed Doctor of Philosophy in “SYNTHESIS AND REACTIONS OF SOME NOVEL ORGANOSILYL SYNTHONS” from Bangalore University in November 2022.

Dr Suresh K M, Department of Kannada, was honored with the Rajyotsava Award for his contribution in the field of Kannada Literature by the Hassan District administration.

Mr Jitendra Mewara was appointed as a technical official at the 36th National Games held at Gujarat representing the Softball Federation of India.

The Principal Mr. Vinod Amrithraj was the proud recipient of 'Hero of Education' award, presented by The Trading Minds, a premium company run by entrepreneurs and professionals from KPMG which provides training in trading and the stock market.

### Results

Strive towards academic excellence is the hallmark of Jesuit education. The untiring efforts of our staff and the hard work of our students to overcome the learning gaps created due to the pandemic found reward in the results of the Board Examination. Of the total 894 students who appeared in I PUC, 92.47% passed in science, 91.40% passed in commerce and 88.80% passed in Arts stream. The aggregate pass percentage was 91.72%.

In the II PUC Exam, the Science stream pass percentage was 97.26%, in Commerce 96.01% and in Arts stream we got 97.56% result. The aggregate pass percentage was 96.60%. 795 students appeared for the exam of which 218 students secured Distinctions and 452 students secured First Class.

The college toppers in the respective streams are -

Science	Sanju S	II PCMC	587	97.83%
Commerce	Thrisha S	II SEBA	586	97.67%
Arts	Yashovardhan	II HEPYS	574	95.60%

### Staff Programmes

Mr Pradeep Kumar, Department of Computer Science and Ms. Saritha Roshan, Department of Economics, have participated in the JESCOL seminar from 11- 13 July 2022 organized by the Human Resource Development center, Ashirvad, Bengaluru.

Administrators, teachers, parents, and alumni participated in the assessment of schools conducted by the Jesuit Conference of South Asia from 17 – 24 August 2022.

Sr. Irine D'souza and Mr. Haran P from the Department of Counseling attended a one-day seminar on Supported Education Programme for Students with Mental Health Issues in Academic Settings at NIMHANS Bengaluru organized by Christ University on 15 October 2022.

48 teaching staff attended a training program on understanding the skills of mentoring students organized by the Samagra team on 31 October 2022 at SJIPUC campus.

Mr Vinod Amrithraj, Principal attended a leadership Enhancement & Animation Program (LEAP) for Principals and Headmasters of Jesuits Schools from 16 – 19 November 2022 organized by Jesuit Educational Association of South Asia (JEASA) held at Dhyana Ashram, Chennai.

Mr Tenin T Pereira, Department of Physics has attended a workshop on “Social Emotional Learning” organized by Christ University on 24 November 2022.

The Department of Pre-University Education, Bangalore North conducted training sessions for lecturers about the new question paper pattern for PUC exam in various subjects. This workshop was well attended by the teaching faculty of the college, and it was very useful and informative for them.

All newly recruited staff attended JESCOL I – a seminar organized for the staff to familiarize themselves about Jesuit education and collaboration. The sessions of the seminar were beneficial for the new recruits to understand the legacy, culture, and ethos of Jesuit education and about the institution.

### Student Programmes

**Students' Orientation:** The inauguration of II PUC classes and orientation for the II PUC students were held on June 13, 2022. The Rector Fr Joseph D'Souza SJ and the Director Fr Cyril Menezes SJ urged the students to focus on academics and development of skills as they were at an important phase of their lives which could decide the pathway of their professional life and career.

The new admits to I PUC were welcomed to join the Josephite fraternity on June 13, 2022. The Principal welcomed the I PUC students while the Director Fr Cyril Menezes SJ in his address highlighted the characteristics of Jesuit Education and the opportunities which students must capitalize on during the two years of pre-university studies to become assets to the society.

The seniors welcomed the junior batch in an informal set up at the Freshers' Day held on June 24, 2022. The seniors showcased their creativity and talents through a variety of entertainment programmes.

**Student Council Elections:** The student council election for the year was held in two phases. On June 25, 2022, the class representative election (CR) for I & II PUC students was held. In the second phase of elections, the class representatives gathered to elect the student council members on June 28, 2022. The elections were held through secret ballot voting.

**Student Council Investiture:** The investiture, a solemn ceremony to install the student council and the office bearers of various clubs and associations, was held on July 2, 2022. The Director briefed the elected leaders about their role and responsibilities that are entrusted to them.

**ANKURA:** It is the interclass cultural fest organized to provide the stage/forum to bring out the hidden talents in the students of both I PUC and II PUC. This year seven offstage events and three onstage events were conducted from November 7-11, 2022. The event was inaugurated by the Rector Fr Joseph D'Souza SJ. He encouraged the students to make use of the platform to discover their hidden talents and to develop them to cater to the overall development of the personality. At the valedictory, noted Kannada singer and music composer Mr Anand Madalagere enthralled the audience with his voice. He distributed the trophies to the winner and runner up classes. The event attracted enthusiastic participation from the students as the theme of Ankura 2022 was 'Halli Habba', meaning 'Village Festival' and the various competitions focused to encourage folk art and rural culture. The entire college campus mirrored a rural ambience with the decoration and lighting. The students added to the grandeur with their ethnic attire.

**Union Day:** A farewell party for the outgoing student council and class representatives was held on January 12, 2023. The I PUC student representatives along with the teachers organized a programme which included dance, music, games and cheer. The Vice Principal gave a heart-warming talk to the outgoing students. The students enjoyed the short yet memorable event.

**Graduation Day:** The final and most solemn event, the Graduation Day of II PUC students was held on January 13, 2023. Mr Christo Joseph, Alumnus of SJHS and Director of Strategy & Planning at Garden City University Bangalore was the Chief Guest for the day. Mr Joseph C Babu, Alumni Association President, SJII was the Guest of Honor. The graduation batch of 2021-23 consisted of 801 students. Students who excelled in academics, sports and cultural events were honored during the programme.

**Sports and Cultural Competitions:** The teams of various cultural, sports and games of SJICPUC brought laurels to the college by winning competitions and tournaments that were conducted by the PU Board and by other organizations and institutions. These students, through their hard work and efforts held high the banner of college. The college will remain indebted to these participants for their contribution to add to the fame of the college.

### Spiritual and Personality Development Programmes

**Mass to the Holy Spirit:** It was held on July 1, 2022. It was a gathering with one common prayer - 'O Holy Spirit, descend plentifully in our hearts'. The main celebrant was Fr Joseph D'Souza SJ, Rector of St Joseph's Indian Institutions, who in his homily urged the students to pray ardently for the gifts and fruits of the Holy Spirit to be enabled to face and overcome the stiff challenges of life.

**Counseling Program & Mentoring:** To facilitate smooth transition from childhood to adulthood the college counselors - Sr Irine D'Souza and Mr Haran R P along with the teachers assisted the students in their journey towards becoming responsible and emotionally healthy individuals. Apart from academic help and career guidance, students were helped to cope with their personal and emotional upheavals through counselling. Mentoring, which is a system of accompanying the student by a staff member helped the students to handle difficulties and face challenges in a better way.

**Career Awareness & Guidance Programme:** Career opportunities available and guidance to choose a career that suits an individual best is of prime importance. The college partnered with private universities and organizations to guide our students about career options and career choice suitable to one's aptitude and interests. Students found these sessions very informative and resourceful.

## Celebrations

**International Yoga Day:** Yoga is the unification of mind and soul. International Yoga Day was celebrated on June 21, 2022. Selected students took part in the programme demonstrating asanas and breathing exercises held at Kanteerava Stadium. The event was organized by the Government of Karnataka.

**Feast of St Ignatius of Loyola:** The feast of St Ignatius of Loyola was celebrated in a meaningful manner on July 31, 2022. This year's celebration marked the closing of the special Ignatian year 2021-22 which celebrated the observance of 500 years after the conversion of the founding saint of the Society of Jesus, St Ignatius of Loyola. The catholic staff of all the units of St Joseph's Indian Institutions enthusiastically participated in the Eucharistic Celebration held on July 31, 2022. The Bishop of Shivamogga, His grace most reverend Dr Francis Serrao SJ was the main celebrant of the Holy Mass.

The celebration of the feast for students was held on July 30, 2022. Fr Maxim Dias SJ was the Chief Guest. His inspiring speech gained the attention of students as he gave some wonderful Ignatian principles for students to imbibe. The Chief Guest also spoke of the Ignatian Year, which is observed from 20 May, 2021 to, 31 July, 2022, to mark the 500 years of conversion of St Ignatius of Loyola after the cannonball struck his leg in the Battle of Pamplona. The highlight of the celebration at the college was the 500-member choir comprising of students, staff and alumni singing the Ignatian hymn Noble Knight.

**Independence Day:** The 76th year of the Indian independence was celebrated with much enthusiasm and grandeur. The Chief Guest, Commodore C D Balaji, hoisted the flag in the august presence of Rev Fr Joseph D'Souza SJ, the Rector of St Joseph's Indian Institutions, and the Institutional Heads of various units of St Joseph's Indian Institutions, members of the Inigo Sadan Community and staff. The meaningful celebration included an Inter-religious prayer service, significance of the day, patriotic song and a thought-provoking message by the Chief Guest and the Rector.

This year as the country continues to celebrate 'Azadi Ka Amruth Mahotsav' (AKAM), many special programmes for the staff and students were organized in the college throughout the year under the directives of the Central and State government through the Department of Pre-university education. Few students were successful in winning prizes at the zonal, district, state, and national level.

Akanksha V Malade, student of II MSBA, secured first place in the National level Poem Writing Competition under the Veer Ghatha Project in the Grade 11-12 category.

**Teachers' Day:** Teachers' Day celebrations were organized by the Student Council on September 5, 2022. Students honored and entertained the teachers with a beautiful cultural program and fun games.

**Gandhi Jayanthi:** It was observed on October 2, 2022. A floral tribute was offered by the staff and students to the great leader. A short message was delivered by the Director Fr Cyril Menezes SJ.

**Kannada Rajyotsava:** The 67th Kannada Rajyotsava was celebrated on November 12, 2022, in the college with great enthusiasm. The chief guest of the function was the Director Fr Cyril Menezes SJ. He highlighted the richness of Karnataka and the ways to strengthen the usage of Kannada language in our daily lives. Competitions and a cultural programme in line with the heritage of Karnataka were conducted for the students.

The students of the college participated in a public programme titled 'Koti Kanta Gayana' organized by the Department of Kannada and Culture, Government of Karnataka at Kanteerava Stadium on 28 October 2022 and sang six classic Kannada songs in unison with over one crore voices all over the globe at various locations. This programme showcased cultural values through singing.

**Indian Constitution Day:** It was celebrated on November 26, 2022. Besides reading the preamble and taking the pledge to uphold constitutional values, students actively participated in the poster making and pick and speak competition.

**Christmas Programme:** A grand Christmas celebration was organized on December 22, 2022, for the staff and on December 23, 2022, for students. The various programmes organized by the staff and students brought out the true spirit of Christmas which is the joy of sharing. The performance of the dance team, theatre team and the choir added flavor to the Christmas spirit. Staff sang special carols to add to the celebration.

This year the students and staff raised a sum of Rs 1,25,000 (rupees one lakh and twenty-five thousand) to help the visually impaired students of Jyothi Seva Home. This generous contribution lit the lives of the children in a small way and helped to spread the Christmas cheer among them. The inmates of Jyothi Seva Home reciprocated their gratitude by performing a dance on our campus during the feast celebration.

**Republic Day:** Republic Day was celebrated by hoisting of the Indian tricolor by Rev Fr Joseph D'Souza SJ, Rector of St. Joseph's Indian Institutions. The chief guest addressed the students and urged them to do their best and feel proud to be an Indian. The students brought the stage alive by decorating the stage apt to the occasion and expressed love of the motherland through their patriotic dance drama. The quadrangle reverberated with patriotic fervour and enthusiasm.

**Institution Day:** Institution Day was celebrated on 20 March, 2023. This day marks the feast day of St Joseph, the patron saint of the college. It is a day specially earmarked for all the staff of St Joseph's Indian Institutions to gather as one family to celebrate the achievements of the current academic year and to plan our path ahead. The day began with the staff of all units participating in various games and fun activities. This was followed by a motivational talk by Mr Suresh Kalburgi. A grand fellowship lunch concluded the day's proceedings. The staff had lots of fun and happy moments.

### Student Enhancement Programmes

There are 13 associations and clubs in the college which function actively throughout the year. The students are encouraged to be a member of at least one of the associations. The students were given a variety of opportunities to showcase their talents and develop their interests, all contributing towards shaping their personality.

**Electoral Literacy Club:** The members of this club sensitized the parents and students about enrolling themselves in the electoral roll and to exercise adult franchise during elections. The club celebrated National Voters Day by taking the voters' pledge. Students took part in the essay writing and poster making competition conducted by the PU Board at the zonal and district level. The members urged the II PUC students to enroll as voters and exercise their voting right very specially during the upcoming assembly elections this year.

**Parents' Orientation & Parent Teacher Interface:** An orientation for the parents of the I & II PUC students was held on June 18 and 25, 2022 respectively. The class guides addressed the parents and helped them to understand their role as partners in the education of their children, to shape a good and successful future.

Parent Teacher meetings were held at regular intervals during the year. This provided a platform for parents to meet the class teachers, subject lecturers, and counselors to discuss the progress of their wards.

**Parent Teacher Association (PTA):** The PTA has played a very significant and proactive role in the institution. The PTA Executive Committee under the able guidance of Mrs. Lubna Salman the Vice President, met a few times during the academic year.

The Annual General Body Meeting of all the PTA units of SJII was held on November 19, 2022, in the institution auditorium. It was an official platform where the management addressed the growth of the institution in the current academic year and solicited the collaborative cooperation of the parents in all its developmental and enhancement programmes. The silver jubilarians of the high school were felicitated for their dedicated service during the programme. The class toppers in the II PUC board exam were also honored for their efforts. The programme culminated with a grand fellowship lunch.

### Alumni/Alumnae Association

This association is another pillar of support to the institution. The alumni association under the able leadership of the President, Mr Babu C Joseph has been instrumental in setting a scholarship fund under the 'Igniting Minds' programme to help the deserving students of the primary school, high school and PU College to pursue their education without having to worry much about their financial constraints. Our heartfelt gratitude goes to all the donors, sponsors, and the hard efforts of the Alumni Executive Committee members in their initiative to give back and contribute to the development of their alma mater.

**Sahayoga - Twinning Programme:** The 'Sahayoga Twinning Program' aims at creating collaboration between St. Joseph's Indian Institutions, Bengaluru and Loyola Institutions, Vijayapura. This year the contribution of the college to this initiative was subdued as it was the come back year after the pandemic. We hope to rejuvenate our efforts and strengthen this programme in the forthcoming academic year.

**Scholarships:** The Ekanandan Scholarship is given to selected students from economically weaker backgrounds studying in St Joseph's Indian Primary School, High School, and PU College. It is sponsored by Mrs Vijayalakshmi Ekanandan who is a major benefactor of the institution. Fr Joseph D'Souza SJ, the Rector and Fr Cyril Menezes SJ the Director distributed the scholarships and addressed the students.

We deeply regret the sad demise of Mrs Vijayalakshmi Ekanandan on 4th February 2023. She will be fondly missed but the memories of her great deeds will linger on. The institution will always remember and remain indebted for her contribution in uplifting many of our students and supporting them to pursue their education. We pray that her soul may find eternal bliss and rest in peace.

SJICPUC believes in empowering the students belonging to the weaker sections of society. The management provides mid-day meals to deserving students. Around 50 students benefit from nutritious and sumptuous food that is provided to them through this scheme. 75 students in total were granted scholarships by the management.

**Library:** The partially automated library has a treasured collection of 5300 books, 17 journals, periodicals, magazines and 10 CD-ROMs. The library houses a photocopy machine for the convenience of its users and a few desktops with internet connectivity to enable browsing.

**Infrastructural development:** The Principal's office and college office received a face-lift this academic year after the renovation. Three new staff rooms were added to cater to the growing strength of the staff. The college building adorns a fresh look after the painting of its walls with elegant colors. The addition of plants in the garden and quadrangle aids in making the campus eco-friendly and green.

## Conclusion

This year has been a year of great blessing despite the few challenges and hardships it posed at intermittent times. The student body comprising of 1702 young Josephites and 90 dedicated staff have made this campus vibrant throughout this year. I would like to thank Dr Flora D'Souza the Vice - Principal, the core committee members, the subject coordinators, and all the members of the staff for supporting me to lead this illustrious institution, the parents' community for being so supportive of our activities and new ventures and all the Josephites for their loyalty to this college.

I profusely thank the Rector, Rev Fr Joseph D'Souza SJ for his guidance and Rev Fr Cyril Menezes SJ, the Director for being the pillars of support and encouragement always.

May Almighty God continue to bless us, our staff, students, and their parents and guardians. May all of us enjoy the fatherly care of our dear patron St Joseph.

Thank you.

M Vinod Amrithraj  
Principal



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II PUC ACADEMIC ACHIEVERS

Distinctions - 218

First Class - 452

Aggregate pass percentage - 96.60%

### SCIENCE



**SANJU S**  
PCMC 'B'  
587/600 - 97.8%



**VAISHNAVI N**  
PCMB 'A'  
572/600 - 95.3%



**FAIZAN KHAN**  
PCMC 'B'  
572/600 - 95.3%



**SHIMAN KUMAR DAS**  
PCMC 'B'  
569/600 - 94.8%



**BINDUSHREE C**  
PCMC 'B'  
568/600 - 94.7%



**SHASHIKANTH R**  
PCMC 'A'  
567/600 - 94.5%



**SUBHADRA PRADHAN**  
PCMC 'A'  
566/600 - 94.3%



**GANESH JAISHI**  
PCMC 'B'  
566/600 - 94.3%



**SREELIYA S**  
PCMB 'B'  
565/600 - 94.2%



**SHREE VIDHYA B**  
PCMB 'A'  
563/600 - 93.8%



**CHARUMATHI D**  
PCMC 'B'  
559/600 - 93.2%



**SINDHU BHAIRAVI D**  
PCMB 'A'  
558/600 - 93.0%



**DEEKSHAA V REDDY**  
PCMB 'B'  
558/600 - 93.0%



**VARSHA D**  
PCMC 'B'  
557/600 - 92.8%



**GANESH RAMESH PISHEY**  
PCME  
556/600 - 92.7%



**RAMYA S**  
PCMB 'B'  
555/600 - 92.5%



**IQRA IRFAN**  
PCMC 'B'  
555/600 - 92.5%



**UDAY KRISHNA G**  
PCMC 'B'  
554/600 - 92.3%



**SUNANE KHAN**  
PCMB 'A'  
553/600 - 92.2%



**CHINTU RAI**  
PCMC 'A'  
553/600 - 92.2%



**GOWRI LAKSHMI**  
PCMB 'B'  
552/600 - 92.0%



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II PUC ACADEMIC ACHIEVERS SCIENCE



**SHAIK ARBAZ**  
PCMC 'A'  
552/600 - 92.0%



**VEMPALLI YASHWANTH**  
PCMC 'B'  
552/600 - 92.0%



**ANGELINE NEHA R**  
PCMC 'B'  
550/600 - 91.7%



**SAGAR N**  
PCMB 'B'  
548/600 - 91.3%



**MARIA ANUSHKA S**  
PCMC 'B'  
546/600 - 91.0%



**SOMEESVAAR V**  
PCMB 'B'  
545/600 - 90.8%



**SHIVA PRASAD RAJU  
GURUNATHA**  
PCMC 'A'  
545/600 - 90.8%



**ANMOL KATHAYAT**  
PCMC 'A'  
545/600 - 90.8%



**NANDU KRISHNA K S**  
PCMC 'A'  
545/600 - 90.8%



**ROHAN SAIKUMAR**  
PCME  
545/600 - 90.8%



**DEEPIKA B**  
PCMB 'B'  
544/600 - 90.7%



**LAVANYA V**  
PCMB 'A'  
543/600 - 90.5%



**DEEPIKA V**  
PCMC 'A'  
543/600 - 90.5%



**YAMUNA GANESH**  
PCMB 'A'  
542/600 - 90.3%



**PRATHIBA G**  
PCMB 'B'  
541/600 - 90.2%



**TARUN M**  
PCME  
541/600 - 90.2%



**ROSHNI B**  
PCMB 'A'  
540/600 - 90.0%

Congratulations!



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II PUC ACADEMIC ACHIEVERS SCIENCE

FAIZA MUSTHAFA C T K	PCMB A	538	89.7%	TANIYA YASMIN	PCMC B	525	87.5%
SHASHANK V	PCME	538	89.7%	SADHIYA SITARA	PCMB A	524	87.3%
GIRISH GOWDA S	PCMC B	537	89.5%	JAI SHRUTHI N	PCMB B	523	87.2%
KARTHIKA V	PCMB A	536	89.3%	KRISHNA JEE	PCMB A	521	86.8%
ENOCH G	PCMC B	535	89.2%	NEETU N	PCMC A	520	86.7%
BHAVANI S	PCME	534	89.0%	MOHAMMED YASEEN SHOAB	PCMC B	520	86.7%
NOUREEN ASLAM	PCMB A	532	88.7%	DHANUSHIYA S	PCMB B	519	86.5%
S KUBER NAIDU	PCMB A	531	88.5%	DEEKSHITHA P	PCMB A	518	86.3%
CHARITHA S	PCMC A	531	88.5%	ROHAN S	PCMC B	518	86.3%
DARSHAN R	PCMC B	531	88.5%	SHARMILY H	PCMC A	517	86.2%
SHREEJANA SHERPA	PCMC B	531	88.5%	VEDANTH BHAT	PCME	517	86.2%
DEEPIKA C	PCMB B	530	88.3%	CHAITANYA N	PCMB A	516	86.0%
HEMANTH KUMAR K	PCMC A	530	88.3%	ROHINI N	PCMB A	515	85.8%
SANJANA MISHRA	PCMC B	530	88.3%	DHANUSH M P	PCMB B	514	85.7%
SHIVA SHAKTHI	PCMC B	526	87.7%	TANUSHA S	PCMC B	513	85.5%
UMESH KUMAWAT	PCMB A	525	87.5%	DHANUSH P G	PCMC A	511	85.2%
WASIYA MAIMUNNISSA	PCMB A	525	87.5%	PASUPULETI DIVYA SREE	PCMB B	510	85.0%
KUSHAL K	PCMC A	525	87.5%				

Congratulations!



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II PUC ACADEMIC ACHIEVERS ARTS



**YASHOVARDHAN**  
HEPyS  
574/600 - 95.7%



**NAYANA K**  
HEPyS  
569/600 - 94.8%



**K YUKTHA SUBBIAH**  
HEPyS  
565/600 - 94.2%



**KIRANMAYEE**  
HEPyS  
549/600 - 91.5%



**PALGUNI PRASAD**  
HEPyS  
540/600 - 90.0%

LINCY VERONICA MATHIAS	HEPyS	531	88.5%
MOHAMMADI SUHANA	HEPyS	529	88.2%
SOURABH RANKAWAT	HEPyS	524	87.3%
SHAM PRASAD R	HEPyS	521	86.8%

Congratulations!



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II PUC ACADEMIC ACHIEVERS COMMERCE



**THRISHA S**  
SEBA  
586/600 - 97.7%



**MONISHA R**  
MSBA  
581/600 - 96.8%



**TEJASHWINI J**  
CEBA 'A'  
580/600 - 96.7%



**BHOOMIKA R**  
CEBA 'A'  
576/600 - 96.0%



**KEERTHI P**  
MSBA  
576/600 - 96.0%



**HARSHITHA B**  
CEBA 'A'  
575/600 - 95.8%



**CHAVI JAIN**  
MSBA  
575/600 - 95.8%



**PUNITHA JYOTHI P**  
MEBA  
574/600 - 95.7%



**BIBIJAN A**  
MSBA  
573/600 - 95.5%



**SUPRIYA X**  
SEBA  
571/600 - 95.2%



**HIRENDER SINGH MERTIA**  
CEBA 'B'  
570/600 - 95.0%



**SUHANI DHANUKA**  
MEBA  
570/600 - 95.0%



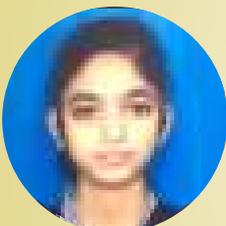
**ANVAY UDUPA**  
MEBA  
569/600 - 94.8%



**FATHIMATHUL HIBA P M**  
MSBA  
569/600 - 94.8%



**PRAVEEN KUMAR P**  
CEBA 'B'  
568/600 - 94.7%



**NETHI YOSHITHA**  
MEBA  
568/600 - 94.7%



**KRUPA B**  
MSBA  
568/600 - 94.7%



**LAKSHMI P**  
SEBA  
568/600 - 94.7%



**TANYA LENNARD**  
CEBA 'A'  
567/600 - 94.5%



**POOJITHA K**  
SEBA  
567/600 - 94.5%



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II PUC ACADEMIC ACHIEVERS COMMERCE



**NISHA R**  
CEBA 'A'  
566/600 - 94.3%



**TANMAY KAVADIYA**  
CEBA 'A'  
566/600 - 94.3%



**TANNU YADAV**  
CEBA 'A'  
566/600 - 94.3%



**PUSHPENDER SINGH**  
SEBA  
566/600 - 94.3%



**ASHWINI N**  
CEBA 'A'  
565/600 - 94.2%



**KARISHMA D**  
CEBA 'B'  
564/600 - 94.0%



**DARSHAN S SOLANKI**  
SEBA  
563/600 - 93.8%



**SMITHA D**  
SEBA  
562/600 - 93.7%



**JAHANVI KAVADIA**  
CEBA 'A'  
561/600 - 93.5%



**KANNIKA S N**  
SEBA  
561/600 - 93.5%



**CHIRANTH G**  
CEBA 'A'  
560/600 - 93.3%



**JENNIFER S**  
CEBA 'B'  
560/600 - 93.3%



**DIVYASHREE N**  
CEBA 'A'  
559/600 - 93.2%



**MONISHA S**  
CEBA 'B'  
559/600 - 93.2%



**SANAA**  
MEBA  
559/600 - 93.2%



**FLORIDA MAGLIN**  
SEBA  
559/600 - 93.2%



**JAGRUTI CHETAN GOEL**  
SEBA  
558/600 - 93.0%



**SHIVANI D**  
CEBA 'A'  
557/600 - 92.8%



**ANUSHREE R**  
CEBA 'B'  
557/600 - 92.8%



**VINDHYA U**  
MSBA  
557/600 - 92.8%

*Congratulations!*



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II PUC ACADEMIC ACHIEVERS COMMERCE



**AKANKSHA V MALDE**  
MSBA  
557/600 - 92.8%



**CHIRANJEEVI P**  
CEBA 'A'  
556/600 - 92.7%



**STEPHEN RAJ**  
CEBA 'A'  
556/600 - 92.7%



**CHANDRA KUMARI J**  
CEBA 'B'  
556/600 - 92.7%



**NAGAJYOTHI N**  
CEBA 'B'  
555/600 - 92.5%



**KAAVYA SRI O**  
CEBA 'B'  
555/600 - 92.5%



**JEEVITHA M**  
CEBA 'A'  
554/600 - 92.3%



**HARINI R**  
CEBA 'A'  
553/600 - 92.2%



**RAMESH KUMAR**  
MSBA  
553/600 - 92.2%



**TEJASWINI B**  
CEBA 'B'  
552/600 - 92.0%



**SIVA PRIYA S**  
CEBA 'B'  
552/600 - 92.0%



**M GAGAN KUMAR**  
HEBA  
552/600 - 92.0%



**S HELEN CHRISTINA**  
SEBA  
552/600 - 92.0%



**MADAN T D**  
SEBA  
552/600 - 92.0%



**MANASA S**  
CEBA 'A'  
551/600 - 91.8%



**REKHA V**  
CEBA 'B'  
550/600 - 91.7%



**ANUKA VANDITHA S**  
SEBA  
550/600 - 91.7%



**NIKHIL KUMAR G**  
SEBA  
550/600 - 91.7%



**SAHANA A**  
SEBA  
550/600 - 91.7%



**K P RITHIPHA**  
MSBA  
549/600 - 91.5%



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II PUC ACADEMIC ACHIEVERS COMMERCE



**ASWIN S**  
CEBA 'A'  
548/600 - 91.3%



**KUSUMITHA R**  
CEBA 'B'  
548/600 - 91.3%



**PRIYADARSHINI P**  
SEBA  
548/600 - 91.3%



**MANISHA R**  
SEBA  
548/600 - 91.3%



**KARTHIK P PATEL**  
CEBA 'A'  
547/600 - 91.2%



**MARINA PRINCY P**  
CEBA 'B'  
547/600 - 91.2%



**M ARUN KUMAR**  
MEBA  
547/600 - 91.2%



**SHREYA K R**  
SEBA  
547/600 - 91.2%



**HEMAM PRIYANKA DEVI**  
SEBA  
547/600 - 91.2%



**SHUBHA NAGARAJ**  
MSBA  
546/600 - 91.0%



**KUSHAL KUMAR S**  
CEBA 'A'  
545/600 - 90.8%



**VANSHIKA B**  
CEBA 'A'  
545/600 - 90.8%



**SANJANA K**  
MSBA  
545/600 - 90.8%



**JUNAID PASHA**  
CEBA 'B'  
544/600 - 90.7%



**JENSON WILBUR SEQUEIRA**  
SEBA  
544/600 - 90.7%



**SARAH ARCHANA R**  
SEBA  
544/600 - 90.7%



**CHARAN R**  
CEBA 'A'  
543/600 - 90.5%



**MARIA JANET L**  
CEBA 'A'  
543/600 - 90.5%



**SHARON ANGEL JULIANA L**  
CEBA 'B'  
542/600 - 90.3%



**ARSHITHA R**  
SEBA  
541/600 - 90.2%

*Congratulations!*



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

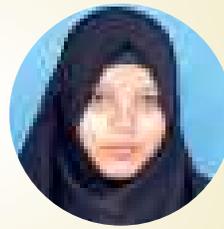
## II PUC ACADEMIC ACHIEVERS COMMERCE



**BINDU M  
SEBA**  
541/600 - 90.2%



**MISBAH BANU  
SEBA**  
541/600 - 90.2%



**SHIFAA FATHIMA R  
CEBA 'A'**  
540/600 - 90.0%



**KUSHAL S  
SEBA**  
540/600 - 90.0%

MERLINE PRINCY S	CEBA 'B'	539	89.8%
SUNAINA SINGH A	MSBA	539	89.8%
SHALINI K	CEBA 'A'	538	89.7%
PAVITHRA S	SEBA	538	89.7%
SACHIN V	SEBA	538	89.7%
DIVA JAIN	MSBA	537	89.5%
ASHISH J MAHANTA	SEBA	536	89.3%
NIVEDITHA R	HEBA	535	89.2%
SHALINI DEVRAJ	MSBA	535	89.2%
RAJ KUMAR BEHERA	CEBA 'A'	532	88.7%
EBENIZAR	HEBA	532	88.7%
PRASHANTHI V	MSBA	532	88.7%
SWAYAM A JAIN	MSBA	531	88.5%
KEERTHANA S	SEBA	531	88.5%
SIDDARTH K	SEBA	531	88.5%
MOHIT BHANDARI	SEBA	531	88.5%
AKASH V	CEBA 'B'	530	88.3%
ZAID ALI MANASIA	CEBA 'A'	529	88.2%
DELORES FRANCICA K	SEBA	527	87.8%
SHYAM A	MEBA	526	87.7%
DEVA DHARSHINI S	MSBA	526	87.7%
PREM KUMAR B	SEBA	526	87.7%
KRUTHIKA M	CEBA 'A'	524	87.3%
GAGANA V	CEBA 'B'	523	87.2%
NARENDRA KUMAR	MSBA	523	87.2%
AARUSHI SRIVASTAVA	SEBA	523	87.2%

ANTO SHERINA V	CEBA 'A'	522	87.0%
SRI VIDHYA	MSBA	521	86.8%
ZUHAIB KHAN	SEBA	520	86.7%
CHANDAN N	CEBA 'A'	519	86.5%
ASHISH KUMAR	MEBA	519	86.5%
PRAJWAL S	CEBA 'A'	518	86.3%
AJAY A	HEBA	518	86.3%
MALVIKA B S	SEBA	518	86.3%
SAMANTHA ELLENA S	SEBA	518	86.3%
KOMAL JAIN	SEBA	518	86.3%
SAMEERA SULTANA	CEBA 'A'	517	86.2%
RANVITHA SCINDIA B G	SEBA	517	86.2%
DINU GIRISH	CEBA 'B'	516	86.0%
R SANTHOSH	CEBA 'B'	516	86.0%
ARTHI M	CEBA 'B'	515	85.8%
KIRAN G POOJARY	CEBA 'B'	515	85.8%
DEEPIKA M	MSBA	515	85.8%
SINDHU N	SEBA	515	85.8%
G NISHITHA	SEBA	514	85.7%
ALLEN K JENIFER	CEBA 'A'	513	85.5%
CLIFFORD PRAJAN N	CEBA 'B'	513	85.5%
YOGITHA R S	CEBA 'B'	512	85.3%
SANJANA SINGRI	SEBA	512	85.3%
DHANUSH SKANDA R	CEBA 'B'	511	85.2%
THANUSH S	CEBA 'A'	510	85.0%
DIYA M	CEBA 'B'	510	85.0%



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## Teaching Staff





# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## Administrative and Support Staff





# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## Student Council



**Coordinator: Ms Shweta D S**



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II PCMB A



**Class Guides: Mr Vibin Varghese, Ms Elma Elizaba Mathew**

## II PCMB B



**Class Guides: Mr Harish R, Ms Ancy Kiran**



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II PCME



**Class Guides: Ms Neenu P Davis, Ms Rashmi B**

## II PCMC A



**Class Guides: Mr Victor Dass, Ms Sofia Jency**



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II PCMC B



Class Guides: **Mr Raghavendra R, Ms Shwetha P**

## II MSBA



Class Guides: **Ms Aishwarya M, Mr Sameer Francis**



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II MEBA



Class Guides: Ms Mary Veena, Ms Josephine Nirmala

## II SEBA



Class Guides: : Mr Vinod Joseph, Ms Pavithra S A



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II CEBA - A



**Class Guides: Ms Deepika Rajan, Ms Gifty Saju**

## II CEBA - B



**Class Guides: : Mr Bonny Aloysius, Ms Michelle Stanley**



# ST. JOSEPH'S INDIAN COMPOSITE PU COLLEGE

## II HEBA



**Class Guides: Ms Mevis Aiman, Ms Sherly Crasta**

## II HEPyS



**Class Guides: : Ms Apeksha Paul T, Mr Haran R P**

# II PUC Inauguration

13 June 2022

Coordinator : Ms Rashmi B

*"If there is no struggle, there is no progress" – Frederick Douglass*



II PUC Inauguration ceremony was held at 9:30 am in the Auditorium. The programme commenced with the College Anthem, a Prayer service and Welcome dance by the students. This was followed by the auspicious Lighting of the lamp and a Welcome address by the Vice Principal. The newly appointed Rector and Staff members were introduced by the Principal. This was followed by the Director's message and the Presidential address by the Rector. Students who secured top scores in I PUC Final Examination were felicitated. II PUC class guides were introduced through a video presentation and the inauguration was concluded by the vote of thanks.



MC – Ms Enid Pinto



Prayer by Ms Deepika Rajan



Prayer by Ms Afreen Sultana



Prayer by Ms Mary Salomi



Welcome by Ms Mary Shiyona



*Welcome Dance by Students*



*Lighting the Lamp*



Address by Mr Vinod Amrithraj



Address by Rev Fr Cyril Menezes SJ



Message by Rev Fr Joseph D'Souza SJ



*Awarding Student Achievers*



*Welcoming the New Recruits*



*"Be not afraid of growing slowly; be afraid of only standing still"*



MC - Ms Sherry Pink

I PUC Inauguration was held in the Auditorium. The event commenced with the College Anthem and was followed by the Lighting of the lamp, a Prayer service, Invocation dance, and the Welcome address by the Principal. A video presentation of the College Management, the Staff and facilities available at the college was presented. Following this was the Director's message, and the Presidential address by the Rector. The programme culminated with a video presentation introducing the I PUC class guides and the vote of thanks.



Welcome by Ms Mary Shiyona



Prayer by Ms Deepika Rajan



Prayer by Ms Afreen Sultana



Prayer by Ms Sheeba Evangeline



Invocation Dance



*Lighting the lamp*





Address by Mr Vinod Amrithraj



Address by Dr Flora D'Souza



Message by Rev Fr Joseph D'Souza SJ



Welcoming the Director



# Freshers' Day

24 June 2022

*"There are no strangers here; only friends you haven't yet met" – W.B. Yeats*

II PUC students threw a Freshers' party to the new batch of I PUC students in the Auditorium. The programme began with a Prayer and Welcome followed by an Instrumental Music performance. The programme was hosted by Mr Yashovardhan of II HEPyS, and Ms Anju of II MSBA. A lazy dance was performed by the senior students from various combinations. Freshers, along with their seniors got an opportunity to showcase their talent by a stunning game. Later, a play was performed on the rules and regulation of the college. The freshers enjoyed the performances and the games. Based on their active involvement, a Master Fresher and Miss Fresher awards were announced.

The event concluded with a fresher's reply and the vote of thanks.



Musical Performance



## Games and Fun!





*Winners!*



*Team Work!*



# Christian Student Association

## Retreat for Catholic Students

16 June 2022

*"As we grow closer to Jesus, our lives will reflect Him more clearly."*

Coordinator : Ms Sofia Jency



### *At Ashirvad*

A retreat for the Catholic students of the college was conducted at Ashirvad, St Mark's Road, on 16 June 2022. The topic for the day was 'A Day Out with the Lord'. The resource persons for the day were Brother Vinod, Brother Arvind and Brother Leston. The event involved three sessions. The first session started with a prayer, welcome, followed by dance activities and games. The second consisted of group activities and testimonies. The third and the concluding session included confession and the Holy Mass. ●

# Class Representative Elections

25 June 2022

*"We shall never change our political leaders until we change the people who elect them." – Mark Skousen*

Coordinator : Ms Shweta D S



Ms Neenu P Davis interacting with students

Class Representative Elections was held in the respective classrooms at 9 am. Students elected their class representatives through a regular ballot paper election procedure. Each class chose one girl representative and a boy representative. The entire election proceeding was managed by the Class guides of the respective classes. These elections indeed inculcated the spirit of democracy in the students. ●



*Students & Lecturers  
involved in election procedure*

# Student Council Election

Coordinator : Ms Shweta D S

28 June 2022

*"Leadership is not about the next election, it is about the next generation." –Simon Sinek*

Student Council Election was held at 2:30 PM in the College Auditorium. Ms Neenu P Davis from the Department of Chemistry was the Chief Election Commissioner. In her address she stressed on the power of a ballot paper and the importance of choosing an eligible leader rather than a popular one. The election was moderated efficiently by Mr. Vinod Joseph from the Department of Commerce. Ms Sofia Jency, Ms Aishwarya M Lokesh, and Mr Anthony Lucas M tested the candidates' leadership abilities, and their social and political awareness.

- Master Yashovardhan was elected as the Student Council President, Ms Jagruti Chetan Goel was elected as the Vice President.
- Master Arjun S Lokande and Ms Sharmily H were elected as Cultural Secretaries.
- Master Zain Abdul Rehman and Ms Apeksha P were elected as the Sports Secretaries of the College. ●



Ms Neenu P Davis, Chief Election Commissioner



Gathering at the venue



Mr Vinod Joseph, Moderator



The expert panel



## Interaction with the candidates



Counting and Result Declaration

## Students Voting



# Holy Spirit Mass



Coordinator : Mr Sameer Francis

1 July 2022

*"To pray in the Holy Spirit simply means to lean upon His divine help as we pray."*

To Mark the beginning of the academic year 2022-2023, we came together on July 1 to seek the blessings of the Holy Spirit. Rev Fr Joseph D'Souza SJ, the Rector of St Joseph's Indian Institutions was the Celebrant. Rev Fr Cyril Menezes SJ, the Director of St Joseph's Indian Composite PU College was the Concelebrant. Fr Joseph D'Souza gave a meaningful homily on how the Holy Spirit can help, guide and protect those who believe in Him.

All the Catholic lecturers and students participated in the mass devotionally to seek the Wisdom of Holy Spirit. The Choir led by Ms Elma Mathew and Ms Michelle Stanley indeed helped all the participants to raise their spirits to the Divine Spirit. ●



# Investiture Ceremony

2 July 2022

Coordinator : Ms Shweta D S

*"Leadership is the capacity to translate vision into reality." -Warren Bennis*



Dignitaries with the elected Student Council members

The elected Student Council members were formally invested with their responsibilities through an Investiture Ceremony at 11 AM in the College Auditorium. The Investiture Ceremony was presided over by the Director, Rev Fr Cyril Menezes SJ, along with the Principal, Mr Vinod Amrithraj, the Vice Principal, Dr. Flora D'Souza, and the Student Council Coordinator Ms Shweta D S.

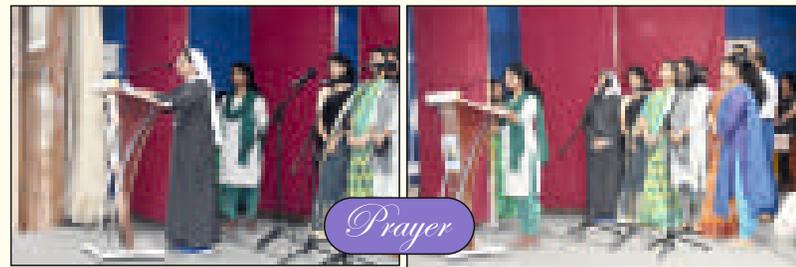
The Student Council members were given badges for their respective responsibilities. They were handed over the College flag as a symbol of service and responsibility to keep up the Vision, Mission and Values of the Institution. All the office bearers enthusiastically took part in the oath taking ceremony. The Director, Rev Fr. Cyril Menezes SJ, addressed the gathering and emphasized on the role of a leader. The Principal, Mr. Vinod Amrithraj, encouraged the students to do more (MAGIS) and to be more creative as they play their responsibilities. ●



MC - Mr Harish R



MC - Mr Bonny Aloysius



Prayer



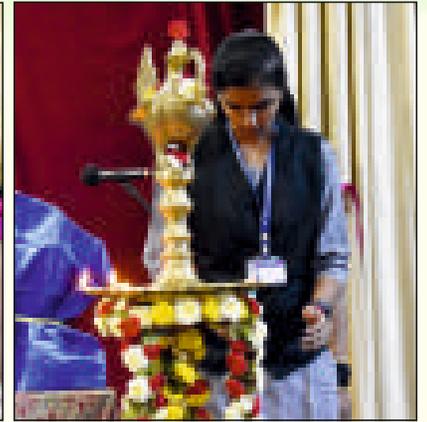
Fr Rector lighting the lamp



Ms Shweta D S, Coordinator



Elected Class Representatives



Master Yashovardhan, Student Council President



Ms Jagruti Chetan Goel, Student Council Vice President



Ms Sharmily H, Cultural Secretary



Master Arjun S Lokande, Cultural Secretary



Ms Apeksha P, Sports Secretary



Master Zain Abdul Rehman, Sports Secretary



Oath - taking by Mr Yashovardhan



Class representatives receiving Badges



Student Council

# Christian Student Association



Coordinator : Ms Sofia Jency

*A Retreat for Catholic Students*

13 July 2022

*"And know that I am with you always: yes, to the end of time."*

A one day retreat was organised for all the Catholic students. The resource person for the day was Fr Peter B, C.Ss.R and team. The theme for the day was 'A Day with Jesus'. ●



*'A Day with Jesus' – with Rev Fr Peter and team*

# Student Council



Coordinator : Ms Shweta D S

*A Seminar on Leadership* 16 July 2022

*"Leadership and learning are indispensable to each other." – John F Kennedy*

A one day seminar on leadership was conducted for the Student Council members at the St Joseph's University, Bengaluru. The resource person for the day was Br Reuell Paul.



# Feast of St Ignatius of Loyola

Coordinator : Ms Elma Elizaba Mathew

18 July 2022 to 31 July 2022

*"Whatever you are doing, that which makes you feel the most alive, that is where God is." -St Ignatius*

The 500th year of the conversion of St Ignatius from a soldier to a saint was celebrated on 31 July 2022. The celebration began with the inauguration of the Ignatian fortnight from 18 July 22.

The Ignatian fortnight was launched by the Director Rev Fr Cyril Menezes SJ, Principal Mr Vinod Amrithraj and Vice Principal Dr Flora D'Souza. Various activities and competitions for the students were conducted throughout the fortnight such as Lucky draw, Sketching, Word Search, Photography, Black board art, Wall Magazines depicting the life of St Ignatius.

The students' celebration of the feast of St Ignatius of Loyola was held on 30 July 2022. The event began with a prayer, welcome dance and welcome speech. A musical on the life of St. Ignatius of Loyola was conducted by the theatre club, followed by a speech by the Chief Guest, Fr Maxim Dias SJ. A slide show on the events of the Ignatian fortnight was presented by the IT club. Prize winners of the competitions held throughout the fortnight were awarded. The choir consisting of 500 students performed the song "Noble Knight", followed by a presentation of the video recording of the song.

The staff celebration was held on 31 July 2022 in the SJIPS auditorium.

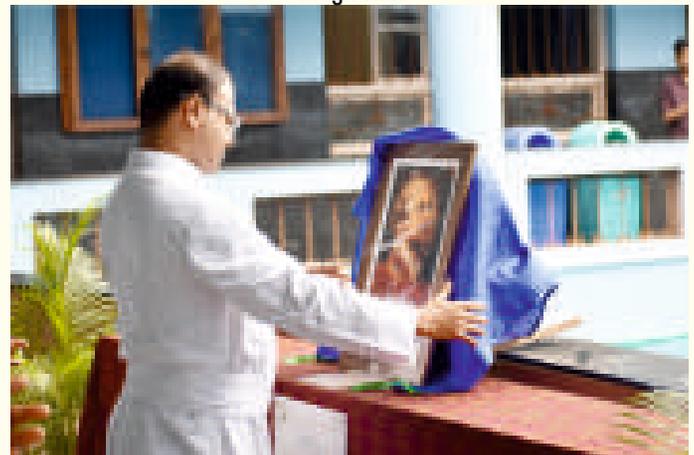
The event began with the Holy Eucharistic Celebration for all the Catholic staff, students and their families. The mass was celebrated by Most Rev Bishop Francis Serrao SJ, Diocese of Shivamogga.

The family members of all the staff were invited for a programme which began with a welcome dance followed by felicitation and games.

The celebration concluded with lunch for the staff and their families. ●



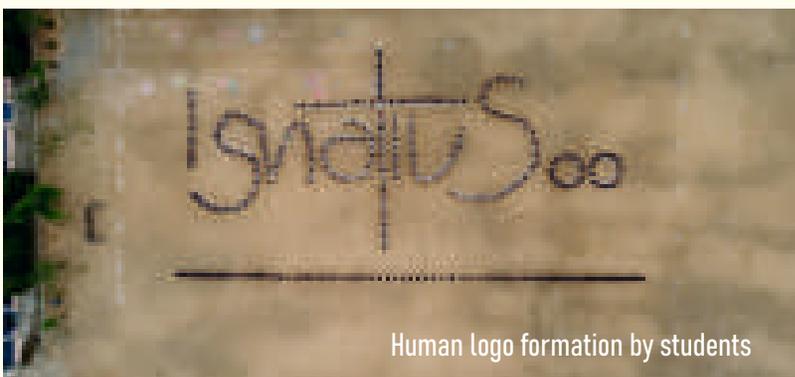
St Ignatius



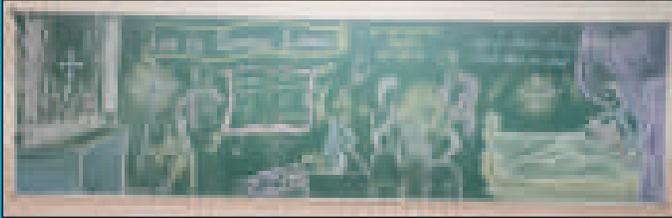
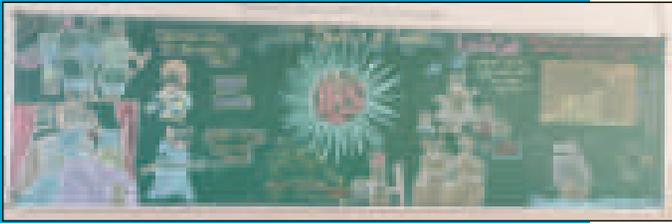
Inauguration: Fr Director unveiling St Ignatius' photo



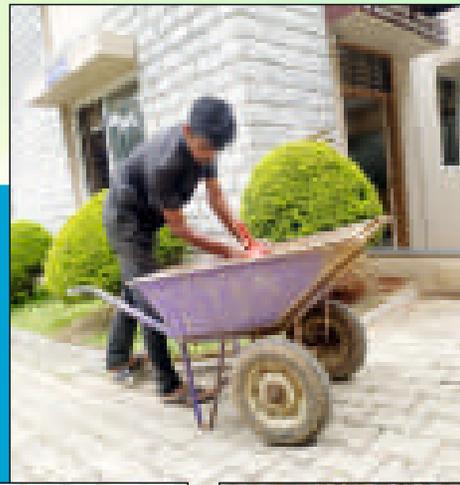
Ignatius-500 banner



Human logo formation by students

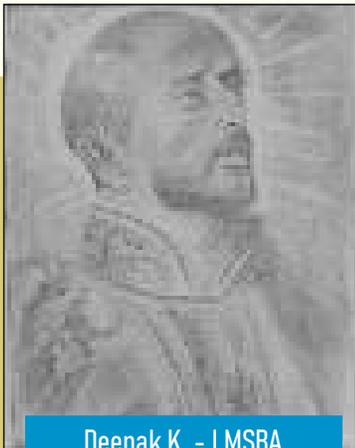


Blackboard Art



Photography - To find God in all things

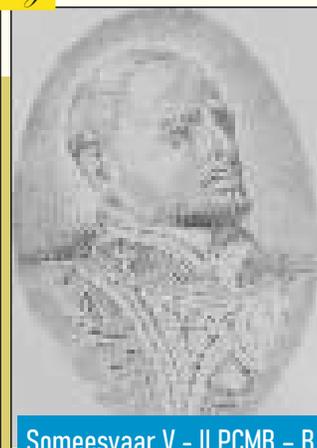
*Sketching*



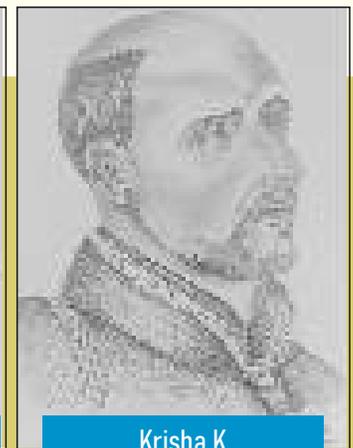
Deepak K. - I MSBA  
I prize



Raghavendra R - I PCMC - A  
II prize



Someesvaar V - II PCMB - B  
III prize



Krishna K  
I MEBA



*At the venue*



*Word Search*





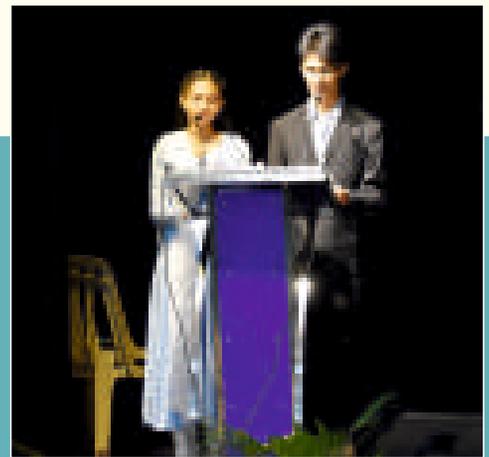
Narration of the St Ignatius story by Ms Roshini



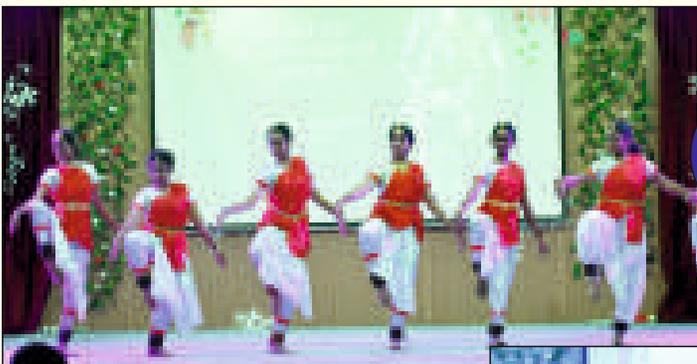
Story telling winners - Lucky draw



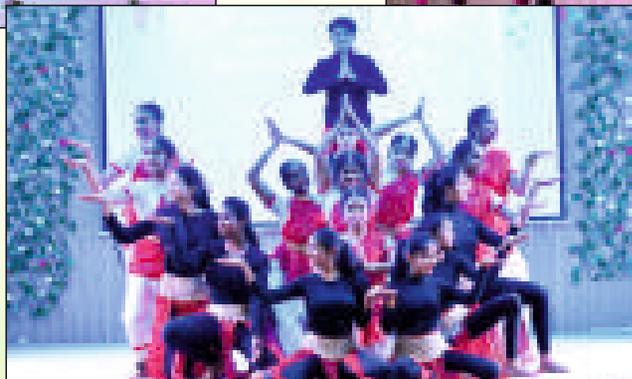
Dignitaries

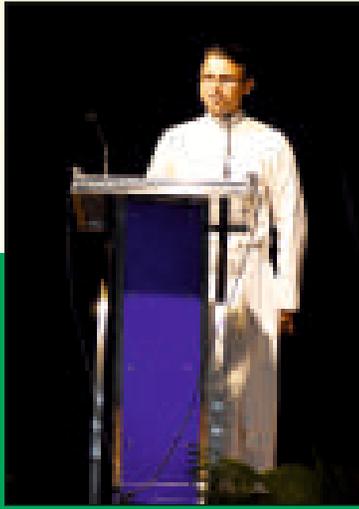


Mcs - Ms Anju Jennifer & Mr Jayawanth Chandra



*Prayer  
Dance*





Chief Guest - Fr Maxim Dias SJ



Fr Rector's Address



*Skit on Life of St Ignatius*

500 MEMBER CHOIR





*Prize Winners*



Dr Suresh – Magazine Editor



College Magazine Prathidhwani (2020-22) Release

# Holy Eucharistic Celebration



*The Choir*



Holy Communion



**Seminar on Personal Hygiene**

18 July 2022

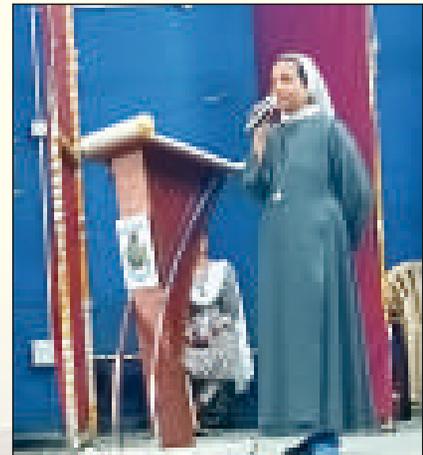
*"Motivation gets you going, but discipline keeps you growing." –John C Maxwell*



Dr Flora D'Souza  
Addressing the gathering



Ms Minu Sneha  
Coordinator



Sr Irine D'Souza  
Speaks



*At the venue*

Women's Cell conducted a seminar on 'Personal Hygiene and Discipline' in the auditorium. This seminar was attended by the girl students of our college. Simultaneously the boy students had a seminar on Personal Hygiene and Behavior. ●



15 August 2022

*"Everything that is really great and inspiring is created by the individual who can labor in freedom." –Albert Einstein*

The college celebrated the 76th Independence Day with great pride and dedication.

Various competitions were organised from 5 August to 9 August 2022. The college used creative methods to preach the essence of Independence Day. The college organized three different competitions which were proposed by the PU Board.

1. Essay Writing Competition
2. Elocution Competition
3. Patriotic Singing Competition

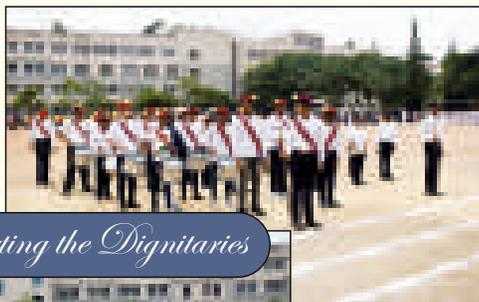
Nearly 200 students actively participated in these competitions and won prizes.

The Institution held a grand celebration on 15th August 2022, in the college grounds at 8:30 am. The program began with the marching of the honorable Chief Guest Cmde C D Balaji (Retd.) Distinguished Scientist, Chairman, K-Tech CoE A & D, Former Director, ADA, the President Rev Fr Joseph D'Souza SJ (Rector), the Director Rev Fr Cyril Menezes SJ and all the Institution Heads to the flag pole, and the Chief Guest hoisted the flag. The gathering saluted the National flag, after which the National Anthem was sung, headed by St. Joseph's School, CBSE.

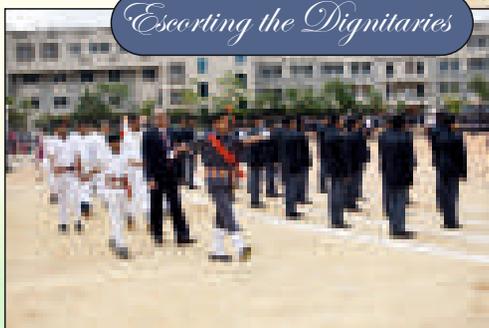
The programme continued with various cultural programmes which were conducted by different units. As a part of the cultural programme, the college choir sang few patriotic songs.

The winners of the competition held from 5th August to 9th August 2022 were awarded on 15th August, 2022 by the honorable Chief Guest.

Also an awareness assembly was conducted on 13 August 2022 on 'Negative effects of consumption of tobacco, drugs, nicotine chewing gum and other harmful substances'.



*Escorting the Dignitaries*



*Venue - Institution Grounds*



Flag Hoisting



Dignitaries on the dais



March past



Welcoming the gathering - Ms Aishwarya



*Welcoming the Dignitaries*



Honouring the Chief Guest



Chief Guest - Cmde C D Balaji



Fr Rector's Address

*Gathering at the venue*



Significance of the day shared by a student



*Prize Winners*



Skit performance

*Choir singing patriotic songs*



Distribution of sweets



# Survey by Jesuit Conference of South Asia

Coordinator : Mr Vibin Varghese

17 August 2022 to 20 August 2022

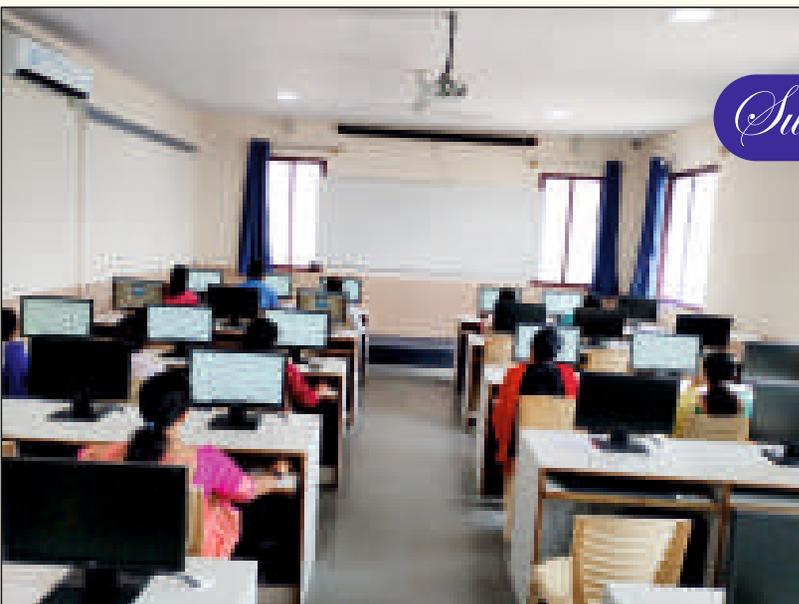
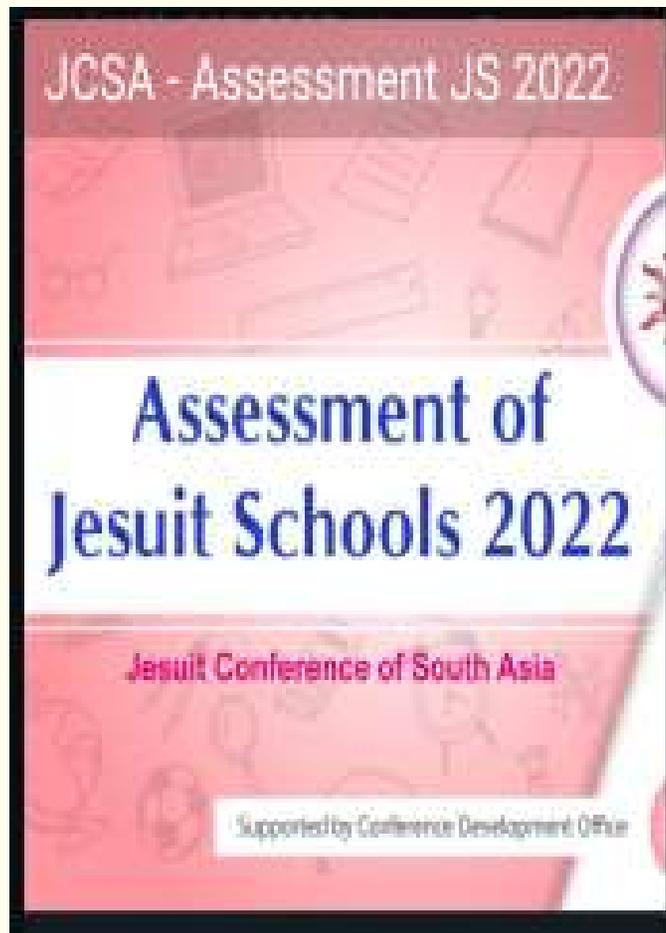
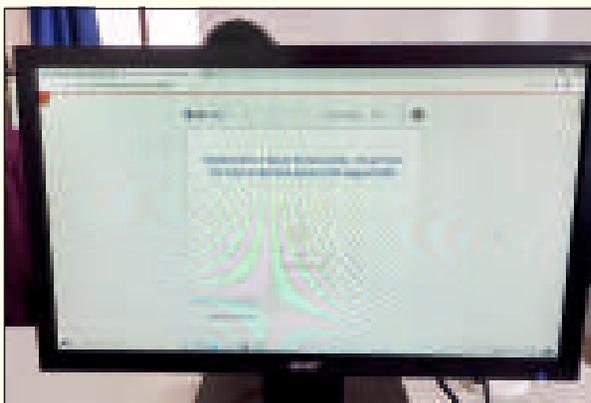
Jesuit Conference of South Asia (JCSA) conducted a survey to evaluate the Management of different Jesuit institutions across South Asia.

The platform used to conduct the survey was the KoboCollect app. Two sessions of training was held on 8 and 11 August, 2022 for the coordinators to familiarise with the platform and also to convey the procedure to conduct the survey.

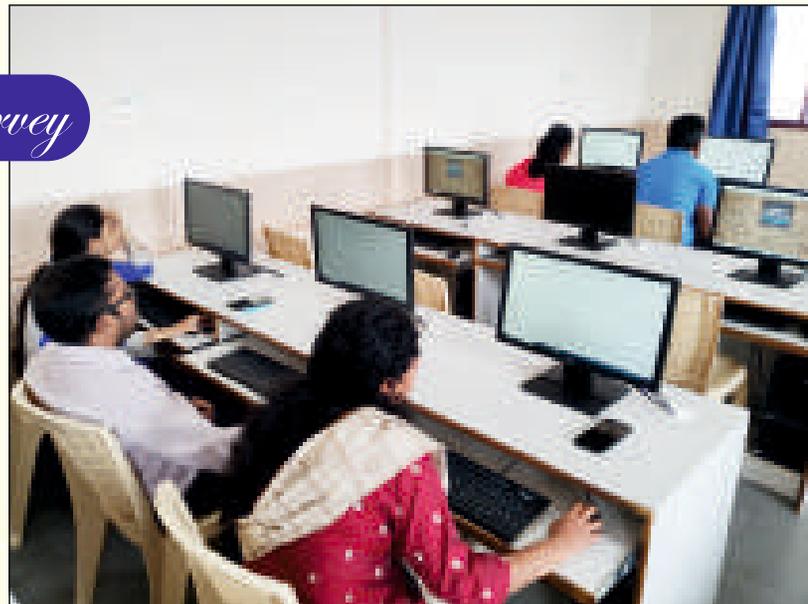
Survey was conducted in different time slots.

- Data collection procedure was conducted for teachers and office staff on 17.8.22 between 9 and 11 am.
- Selected students participated in the survey on 19.8.22.
- Alumni and Parents also submitted the survey on 20.8.22.

Survey data of 80 participants was collected for analysis. ●



Survey



# Teachers' Day

5 September 2022

Coordinator : Ms Shweta D S

*"A teacher affects eternity; he can never tell where his influence stops." —Henry Adams*

Teachers' Day was organized by the Student Council to acknowledge the dedication and hard work of the staff members, both teaching and administrative.

It was held in the Picardo Hall which was beautifully decorated with flowers and balloons. The event commenced at 9:30 am with a prayer, and the students expressed their gratitude, and respect towards their teachers. They presented various cultural activities like dance and songs. As a token of love and gratitude all the teachers were given a gift and a beautiful greeting card designed by the students.

The activities of the students were appreciated by all the teachers. ●



Staff members at the venue



Entertainment programmes





Department of Mathematics



Department of Computer Science



Department of English



Department of Physical Education & Sports



Honouring the counselor, Sr Irine D'Souza



Department of Humanities



Department of Physics



Department of Kannada



Department of Hindi



Department of Commerce



Honouring the librarian, Ms Vani Chinnappa



Honouring the System administrator, Mr Vignesh R



Administrative Staff



Support staff



Maintenance Staff



Department of Biology



Department of Chemistry



Celebrating together



## Staff Celebration

# Gandhi Jayanti

Coordinator : Ms Aishwarya M Lokesh

1 October 2022

*"You must not lose faith in humanity. Humanity is an ocean. If a few drops of the ocean are dirty, the ocean does not become dirty."* —Mahatma Gandhi

A short and meaningful programme was conducted to commemorate the birth anniversary of Mahatma Gandhi. The event included a welcome, prayer and thought, singing of Gandhi's favourite bhajans, followed by messages on the significance of the day by staff and students.



MC - Mr Joshua John



Ms Apeksha addressing the gathering



Students sharing their thoughts



Melodious Bhajans from students



Organising Committee



# *A Seminar on Mentoring*

31 October 2022

*"Mentors don't necessarily have the answers,  
but they can help you find your own answers." – Amelia Rope*

The SAMAGRA team, headed by Fr Brian Pereira, conducted a day's workshop on the 'Importance of Mentoring in Education' at the Loyola Auditorium, St Joseph's PU College, Bengaluru.

The workshop was conducted by Dr Rekha and Ms Gowthami of the SAMAGRA team. The discussion helped the staff members in realising the importance of mental health, adolescent behaviour, and the necessity for combining teaching and counselling. ♦



*Dr Rekha addressing the Gathering*





11 November 2022

*"Art evokes the mystery without which the world would not exist." - René Magritte*

The annual interclass cultural fest 'Ankura' was organized on 11 November 2022. It provided a platform for all the students to exhibit their talents in various performing arts and competitions. The theme for 'Ankura 2022' was 'Halli Habba', meaning 'Festivities of rural life' in Kannada.

Preliminary round of events were held on 7 and 8 November. The grand finale was held on 11 November, which also happened to be Kanakadasa Jayanthi. We had 10 competitions and 6 rural fun games. The competitions were fashion show, split screen dance, non-theme dance, spotlight, potpourri, pot decoration, class tableau, group singing, sudoku and rangoli. The rural life fun games such as cycle tyre race, bugari, goli, kuntebille, anekallu and chowkabara was much appreciated by the students as it was a new experience for many of them.

Ankura 2022 was officially inaugurated by our beloved Director, Rev Fr Cyril Menezes SJ on 11 November followed by a flash mob on beautiful stage decorated in a village theme. The different events were kicked off immediately after the inauguration in various venues inside the campus and went on till the evening. The students looked gorgeous in their ethnic wear.

Finally the valedictory ceremony was presided over by our beloved Rector, Rev Fr Joseph D'Souza SJ. The Chief Guest for the same was Mr. Anand Madalagere, a popular singer and music composer, who enthralled the audience with his mesmerizing voice.

This year's Ankura was short and sweet programme with 582 participants. The overall winners were students of II MSBA and runners-up



At the entrance

were both II PCMC A and II SEBA. All the events saw meaningful participation and were well received. Many emerged winners and many more gained meaningful insights of the rich cultural heritage of India. ●



*Prathidhwani*  
Where Ideas Bloom

*Inauguration*



Lighting the Lamp by the Director



Principal addressing the gathering



Unveiling of the trophies



Felicitation of the Chief Guest



Chief Guest - Sri Anand Madalagere



Welcoming the coordinator, Mr Vibin



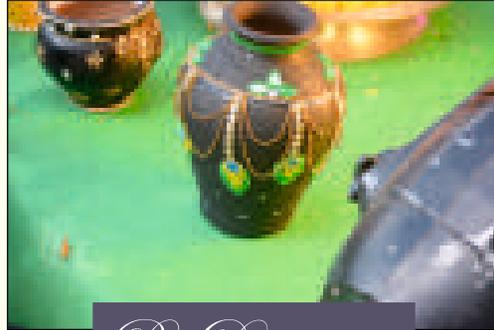
*Fun-filled gathering at the venue*



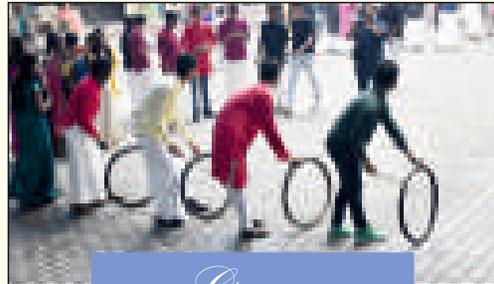
*Flash Mob!*



*Rangoli Art*



*Pot Decoration*



*Games*



*Fashion Show*





*Non - theme dance*



*Judgement time*



*Prize Distribution*

Annual General Body Meeting

19 November 2022

*"Connecting home and school makes us a great community of learners."*

The Parent – Teachers' Association of St Joseph's Indian Composite PU College comprises of representative members from parents and teachers. The committee consisted of 38 parent representatives and 5 teachers. The PTA was headed by Rev Fr Cyril Menezes SJ, with Mrs Lubna Salman as Vice President. The PTA Members met at regular intervals during the academic year to deliberate on issues pertaining to the progress of the college and the welfare of the student community.

The Annual General Body Meeting of the PTA was presided over by Rev Fr Cyril Menezes SJ with the Rector Rev Fr Joseph D'Souza SJ, as the Guest of Honour. The audited financial accounts of the PTA were presented by Mr. Harish R. The combination wise toppers of the II PUC annual examination held in April 2022 were honoured with cash prize by the PTA on the occasion. Mrs Janet Fernandes was felicitated for completing 25 years of fruitful service as a teacher. The Meeting concluded with a fellowship meal for all the PTA members and the staff of the institution.



MC - Ms Shalini Saldanha



Welcoming the Rector



Welcoming the Director



Welcoming the Vice Principal



Gathering at the venue



Lighting the Lamp





Address by **Rev Fr Cyril Menezes SJ**,  
the PTA President



Address by **Mrs Lubna Salman**,  
the PTA Vice President



Address by **Rev Fr Joseph D'Souza SJ**,  
the Rector



Honouring the new Rector,  
**Rev Fr Joseph D'Souza SJ**



Statement of Accounts by  
**Mr Harish R**, PTA Secretary



**Ms Shirley Udaya**  
Announcing II PUC Toppers' List



Felicitation of Mrs Janet Fernandes



Honouring the II PUC toppers



PTA Executive Committee



29 November 2022

*“Constitutional morality is not a natural sentiment; it has to be cultivated.” – Dr B R Ambedkar*

Constitution Day is celebrated on 26th November every year to commemorate the adoption of the Constitution of India. The Constituent Assembly of India adopted the 'The Constitution of India' on 26 November 1949; however it came into effect from 26th January 1950.

Our Indian Constitution is the longest written Constitution in the world containing 395 articles, 22 parts and 12 schedules which was framed in the Constituent Assembly by setting up 13 committees, including a drafting committee under the Chairmanship of Dr B R Ambedkar.

Each part of the Constitution begins with a depiction of a phase or scene from India's history. The Constitution declares India a Sovereign, Socialist, Secular, Democratic, Republic, assuring its Citizens Justice, Equality and Liberty, and endeavors to promote Fraternity.

The Constitution of India lays down the framework demarcating Fundamental Political Code, Structure Procedures, Powers and Duties of Government Institutions and sets out Fundamental Rights, Directive Principles and the Duties of Citizens.

St Joseph's Indian Composite P U College, organized the Constitution Day on 29 November 2022, at 8:50 am by conducting an assembly for students along with the faculty members, in order to create an awareness and mark the significance of the 'The Constitution Day'.

The Constitution empowers the Citizens, and we the Citizens too empower the Constitution – by following it, by adhering to it, by protecting it and by preserving to make it more meaningful with words and deeds. ●



# Inter - Religious Prayer Meet



26 November 2022

*"Faith is taking the first step, even when you don't see the whole staircase." – Martin Luther King Jr*

The Inter Religious Prayer Meet was conducted on the theme "Journeying together towards transformation". Speakers for the event were Mr. Muralidhar Koteswar, Mr Harman Singh, Ms Fathima Sarah, Fr A John Mathew, Mr Paljor.

The event began with an interreligious harmony song which was followed by scripture reading and prayer. About 350 students attended the meet. Speakers from diverse religious backgrounds shared their thoughts and the need for progressing together despite the differences in individual faith.



Gathering at the venue



*Lighting the Lamp*



Father addressing the gathering



*"Celebrate your achievements, success is built on them."*



*Dignitaries' March*

Annual Day 2022 was held in the school auditorium. Dr Shaik Mussaveer Ahmed, Dental Surgeon and alumnus of SJICPUC, batch 2009, was the Chief Guest of the event. The event was presided over by Rev. Fr. Joseph D'Souza SJ, Rector, St Joseph's Indian Institutions.

The programme commenced with a prayer and a prayer dance. Dr. Flora Olinda D'Souza, the Vice-Principal, welcomed the gathering. The Annual Report for the year 2022-2023 was presented by Mr. Vinod Amrithraj, the Principal, which highlighted - the change of guard in the administration of the College, new faculty members, annual exam results 2022 of both I PUC and II PUC students, events conducted by various clubs and associations, staff achievements, student achievements in sports and other co-curricular activities. The report was concluded by Rev Fr Cyril Menezes SJ, the Director.

The Chief Guest, Dr. Shaik Mussaveer Ahmed, shared his experiences as a student of this college and also enlightened the students on how to be successful in their career. Rev Fr Joseph D' Souza SJ, Rector of St Joseph's Indian Institutions in his presidential address, congratulated all the staff and students for a successful year and wished them the best in the coming years.

Students who secured 80% and above in the midterm examination of the academic year were awarded and the Annual day concluded with various cultural activities by the students. Enacting the significance of the Preamble of our Constitution was the highlight in the cultural events presented. ●



*Prayer Session*



Mr Pradeep Kumar, Coordinator

*Lighting the Lamp*



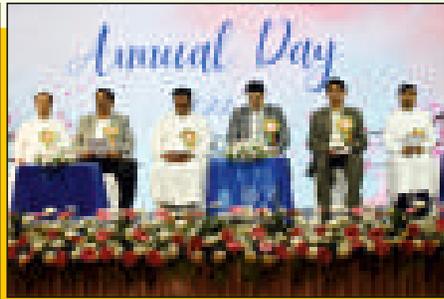
MCs - Mr Bonny Aloysius & Ms Shwetha P



*Invocation Dance*



Dr Flora D'Souza welcoming the gathering



The Dignitaries



Honouring the Chief Guest



Chief Guest, Dr Shaik Mussaveer Ahmed

### Staff Achievements



Honouring the Principal, Mr Vinod Amrithraj



Honouring Dr Suresh K M, Department of Kannada



Honouring Mr Jitendra Mewara, Department of Physical Education



Honouring Dr Sowmiya Carmel, Department of Chemistry

### Student Achievements



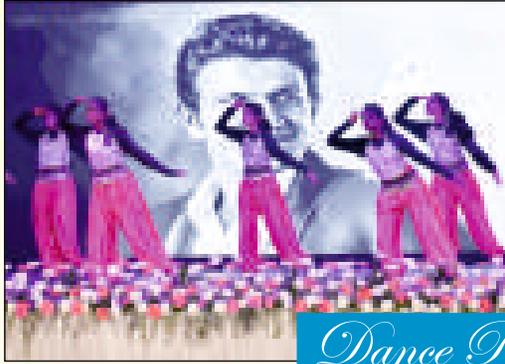
Some merit certificate winners



Honouring Ms Akanksha V Malde, winner of Veer Gatha Project



Rev Fr Joseph D'Souza SJ giving the Presidential address



*Dance Performance*



Mime on Life of a Josephite



*Dance Drama on the Preamble of our Constitution*



Vote of Thanks by Dr Suresh K M

23 December 2022

*"Christmas works like glue. It keeps us all sticking together." – Rosie Thomas*

Christmas is, indeed, a magical festival that is all about sharing joy and happiness.

This academic year, intra - class card making and carol singing (solo event) competitions were conducted from 12 December to 14 December 2022. The student level celebration was held on 23 December 2022. The highlight of this year's celebration was the presence of children from Jyothiseva home for blind children. The children performed an extraordinary invocation dance. Christmas message was delivered by Sr Clara, the administrator and treasurer of the Jyothiseva home. Our students gave a wonderful dance performance and the theatre club put up an impressive, meaningful skit on Christmas. The choir sang many carols and the celebration ended with the jubilant entry of Santa, dancing and spreading joy and chocolates for students. ●



MCs



Invocation Dance



*Performance by children from the Jyothiseva home*



Sr Clara addressing the gathering



*Carol Singing by the Choir*



*Skit on  
Christmas*



*Santa Claus!*



*Prize Winners!*



*Christmas Card Making Competition*



Vote of Thanks



At the Venue

13 January 2023

*"Carry your candle, and go light your world."*

Graduation day programme was held in the college quadrangle. The programme was graced by the Chief Guest, Mr Christo Joseph, FRSA, Director - Strategy and Planning, Garden City University, accompanied by the Guest of Honour, Mr Babu C Joseph, President, Alumni Association, SJII. The other dignitaries present were The Rector - Rev Fr Joseph D'Souza SJ, The Director - Rev Fr Cyril Menezes SJ, the Principal - Mr Vinod Amrithraj, the Vice Principal - Dr Flora D'Souza, Principal of SJCBSSE - Rev Fr Rohan Almeida SJ, Campus Director - Rev Fr Steven Gonsalves SJ, and Management Representative - Rev Fr Joseph Vaz SJ.

The programme began with a meaningful prayer session led by Ms Elma Elizaba Mathew followed by Dr Flora D'Souza who delivered the welcome speech. The Chief Guest, Mr Christo Joseph and the Guest of Honour, Mr Babu C Joseph were also honoured. Ms Iqra Irfan of II PCMC B shared her experiences of the two years she spent in this institution. Ms Sreevidya V, parent of Sivapriya of II CEBA B, shared her experience as a parent. The commencement message was given by the Director, followed by the Rector who delivered the Presidential address. The Chief Guest motivated the students with his warm words. The student achievers in various fields were awarded by the dignitaries. The staff and the parents blessed the graduating students. The programme concluded with the candle light ceremony and the theme song - 'Carry Your Candle'.●



*Before the Programme!*



*Change of Guard*



*Lighting the Lamp*



*Prayer Session*



Dr Flora D'Souza, the Vice principal welcoming the gathering



*Welcoming the dignitaries*



Mr Anthony Lucas, the Coordinator, welcoming Dr Flora D'Souza



Ms Iqra Irfan from II PCMC - B



Ms Sreevidya V,  
Parent of Ms Sivapriya from II CEBA - B



Rev Fr Cyril Menezes SJ, the Director



Rev Fr Joseph D'Souza SJ, the Rector



Ms Sherry Pink



Honouring the Chief Guest, Mr Christo Joseph



Mr Christo Joseph, the Chief Guest

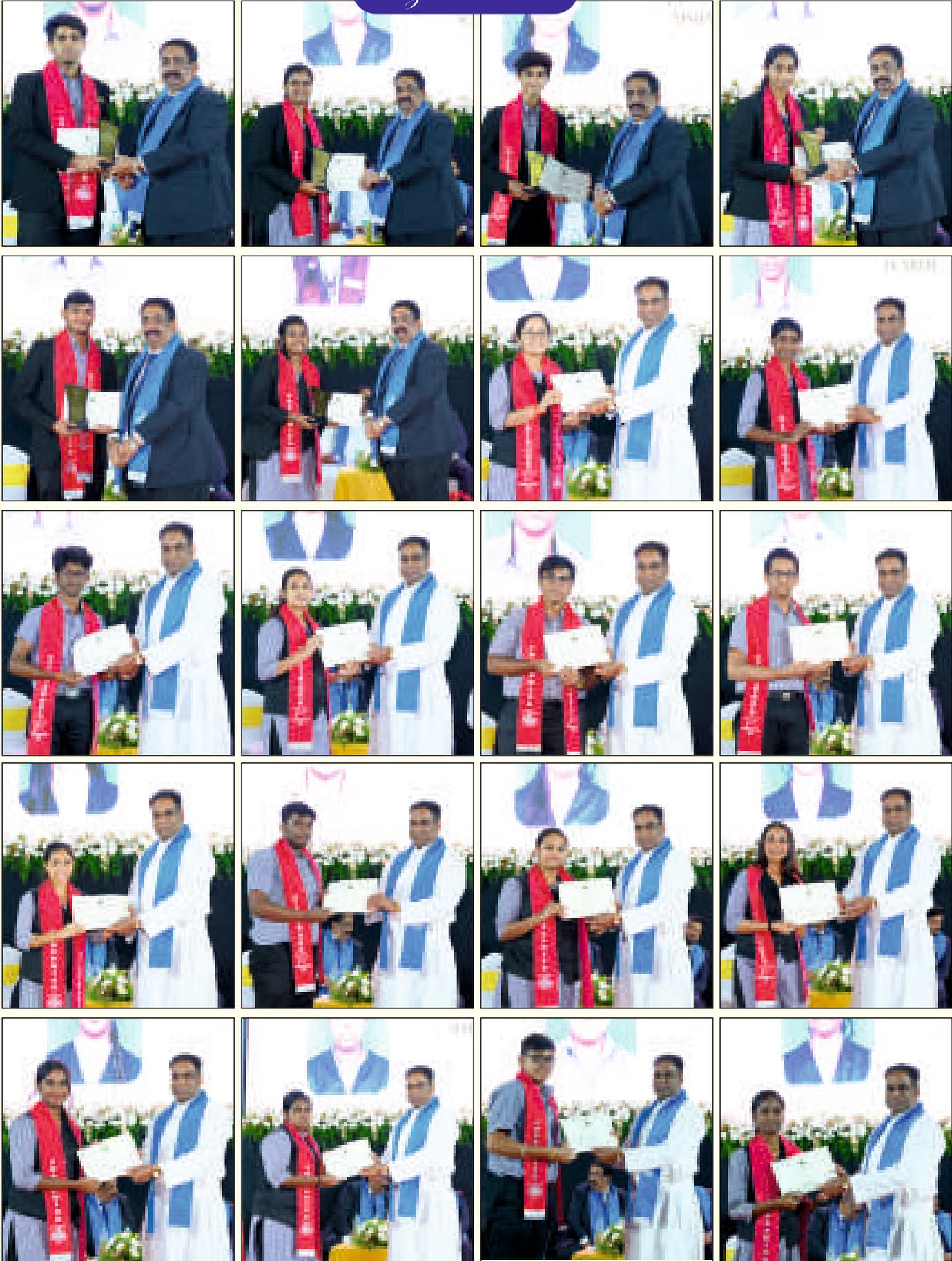


Honouring the Guest of Honour, Mr Babu C Joseph

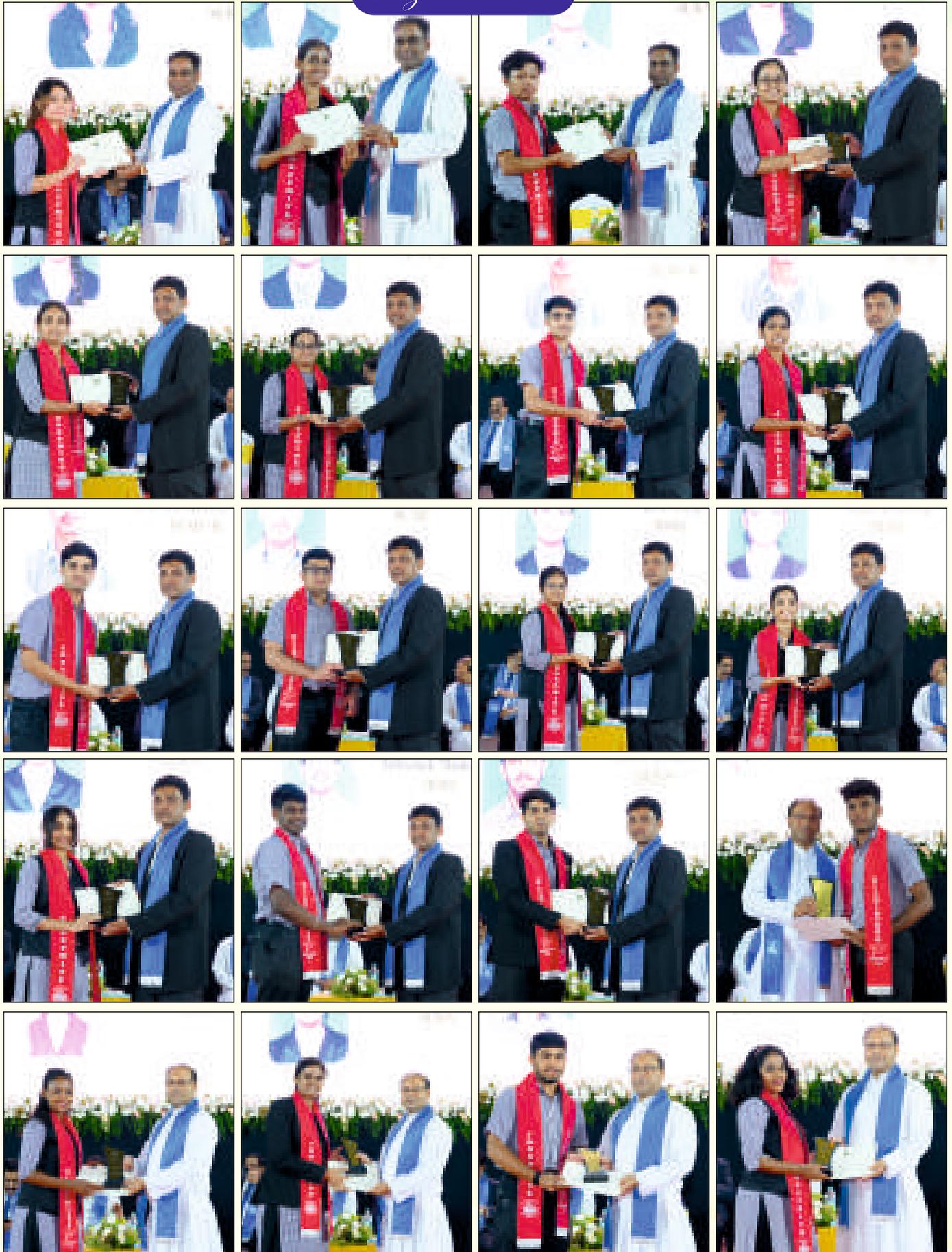


Mr Babu C Joseph, the Guest of Honour

*Prize Distribution*



*Prize Distribution*



*Prize Distribution*

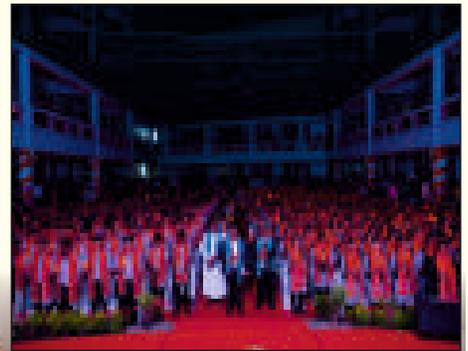


*Prize Distribution*



*Candle Light Ceremony!*





## Graduation Speech



Do you remember the time we were at the crossroads like Robert Frost, about which stream to take, Humanities, Commerce or Science? When we made up our minds, we had yet another thing to decide whether Biology, Electronics, or Computer Science and it was hard to make up our minds!

14 years ago, we boarded this train called School Express. We passed by several stations and 2 years ago we arrived at this station called SJICPUC and oh my! What a journey it has been! In all these years we made new friends and learnt new trends. From pencils to pens, notebooks to record books, colour pencils to highlighters, from 2+2 is 4 to Electric Field,  $GDP = Consumption + Investment + Government\ spending + Export - Import$ , or, remembering countless dates from the history textbook. Here we are wishing we could be singing ding dong bells instead of being concerned about making our balance sheet tally or learning the p-block elements. Well, sometimes you will never know the value of a moment until it becomes a memory!

Honourable Chief Guest of the Day, Guest of Honour, Respected Rector, Director, our beloved Principal, Vice Principal, incredible teachers, proud parents, and the exquisite batch of 2023. A delightful evening to all present here. I'm Iqra Irfan of II PCMC B standing before you, looking back on two years of legacy that we all have made together!

As we dive into the past, I remember those days when we didn't know where our classes were, nor we knew our teachers. The only thing that echoed in our minds coming from grade 10 was "You are not in school! You are in college! So you all better be responsible". The infamous trigonometry which we all whined about in 10th, suddenly became so easy in 12th because we just met its parents, integration and differentiation. Who knew Covid-19 would make an entry into our lives and we would be thinking about the fun we had at school whilst we attended the online classes? We never realized that these are memories we created, whether it was the backbenchers having snacks while the classes were going on, or the talented people who could sleep with their eyes open or the discussions we had during the lunch break whether Messi or Ronaldo is better!

Here we are all looking charming and enthusiastic in our graduation stoles. Just a few days away from writing our pre-board exams!

As a matter of fact, for once I felt I couldn't continue in this college but I had a change of heart now I can say with pride that I am a Josephite. Well, these halls we walked through have become our home; teachers and classrooms we can call our own! Not realizing these are the memories that we were creating that will be cherished by us forever. Hearty congratulation to all my fellow Josephites for achieving this huge milestone! Let us live up to the motto of our intuition 'Faith and Toil'!

My dear friends take this one piece of advice, never leave the Almighty out of the equation of life. Remember Him and Glorify Him. He will remember you and take care of you! That is the ultimate key to success. In this college, we learnt things beyond books, and with all the different clubs, sports and competitions. We lived our college life to the fullest. We learnt that some things in life are worth a shot!

Vinod Sir, Flora ma'am and all the lecturers here, the world might not know who you are but to us, you are all superheroes. Loads of love and a big thank you from all of us here. Thank you, mom, for being our backbone. You are the superhero in disguise. Thank you, dad, for being Mr India in our lives, from trips, and treats to mobile phones to fancy dresses, we have dug a hole in your pocket. But you made our every wish come true. We have extracted every bit of you without a bit of guilt and the attempts to repay you would be beyond our capabilities. But fulfilling your dreams will be our only endeavour from today.

There are many ogling at me from down there and it's not safe for me to get down without mentioning them. My crazy, weird, eccentric, versatile but dear amazing friends. Every day was a celebration with you all. Thank you for being there for me when I needed you the most. We cannot disagree that how we spent each day looking at our watches waiting for class to get over or the announcement wherein Flora ma'am would say "The classes are shortened to 45 minutes today"!

Well, I'm not in a hurry to leave, I want to have a lasting glance which I will cherish all my life.

LIFE is like a CAMERA. You FOCUS on what is IMPORTANT, CAPTURE the GOOD TIMES, DEVELOP from the NEGATIVES and if THINGS don't WORK OUT, TAKE ANOTHER SHOT!

With tons of memories and a heavy heart, I don't know whether to smile or cry but now it's time to say goodbye. I, Iqra Irfan, sign off wishing you all the happiness and success both in this world and the hereafter.

THANK YOU!

Iqra Irfan, II PCMC - B

# 74<sup>th</sup> Republic Day

26 January 2023

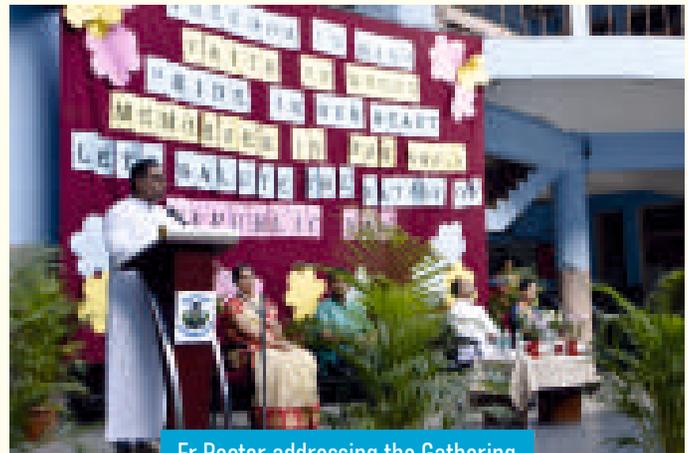
Republic Day is the day when India marks and celebrates the date on which the Constitution of India came into effect on 26 January 1950. This 74th Republic Day was celebrated in our institution by sharing its significance with the students and staff.



*Welcoming*



Dignitaries



Fr Rector addressing the Gathering



*At the Venue*

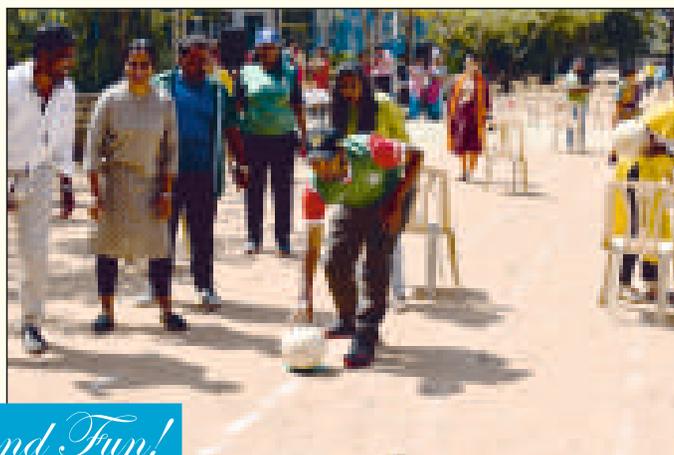
# Institution Day



20 March 2023

Coordinator : Ms Elma Mathew

Institution Day was a combined celebration of all the units of the St Joseph's Indian Institutions. Various inter - unit sports and games were conducted in the morning followed by a formal programme. Mr Suresh Kalburgi, a spiritual trainer, was the resource person for the day. He gave a session on the importance of meditation, tips to manage stress and anxiety to the staff members. Mr Sundar Raj from the maintenance department was felicitated on his retirement. The winners of the inter - unit sports were awarded. ●



*Games and Fun!*





*Lighting the Lamp*



Welcoming the dignitaries



Ms Elma Mathew, the Coordinator



Honouring the Chief Guest  
Mr Suresh Kalburgi



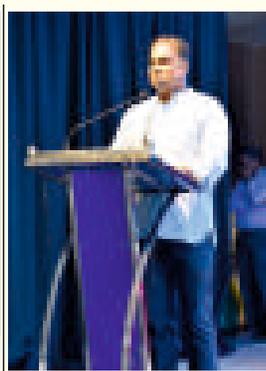
Mr Suresh Kalburgi interacting with the audience



Ms Shwetha P



Ms Sherry Pink



Rev Fr Joseph D'Souza SJ

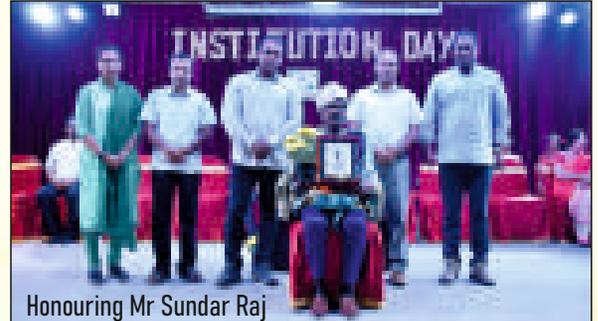
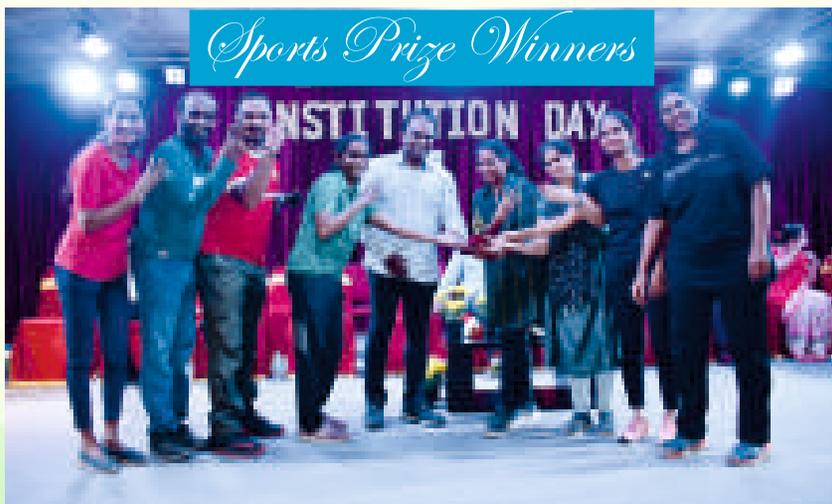


Rev Fr Cyril Menezes SJ



Ms Apeksha Paul T

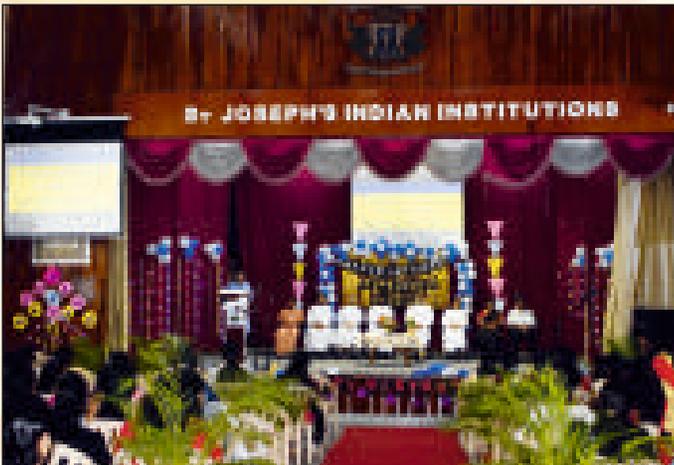
*Sports Prize Winners*



Honouring Mr Sundar Raj

# Birthday Celebration

The Rector, Rev Fr Joseph D'Souza SJ



Rev Fr Joseph D'Souza SJ

# Birthday Celebration

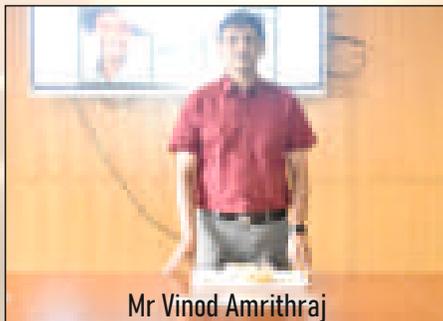
The Director, Rev Fr Cyril Menezes SJ



# *Birthday Celebration*

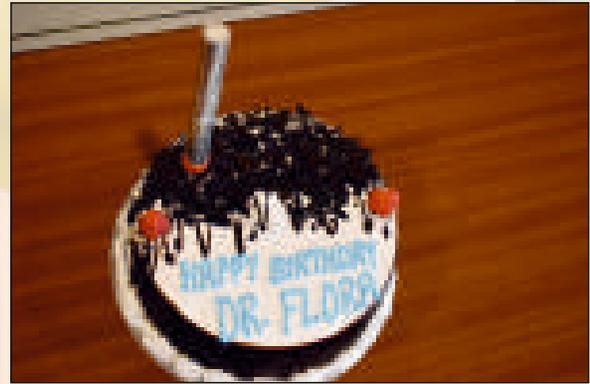


The Principal, Mr Vinod Amrithraj



# *Birthday Celebration*

The Vice Principal, Dr Flora Olinda D'Souza



# Birthday Celebration of all the Staff Members!



*"It takes a very long time to become young" – Pablo Picasso*



# International Men's Day

*"To celebrate men's positive contributions to society, community, family, marriage, childcare, and to the environment, we observe International Men's Day"*



# International Women's Day

*"Here's to strong women...may we know them. May we be them. May we raise them."*





# Staff Trip to Goa!

*"Without the element of enjoyment, it is not worth trying to excel at anything." – Magnus Carlsen*



# Staff Christmas Celebration



*"Joy to the World, the Lord is come. Let Earth receive her King!"*



# Merry Christmas!



# Symbiosis - Staff Sports Day



Coordinator : Mr Jitendra Mewara

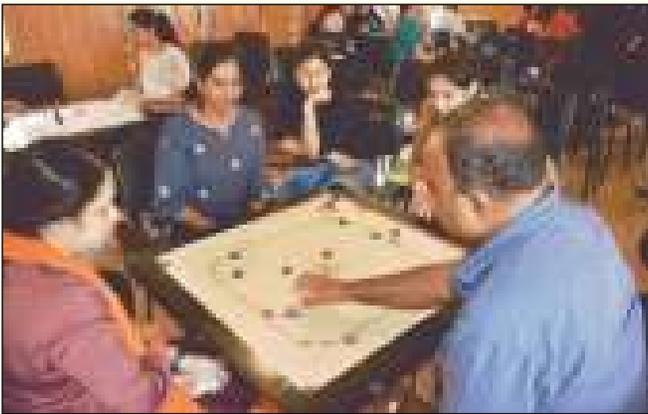
30 & 31 March 2023

*"Exercise is the most potent, yet underutilised medicine." – Bill Phillips*









# ANNUAL SPORTS REPORT 2022-2023



Mr Jitendra Mewara

Coordinator

Department of Physical Education & Sports

St Joseph's Indian Composite PU College continues to uphold the tradition of participating and winning in various sports and games at the District, State, National and International levels. Success is not given to players; it is earned by them in their respective arenas. This success is a result of their hard work, their sweat and blood. By achieving this success, they emerge as champions in the society. Teaching teamwork, hard work, and discipline through sports and games is a part of our education. Apart from academics, all sports activities are given a lot of importance in order to cater to the all-round development of students.

## SPARDHA '22

Spardha, the Annual Inter-Combination sports competition was held in our college between 2 July and 9 July, 2022. Our Director, Rev Fr Cyril Menezes SJ inaugurated this event, and Mr Kavirasu, Hockey Head Coach of Sports Authority of India was the Chief Guest of the Grand Finale. Spardha is conducted for the students to showcase their skills and talents in various sports. The theme of Spardha was 'Play for Performance'.

The importance of participation is equal to that of winning. We had various sports including Football, Basketball, Volleyball, Throw ball, Kabaddi, Kho Kho, Cricket, Carrom, Chess and Shuttle Badminton. In a span of 7 days, 156 matches were conducted with 1273 participants, considering each boy could play 3 games and each girl 4. MEBA Combination won the Overall Championship with 200 points and MSBA combination was runner - up with 150 points. The best players in every sport were awarded.

Spardha was a great day for all the sports enthusiasts. It was a great platform on which the students revealed their character and talent to their fellow Josephites and teachers. Despite the scorching sun, students, as both players and cheerers, gave their best. Every team, volunteer and spectator gave out vibes of our college motto 'Faith and Toil.'

### MOST VALUABLE PLAYERS OF SPARDHA'22:

Bharath C K (II SEBA)

Sanjana Mishra (II PCMC B)

## BEST PLAYERS OF SPARDHA'22

SL.NO.	GAME	BOY	GIRL
1	FOOTBALL	PAREESH M (II HEBA)	VARSHITHA (II HEPYS)
2	BASKETBALL	SHIVA KUMAR M (I CEBA A)	APEKSHA P (II MSBA)
3	THROWBALL	MANAS A (IIMEBA)	BRUNDA A (II PCMC B)
4	VOLLEYBALL	SANJAY K (I MSBA)	GEETHA C (II HEBA)
5	KABADDI	NAGRAJU (II HEBA)	CHAITANYA (II PCMB A)
6	KHO KHO	AMAN AIYAPPA (II MEBA)	ARTHI M (IICEBA B)
7	CRICKET	MANAV KIRAN (II SEBA)	AARUSHI SRIVASTAVA (II SEBA)
8	CARROM	SUMUKH PRABHU (I MSBA)	ASHMITA S P (II MSBA)
9	CHESS	VEDANTH BHAT (II PCME )	SUBHADRA PRADHAN (II PCMC A)
10	SHUTTLE BADMINTON	NALLEPOGU SHYAM (I MEBA)	SHRINISHA S (I MEBA)

OVERALL CHAMPION IN SPARDHA '22: MEBA (200 POINTS)

FIRST RUNNER - UP: MSBA (150 POINTS)

## Annual Athletic Meet '22

Annual Athletic Meet of St Joseph's Indian Composite PU College was held on 23 September 2022, in a grand manner. It was a one day affair. Dr Sneha T, International Swimmer, Sports Medicine Specialist, Karnataka Olympic Association Awardee, presided over the inauguration, and Mr Narayanswami Ulaganathan, Veteran Indian Football Player, Karnataka Olympic Association Awardee was the Chief Guest for the Valedictory function. Our Rector, Rev Fr Joseph D'Souza SJ delivered the Presidential speech. Several track, swimming and field events were organised. Inter-college events that involved other Jesuit Institutions were also conducted. Staff & Parent events were organised. Prizes and Certificates were awarded to the winners. The Overall Championship was awarded to SEBA combination with 257 points.

Championship - 2022		
1	OVERALL CHAMPION	SEBA (257 points)
2	FIRST RUNNER - UP	PCMC A (206 points)
3	BEST DISCIPLINED GROUP	PCME & HEPyS
4	BEST CHEERING GROUP	CEBA & MEBA
5	BEST MARCH - PAST GROUP	PCMB & MSBA

Individual Championships - 2022		
CATEGORY	BOY	GIRL
SENIOR	DHRUVA SURYA (II HEPyS) LEONARD CHRISWOOD (II PCMB B)	KOMAL JAIN (II SEBA) DEEPTHA BALRAJ (II PCMB B)
JUNIOR	ADITYA G (I CEBA A) SHIVA KUMAR (I CEBA A)	GAYATRI RAVI (I PCMB B) ANISHA REGI (I PCMC A)

### SWIMMING INDIVIDUAL CHAMPIONSHIP -2022

RIANNA GANDHI - I HEPyS  
RUBIN - I PCME

## RESULT OF INTER - JESUIT INSTITUTION EVENTS

BOYS	
POSITION	1500 MTS. RACE
1	ARUL CHINNAPPA - SJCC (04:06.32)
2	ADITHYA G - SJICPUC (04:08.59)
3	CHIRAN K - SJC (04:10.45)

GIRLS	
POSITION	1500 MTS. RACE
1	TRISHA JAGATH - SJC (06:05.74)
2	PRAGNITHA STELLINA D'CUNHA - ST. JOSEPH'S COMMUNITY COLLEGE (06:08.99)
3	SEEMITHA P - SJEC (06:18.79)

### RESULT OF STAFF EVENT

1. MS. SHALINI SALDANHA
2. MS. PRATIBHA SHETTY
3. MS. SOFIA JENCY

### RESULT OF PARENTS EVENTS

1. MS. PREMA (MOTHER OF AISHWARYA - I PCMB A)
2. MS. RASHMI (MOTHER OF JOANNA - I PCMB A)
3. MS. AMISHA (MOTHER OF LEKHA M A - I MEBA)

## Reports of Sporting Activities:

### Tennikoit

The boys' and girls' teams were winners in the zonal and district level matches. Two girls and one boy were selected for the state level conducted by department of Pre-University at Chitradurga.

### Hockey

This year the college hockey team's performance was good. They were the winners at District level. 11 boys and 3 girls were selected for the PU State Level and Shaan Devaiah A (II PCMC B) was selected for Karnataka state team to participate in Hockey National tournament.

### Tennis Volleyball

The college boys' Tennis volleyball team was winners at PU district level tournament. 63 boys were selected for state level which was conducted in Mandya District by P U Department.

### Volleyball

The college boys' volleyball team was winners at Christ tournament and Adithya Sports Fest. At PU district level, their performance was good and one boy was selected for state level, which was conducted in Tumkur District by PU Department.

### Football

The college team performance of both boys and girls was good at district level. 2 boys & 2 girls were selected for State level and won the silver medal. Leonard Chriswood (II PCMB B) and Varshitha (II HEPyS) were selected for National Level.

### Basketball

The college team performance of both boys and girls was good at district level. Apeksha P of II MSBA was selected for State level and won a silver medal.

### Swimming

The college swimmers were the winners at the SJBHS Sports Meet. And 4 students represented our college at the State level conducted by department of Pre-University.

### Karate

This year, the Karate team performance was very good. Pavithra (II MSBA) & Muhammed Sufiyaan of II PCMC B (Gold Medal) were selected for State level.

### Athletics

Athletes represented the college in all the events conducted by the DDPU at the District and State levels and were the overall champions in various events. 6 boys and 4 girls were selected for State level. Aarushi Srivastava (II SEBA), Adhithya V M (II PCMB B) and Dhruva Surya (II HEPyS) were selected for National Level. Our boys' Relay team was the winner in all the Jesuit Inter-Collegiate Relay competitions conducted by various Jesuit Institutions.

### Throw Ball

The girls throw ball team was the winner at Krishna PU College Sports Fest.

The college team performance of both boys and girls was good at district level. Darshan of II SEBA was selected for State level and won the silver medal.

### Floor Ball

The college team was the runners at the district level. 5 boys and 3 girls were selected for the State level. 4 players were selected from the Karnataka State team to the National Level.

Apart from these games our college teams had participated in Yoga, Shuttle Badminton, Kho Kho, Kabaddi and many more individual games and won many prizes.

Our prayers and best wishes remain with all the students who put in their best efforts to bring laurels to the institution. May the perseverance and toil continue in all their endeavors.

## Summary

Total Number of District Level Players: 288

Total Number of State Level Players: 49

Total Number of National Level Players: 8

The following players were awarded on the GRADUATION DAY 2023 as the best achievers in various games during the academic years 2021 to 2023.

BEST SPORTSMAN OF THE YEAR - LEONARD CHRISWOOD R (II PCMB B)

BEST SPORTSWOMAN OF THE YEAR - AARUSHI SRIVASTAVA (II SEBA)

SL.NO.	NAME OF THE GAME	BOY	GIRL
1	BEST FOOTBALL PLAYER	ALLAN EMMANUAEL S (II SEBA) (STATE )	VARSHITHA V (II HEPyS) (NATIONAL)
2	BEST TABLE TENNIS PLAYER	----	JAGRUTI CHETAN GOEL (II SEBA) (STATE)
3	BEST HOCKEY PLAYER	A SHAAN DEVAIAH (II PCMC A) (NATIONAL)	CHIRASHRI V NAYAKA (II PCMC A) (STATE)
4	BEST VOLLEYBALL PLAYER	DHANUSH P G (II PCMC A) (STATE)	KOMAL JAIN (II SEBA) (STATE)
5	BEST FLOORBALL PLAYER	SANJITH NARAYANAN R V (II MEBA) (NATIONAL)	MALVIKA B S (II SEBA) (NATIONAL)
6	BEST KHO-KHO PLAYER	RISHI M (II MSBA) (STATE)	MANISHA R (II SEBA) (STATE)
7	BEST KABADDI PLAYER	NAGARAJU H (II HEBA) (STATE)	CHAITANYA N (II PCMB A) (STATE)
8	BEST BASKETBALL PLAYER	RAHUL SEERVI (II MEBA) (STATE)	APEKSHA P (II MSBA) (STATE)
9	BEST THROWBALL PLAYER	DARSHAN S (II SEBA) (NATIONAL)	BRUNDA A (II PCMC B) (STATE)
10	BEST KARATE PLAYER	MUHAMMED SUFIYAAN (II PCMC A) (STATE)	PAVITHRA K S (II MSBA) (STATE)
11	BEST TENNIS VOLLEYBALL PLAYER	RATAN TRIPATHI (II MSBA) (STATE)	GEETHA C (II HEBA) (STATE)
12	BEST TENNIKOIT PLAYER	LOUKICK B G (II SEBA) (STATE)	SANJANA MISHRA (II PCMB A) (STATE)
13	BEST CHESS PLAYER	VEDANTH BHAT (II PCME) (STATE)	NAYANA K (II HEPyS) (STATE)
14	BEST NCC CADET	----	V VIDHYA SHREE (II HEPyS) (NATIONAL)
15	BEST ATHLETE	DHRUVA SURYA S (II HEPyS) (NATIONAL)	ANCHAL BOJAMMA T R (II CEBA B)
		ADITHYA V M (II PCMB A) (NATIONAL)	DEEPTHA BALARAJ (II PCMB B)
		BHARATH C K (II SEBA) (STATE)	K YUKTHA SUBBAIAH (II HEPyS) (STATE)

# Spardha - "Play for Performance!"

Coordinator : Mr Jitendra Mewara

2 to 9 July 2022



. Introduction of Spardha -  
by **Zain Abdul Rehman**, Sports Secretary



Opening Declaration by the Principal



Announcements by PED, Mr Jitendra Mewara



Oath - taking by the Sports Secretaries



Unveiling the Spardha trophies

## Spardha Opening



## A Glimpse



*A Glimpse*



*A Glimpse*



*A Glimpse*

**Prize Distribution & Closing**



The MCs



Prayer by Ms Prachi



Welcome and Introduction of the Chief Guest, by Ms Jagruti Chetan Goel



Chief Guest, Mr Kavirasu, Hockey Head Coach of SAI



Dignitaries



Officials of Spardha



*Honouring the Chief Guest*











Bharath C K (II SEBA), Most Valuable Player



Sanjana Mishra (II PCMC B), Most Valuable Player



Overall Champion – MEBA Combination



Runner – up – MSBA Combination



Closing Declaration by the Principal



Vote of Thanks, by Master Yashovardhan

# Annual Athletic Meet

Coordinator : Mr Jitendra Mewara

23 September 2022

*"Champions aren't made in the gyms. Champions are made from something they have deep inside them  
— a Desire, a Dream, a Vision" — Muhammad Ali*



Adhithya V M, National Athlete Lighting the Athletic Torch



Dignitaries



Announcers, Dr Suresh K M & Dr Sowmiya Carmel



Prayer

## Opening Ceremony



Athletes



## *Welcoming the Dignitaries*

Welcome and Introduction of the Chief Guest,  
by Ms Sheeba Evangeline



Honouring the Chief Guest,  
*Dr Sneha T*

Chief Guest, **Dr Sneha T**  
addressing the Gathering





## *March - Past*



Oath - taking Ceremony



Chief Guest handing over the athletic torch to Ms Komal



Opening Declaration



*Prize  
Distribution*



Vote of Thanks, by the Sports Secretary, Master Zain





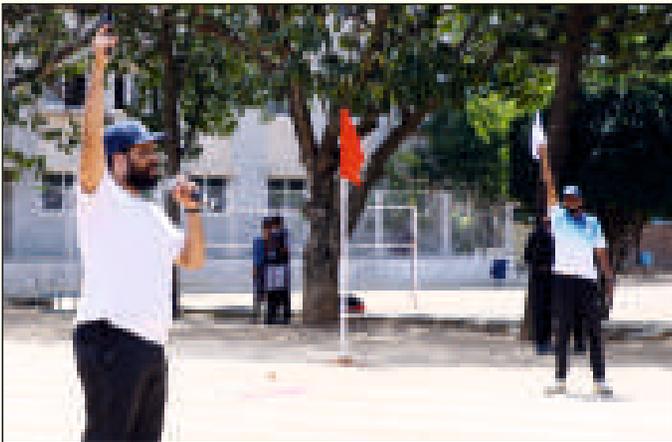
*Athletic Events in Progress*

*Prathidhwani*  
Where Ideas Bloom





*Athletic Events in Progress*





*Athletic Events in Progress*



## *Closing Ceremony*

Welcome and Introduction of the Chief Guest,  
by **Ms Minu Sneha**

## *Honouring the Chief Guest*





Welcoming the Rector, Rev Fr Joseph D'Souza SJ



Chief Guest, Mr Narayanswami Ulaganathan addressing the gathering



## *Closing March-past*





Best March-past group - PCMB Combination



Runner-up of the Annual Athletic Meet - PCMC combination



Overall Champion of the Annual Athletic Meet - SEBA combination



Officials of the Meet



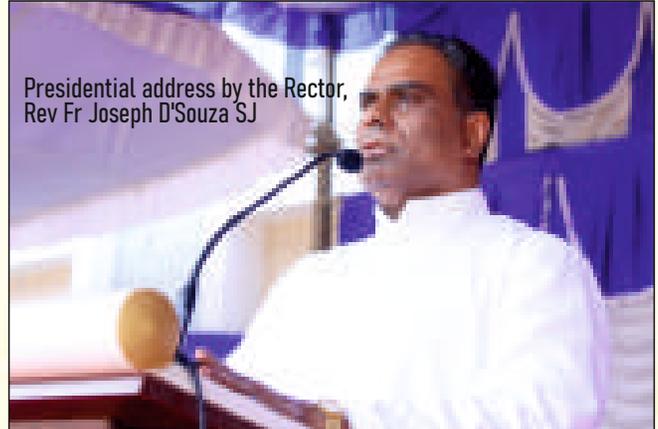
Sports Secretary Master Zain handing over the College Flag to the Chief Guest



Closing declaration by the Chief Guest



Vote of thanks by the Vice President, Ms. Jagruti Chetan Goel



Presidential address by the Rector,  
Rev Fr Joseph D'Souza SJ

# Best Players!

"The greatest achievement is to outperform yourself" – Denis Waitley



**AARUSHI SRIVASTAVA**

II SEBA

TENNIKOIT STATE & ATHLETIC NATIONAL LEVEL PLAYER



**ADITHYA G**

I CEBA A

ATHLETIC STATE LEVEL PLAYER



**ADITHYA V M**

II PCMB A

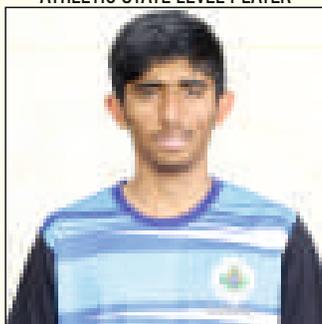
ATHLETIC NATIONAL LEVEL PLAYER



**AISHWARYA LAKSHMI**

I PCMB A

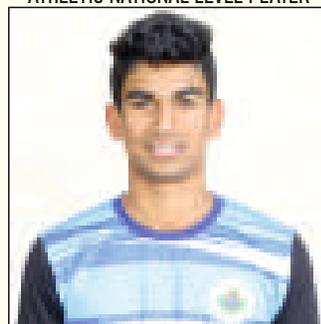
HOCKEY & FLOORBALL STATE LEVEL PLAYER



**AKARSH BIDDAPPA**

I HEBA

HOCKEY STATE LEVEL PLAYER



**AKHIL AIYAPPA**

I HEBA

HOCKEY & FLOORBALL STATE LEVEL PLAYER



**ALLAN EMMANUAEL**

II SEBA

FOOTBALL STATE LEVEL PLAYER



**ANCHAL BOJAMMA**

II CEBA B

ATHLETIC STATE LEVEL PLAYER



**ANNIE JOSEPHINE**

I PCMC B

HOCKEY & FLOORBALL STATE LEVEL PLAYER



**APEKSHA P**

II MSBA

BASKETBALL STATE LEVEL PLAYER



**BHARATH C K**

II SEBA

ATHLETIC STATE LEVEL PLAYER



**CHAITANYA N**

II PCMB A

KABADDI STATE LEVEL PLAYER



**CHENGAPPA K S**  
I HEBA  
HOCKEY STATE LEVEL PLAYER



**CHINNAPPA K S**  
I HEBA  
HOCKEY STATE LEVEL PLAYER



**CHIRASHRI V NAYAKA**  
II PCMC B  
HOCKEY & FLOORBALL STATE LEVEL PLAYER



**DARSHAN**  
II SEBA  
THROWBALL STATE LEVEL PLAYER



**DHRUVA SURYA**  
II HEPYS  
ATHLETIC NATIONAL LEVEL PLAYER



**KOMAL JAIN**  
II SEBA  
VOLLEYBALL & TENNIS VOLLEYBALL STATE LEVEL PLAYER



**KUSHAL BOPAIAH**  
I HEBA  
HOCKEY & FLOORBALL STATE LEVEL PLAYER



**LEONARD CHRISWOOD**  
II PCMB B  
FOOTBALL NATIONAL & ATHLETIC STATE LEVEL PLAYER



**LOUKICK B G**  
II SEBA  
TENNISOIT STATE LEVEL PLAYER



**MAHENDRA V**  
I HEBA  
HOCKEY & FLOORBALL STATE LEVEL PLAYER



**MALVIKA B S**  
II SEBA  
FLOORBALL NATIONAL LEVEL PLAYER



**MANAV MEDAPPA**  
I HEBA  
HOCKEY & FLOORBALL STATE LEVEL PLAYER



**NAVAPRABHU**  
II SEBA  
HOCKEY STATE LEVEL PLAYER



**NAYANA**  
II HEPYS  
CHESS STATE LEVEL PLAYER



**SANJANA MISHRA**  
II PCMC B  
TENNISOIT STATE LEVEL PLAYER



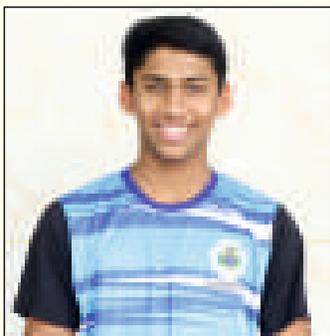
**SHAAN DEVAIAH**  
II PCMC A  
HOCKEY & FLOORBALL NATIONAL LEVEL PLAYER



**SHIVA KUMAR M**  
I CEBA A  
VOLLEYBALL, ATHLETICS & TENNIS VOLLEYBALL STATE LEVEL PLAYER



**SUHAS M**  
I MSBA  
TENNIS VOLLEYBALL STATE LEVEL PLAYER



**VACHAN K A**  
I HEBA  
HOCKEY & FLOORBALL STATE LEVEL PLAYER



**VARSHITHA**  
II HEPYS  
FOOTBALL NATIONAL LEVEL PLAYER



**VEDANTH BHAT**  
II PCME  
CHESS STATE LEVEL PLAYER



**VIDHYASHREE**  
II HEPYS  
NCC NATIONAL & ATHLETIC STATE LEVEL PLAYER



**YASHASH PONNAPPA**  
I HEBA  
HOCKEY & FLOORBALL STATE LEVEL PLAYER



**YUKTHA SUBBAIAH**  
II HEPYS  
FOOTBALL STATE LEVEL PLAYER



COACHING STAFF



FOOTBALL BOYS TEAM



FOOTBALL GIRLS TEAM



THROW BALL BOYS TEAM



THROW BALL GIRLS TEAM



BASKETBALL BOYS TEAM



BASKETBALL GIRLS TEAM



VOLLEYBALL BOYS TEAM



VOLLEYBALL GIRLS TEAM



KHO-KHO BOYS TEAM



KHO-KHO GIRLS TEAM



KABADDI BOYS TEAM



KABADDI GIRLS TEAM



FLOOR BALL BOYS TEAM



FLOOR BALL GIRLS TEAM



HOCKEY BOYS TEAM



CRICKET BOYS TEAM



CHESS TEAM



TENNIS VOLLEYBALL TEAM



TENNIKOIT TEAM



KARATE TEAM



SHUTTLE BADMINTON TEAM



TABLE TENNIS TEAM



ATHLETIC TEAM



SCOUTS & GUIDES



NCC GROUP

*"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world." – Albert Einstein*

**Creative Writing Contest**  
**Topic: The Plot Thickens**  
**16 July 2022**

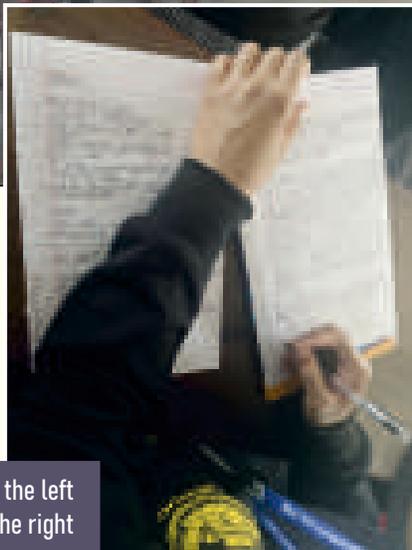
A creative writing competition was held for budding enthusiastic writers. This time all the students were given a common story plot which was to be explored and written with their own characters and storylines. 50 students across all streams participated and wrote exciting stories and three students came out as winners.

- I Place - Lincy Veronica Mathias from II HEPyS
- II Place - Shreyas Kamath from II HEPyS
- III Place - Yukthi S from I SEBA.



The Plot Thickens - Title of the event

Students noting down the basic plot of the story



The plotline on the left and the story on the right



Students applying finishing touches to their narratives

# JAM - *Just a Minute*



20 August 2022

Just a Minute, also known as JAM, was conducted by the English Literary Club to target students' listening and speaking abilities where they had to listen to the error made by fellow participants and proceed to speak on the same topic in a limited time. A total of 52 students participated and three emerged victorious.

**I Place - Zain Abdul Rehman from II MEBA**

**II Place - Sourabh from II HEPyS**

**III Place - Lekha MA from I MEBA**



First round of JAM with the JAM master, the timer and the scorer



Round two of JAM after filtering the speakers



Contestants fighting it out as every second counts



Final Round of JAM between the top four

The crowd appreciating and enjoying the war of wits!



Waiting for the instructions for the final round

# Turncoat

29 November 2022

A competition that targeted the speaking skills and vocabulary of the students was conducted by the club. The students were given the topics on the spot. The topics given were unconventional and required the students to think outside the box and deliver their speeches. They were judged on clarity of thought and their presentation.

**I Place- Akanksha Malde from II MSBA**

**II Place- Vedanth Bhat from II PCME**

**III Place- Yashovardhan from II HEPyS**



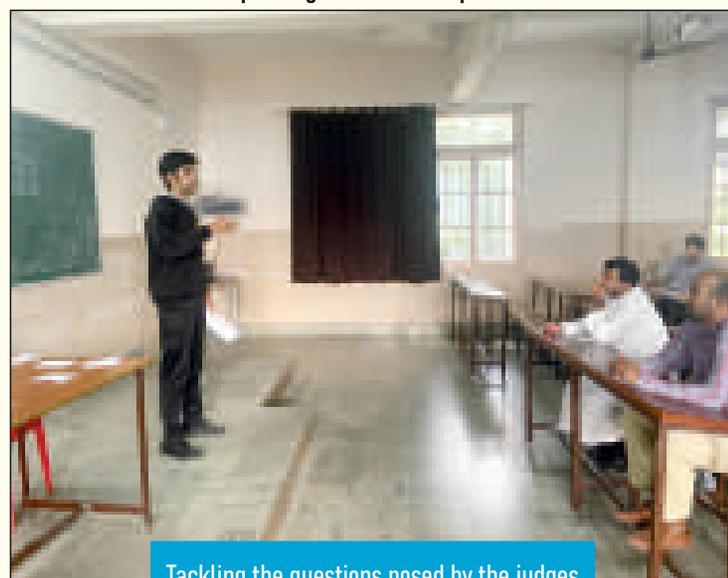
Contestants speaking about their topic



Addressing the crowd after a brief preparation and research



Convincing the judges with the arguments



Tackling the questions posed by the judges



The Judges and the crowd deliberating on the presentations

## Mellifluous

There is darkness all around; distorted creatures fixing their cruel gaze upon me. The gleaming long nails outstretch towards me to tear my soul apart. It's like a labyrinth. I keep trying to find a way out but end up in the same place everytime. I can't seem to get away from this. I'm just a mere puppet controlled by a puppeteer pulling my strings. It's the deepest shade of midnight black all around. I feel like I'm falling down the abyss. I've lost all my strength. I don't think I can fight the darkness. The tormenting voices resonate all around me. I try to shut them out but I can't. Like a shooting star amidst the dark night, I hear a pleasant voice. It is calm, steady and beautiful. It is serene like the waves of the sea yet carries passion like the flames of an inferno. The blissful melody is captivating. The dark voices around me seem to quiet down. I look around to find the source of the mellifluous voice. I walk through the dark corridors and keenly observe as far as my mortal eyes could see, but I do not succeed. A few seconds later, the tormenting voices surround me yet again. I wake up from the nightmare and gasp for breath. I hear my roommate Mark mumble about something. "Ten, the pancakes I've prepared for you are on the table. Make sure you have them. I need to leave", I hear him say. I nod and ask him not to worry. I reach my dance studio and dance my heart out but as I look at myself at the mirror, I'm not satisfied. There is something unsettling about my moves. My biggest fear has always been - not being able to perform to my full potential and all the voices in my brain saying, "you're not a worthy dancer, you can never be a good performer", only makes it worse. I sigh and lay flat on the cold floor. I feel the presence of the pleasant voice again. I reach towards the direction of the voice. To my surprise a regal beauty stares back at me smiling from the other side of the mirror. She has twinkling sapphire eyes, her skin is the most beautiful shade of obsidian black I've ever seen in contrast to the darkness I'm surrounded with in my heart. She is wearing a fairy blue dress resembling the waves of the sea and decorating her head is a tiara with a bright star. "Hello, Ten. You've always been doubting and questioning yourself. The truth is, you are blessed by the lady, Terpsichore herself." I hear this and raise my eyebrows. "Who are you? ", I ask her. "I'm Stella, the star who shares souls with you. You are a soul of the fallen star breathed into your body to live. You are wild like the fire, graceful like water, free like the wind and firm like the earth. The light within you is encased by a dark veil in your heart. Cast it away for you are Ten, a performer who is a ten on ten. You shine in the darkness. You have



YUKTHI K S  
I SEBA

the blessing of the muse of dance, Terpsichore herself and dear boy, go spread the light of your passion to the world and keep shining like the star that you are." The darkness around me is cast away by the light of the mellifluous voice, like the spell cast by a once powerful magician losing its glory. I, Ten, decide to find a way out of the labyrinth of my mind by following the path of my heart's desire. I decide that if there is a way out, I will not take it for granted because I don't have to live with dying every day. I will make sure to be a ten on ten for I am TEN! ●

## Reflection

I'm a writer,  
Weaving emotions using a silk thread of words,  
I craft the enigmatic personality of a character,  
Like a magician casting her spell.

The sun who never fails to shine for others,  
The gentle breeze embracing the lonely soul,  
The muse of an artist,  
The unwavering strength of a pharaoh,  
The undying courage of a captain,  
The passion of the hunters,  
The unity of the honeybees that stick together,  
The loyalty of a warrior,  
The serenity of the waves of the blue sea,  
The fiery flames of an inferno and  
The light enclosed in the darkness,

Fires my imagination to create a persona,  
To make the mirage into a reality,  
A mirror that reflects ME.

YUKTHI K S  
I SEBA

## *An Astral Friend*

Reality is supposed to be filled with opportunities to make memories as we walk towards the future, isn't it?

Sometimes the most real thing about Reality is the unreal pain it can make you feel. To escape from this, people choose different methods that give them temporary relief but end up in a more miserable state. The only way to escape this pain of worthlessness is to escape reality itself.

Kamath, a very regular kid with an extraordinarily boring life decides to change his reality as well. His life for the past 16 years had been that of an invisible piece of furniture, present everywhere, individually acknowledged nowhere. He had come to believe that he had no talent of his own, no particular reason to be sad, but no sparks of joy to light his life either. His parents didn't seem to bother until and unless he kept quiet and didn't cause any problems. Then after finishing his schooling, when the time arrived for him to take his own decisions about college, it was all too new for him, life got all too real in an instant for him which he wasn't prepared for at all. Well, his parents shoved the only popular choice in his face that every Indian parent does, it's so obvious I don't even need to mention it.

For the first time in his life he felt he has had enough and it was time he took control of it himself. All these years he went along nodding his head following in someone's shadow so never had to leave his comfort zone, doing it all of a sudden made him feel the pinch of being alone when he was going to stand up for himself. His father wasn't able to digest his rebellious nature. With the ongoing friction between him and his wife and the losses he was facing in his business, his son's revolts were the last thing he wanted to experience. He started to manhandle Kamath and force him into submission to feel he's not lost his authority as a father at least. This was new to Kamath as well as his father who was the most talented person he knew and never guessed he would resort to such ways. In order to prove his worth to himself and others later he went in discovery of his passion. He failed. Art was his special domain but he had left pursuing it more than a decade ago due to which he lost the touch forever. He regretted it a lot now.

One night after another, meal flavoured with arguments and passive aggressive replies, when Kamath fell asleep and dreamt of other worlds where his life would be different; he saw a world where his father in his youth was living his life but with different circumstances. His father's name was Raju Rai in that world and he dies young due to an accident. With the death of his father's variant in that world, Kamath wakes up from his dream here in his own world. When he wakes up, he isn't alone. Raju Rai was there, levitating in



SHREYAS KAMATH, II HEPyS

front of him in his astral form. Both of them stared at each other and Kamath went back to sleep thinking that he was still hallucinating as he hadn't completely woken up from his dream. He concentrated, but he could still hear Raju's voice which was just like his own from above the blanket. They made peace with each other as Raju Rai kept saying it was Kamath that brought him into this world. Raju Rai was a variant version of him and his father fused together in a different reality. So Kamath saw this as a good opportunity and asked him whether he had any talent of his own. Raju replied saying he was good at writing and as an astral form time was irrelevant to him so he can look into any universe or reality. Kamath and Raju made a deal that Raju will show him all those different universes in his head and using his writing skills Kamath would write new stories of his own. Raju even offered poetry as an option and of course Kamath accepted. They both seemed to understand each other the best and became the best of friends. No one could see Raju, so Kamath always wore earphones without playing any music in it and pretended to talk to someone on the phone while he was just speaking to Raju all the time who was flying just beside him. He got more insight into his father's younger side and how talented he used to be. They bonded with each other because of that connection. Kamath was alone but from that point on he never felt lonely in his life ever again as he found the person he always he needed. Kamath was getting recognised in his college now because of his writing and more people acknowledged his existence because he started winning prizes and stuff. They even solved other problems together, like his classmate, Kevin, teasing Kamath with the line, "No maidens" because Kamath was too scared of talking to girls and had no idea how to converse with a girl. Raju made Kamath type his words in messages to the girl and even wrote poems to impress her and eventually proved Kevin wrong. Kamath's life was getting better and Raju's presence became more meaningful but this is not the end. They still have a lot of adventures to go on, their stories will continue their legacy in this world or another.

Wait it's not just Raju..... There's someone..... Someone else from another timeline. He's been watching their actions but he has intentions of his own that he needs Kamath to fulfill. ●



## Money

Money,  
 Everyone stays calm when it passes through their palm,  
 A paper with value so high,  
 So much high that human life is a lie.

From a beggar to a person who is richer, everybody comes under the picture  
 What picture you may ask  
 For a picture of Gandhi on a note, everyone wears a mask!

We all are puppets under the manipulation of this paper  
 Some putting their lives in danger

From a sweeper at the roads,  
 Till officers at high posts

Safe to be told, safe to be told  
 One day even the air we breathe will be sold!

Do we really need this paper?  
 Yes we do need this paper, to make our lives better

But this isn't the only answer, to make our lives happier

You are only blaming the situation, is what you say,  
 But this is the reality, and nothing happens whatever I say, is what I say

I am not saying that money is bad,  
 It's the excess of it which is bad

Remember, excess of anything is bad, be it money or be it love  
 The balance of your priorities, is what gives you peace, is what gives you peace.

ABHISHEK MUDALIYAR  
 II HEBA



## Cause

This is a poem inspired by something that almost every student faces - the anxiety, the fear, the feeling of not knowing what, when, and how to do.

Feeling like a lost cause,  
 Paused on the longest pause,  
 Conscious about all the flaws,  
 Holding to the last straws.  
 And all of this because -  
 There's fear of facing loss,  
 Not to break the laws,  
 Ones made not to cross,  
 To fit the world's gloss.  
 But still -  
 Need to find my cause,  
 Just resuming from the pause,  
 Embracing all the perfect flaws,  
 Bravely facing all the loss.  
 Fear, I want to toss -  
 All the boundaries I'll cross,  
 And break all the laws,  
 I'll emerge from the floss,  
 Stand up for my cause.

AKANKSHA V MALDE  
 II MSBA



ANIKET THORAT  
II PCME



PAVANI A SHETTY  
I PCMB - B

## *How I Want To Die...*

## *Now That's A Question...*

Maybe Leaving Behind No Remorse To This Reality  
Thank My Potential  
First And Last One I Think Care And Love.  
Wanting To Get Hurt By Everything And Everyone I Did Probably Hurt.

Be A Person Of Rampaging Hatred In Their Heart Even When The Wind Blows...

Tell Everyone Even My Ashes Will Not Remain, Leaving No Trace Of The Shackles I Was Once Bound By.

Not Carrying The Guilt Of Living In Peace Rather Be Happy Of Being Chaotic And Wrecking Havoc.

This Isn't A Farewell This Is Just A Jolly Shanty I'll Carry To My Grave, Proud And Arrogant Till The Last Breath.

Maybe Death Isn't That Painful After All Because I'll Carry My True Self Just At The End

Just At

THE END... ●

## *Smile which Expressed Millions of Words*

Yesterday when I was traveling to my college by bus, standing in the aisle since all the seats were occupied, there was a girl of age nearly 10 or 11 who was sitting in front of me quietly holding on to her school bag. I was curious to know the reason behind her silence, and tended to talk to her.

I said 'Hi' there was no reply but just a smile ....

I asked her which grade she was studying in currently.

"She touched her mouth with her fingers and shook her palm", indicating to me that she couldn't speak.

It was a moment of silence, moment of realization. If it was a girl who could speak, she would have expressed a lot of things to me....but she couldn't.

In life we take things for granted but when we lose it that is when we know the importance of it. It goes same for the people, things, emotions and many more.... Importance of it is known only when we lose it. I don't know if it is a tendency or a human disorder.

In the end all that mattered was the little girl's smile when I gave her a chocolate, a smile that expressed millions of words. ●



DEERAJ S  
I MSBA

## *I wish*

I wish to dive into those  
Persian sands,  
And gather pearls with my  
Mighty hands.

I wish to walk into those  
Deep woods,  
To hunt wild wolves.

I wish to dive deep in the  
Cold waters of Antarctic,  
And take a quick ride on the  
Bears of the Arctic.

I wish to admire the sunlit moon,  
With my self-lit star by noon.  
I wish I had a button to restart  
In the lord designed heart.  
I wish to live a life of a genie,  
And my spirits to dwell in immortal harmony.  
I wish I am not feared by the  
horrifying spells of death.  
I am the unusual child  
With a smile on my birth.

I wish to view the world  
On the edge of my knife ,  
And crack the mysterious  
Code of life. ●

## *Social Evils*

Sickening pollution  
Child prostitution  
Female infants' execution  
Multiple criminals and  
Their prosecution  
A solution shall remain  
An illusion?

Resources running dry  
Temperature on a high  
Protesters cry  
People on a fry  
Is this a visual for a goodbye?

Terrorists' brutality  
Racism and partiality  
Minors' physicality  
Caste named calamities  
Are we nearing the extinction of humanity?

Rise of a new sun  
Seems like fun  
People on a new run  
Seeking a new turn.  
Deceived by the U-turn? ●



V GIRISHWAR  
II PCMC - B



LAKSHMI B N  
I PCMB B

## *Life Is A Race*

Life is a race,  
Run with it, you will see a new place,  
You miss, it will become a maze,  
Create your base, or others will chase,  
If stuck, it will become a double knot lace,  
Trace your future, erase your past.

Studies make you wise,  
And you will be of the most valuable price,  
Say lies, you should run like a mice,  
If truth, you will be in a good right,  
If you fall in vice, you will become a slice,  
Believe in humanity, not in popularity.

Have will in your dhill, then you can live chill,  
Fill your positivity, kill your negativity,  
Do the best, you will be a chief guest,  
Be a unique ray, it will create a new way,  
Guess less, or it will be a mess,  
Be a metal in the fire, and come out as a sword.

**KARMA** says -

'What You Do Once, Returns To You Twice'

## *On the way to SJICPUC*

On the way to SJICPUC

You are the one which I wait to see.

Everyday I peep out of the bus window only to see you.

The only flower species I have seen, which turns into a poky and spiky seed pod like structure.

You bring another level of happiness in every daybreak.  
I'd like to click the pic of you but it does not seem possible.

One or the other day I might.

This generation children don't have time to have a look at your exquisite soulful presence and appreciate it.

Even though some see you as they pass by.

Your burst from the red coat is the best elegance.

I never stood and saw the felicity of you in the foggy morning.

You are pretty pink in colour with the red blood fruit background and green leaves.

You are the innocent thing which sees thousands of people and motors on Richmond road.

Oh pretty pink flower!!! Your binomial nomenclature is *Bixa orellana*.



NEETU N  
II PCMC - A



SYED UMAR  
II PCMC - B

*Every Struggle We Endure Has  
Something Valuable To Teach Us*

This struggle of mine has taught me more values. What can one expect from a 11 year old girl to do, when her mom isn't with her for months together and left with her father and younger sister to manage everything on her own? Well, it wasn't easy but she managed to do. That 11 year old girl is none other than me. My mother had to go to native for around 5-6 months. My father was busy with his work and my sister was too young to do any household work. So all the responsibilities were on my shoulders. I took up the role of my mom, though I couldn't be what she was but I gave my best in all possible ways. I had to manage all the household works on my own. It was tough for me to handle all that and I even had exams at that particular time. But guess what? I was privileged to be the topper of my class that particular year. This struggle taught me to adapt to tough situations. I learnt to be self dependent; I could do all my work on my own. I learnt how to manage many things and still do well with my academics and my co - curricular activities. I missed my mother when I really needed her the most but this taught me to help myself on my own. I learnt the value of my mother in her absence. These challenges made me more and more strong. The more struggles I faced the better I became. I learnt to smile even in my hardest times. I learnt to be more responsible. So we can get ideas, get inspired from the struggle we face in life. Remember, whenever we go through problems in life, it will definitely teach us something very meaningful and valuable. ●

*Who Decides?*

Thoughts and beliefs vary from person to person but the factor which really differentiates us must be self-esteem. I wonder every time I ask this question to myself, "What decides your worth?" To answer this, it is really important to know where you place yourself in life. Your significance in this world is determined by "You".

Having said this, there are times when we are uncertain about our actions and progression. Arthur Schopenhauer, a German philosopher writes, "What we commonly call fate is mostly their own stupidity", indeed a quote worth thinking about. We all face challenges all the time. Sometimes we win, sometimes we don't, but each challenge we face teaches us something new and better. The outcome doesn't matter as long as you don't lose the courage to try. Failures are to teach you where you went wrong and not to define your caliber. There is a proverb that says, "You learn from your mistakes", and not one that says, "You can't correct your mistakes!"

We all share something in common which we desire and strive for. That is, an ambition. Having a dream to achieve gives us a purpose, a responsibility but most importantly it gives meaning to life. Successful people are the ones who were able to turn their dreams into reality. These people were just able to implement something which they once imagined. Implementation is most significant when it comes to achieving something. Even the best of ideas hold no value when they are left unimplemented.

Elon Musk says, "If you need inspiring words, don't do it". It sounds demotivating at first but when you think of it again, it simply means that you don't need inspiration to do something you really want to. No matter what happens, it is always you who decides what your journey is going to be like and where it leads you to.

I will be more than happy if this article brings a positive change in someone's life. I would conclude this article by giving a piece of advice. Always believe in yourself and remember, winning is just a choice. ●



5 November 2022

## Karnataka Rajyothsava

Coordinator : Dr Indresh M

### ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ ಕಾರ್ಯಕ್ರಮ 2022

ಸಂತ ಜೋಸೆಫರ ಇಂಡಿಯನ್ ಸಂಯುಕ್ತ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜಿನಲ್ಲಿ 05-11-2022ರ ಶನಿವಾರದಂದು ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ ಕಾರ್ಯಕ್ರಮವನ್ನು ಕಾಲೇಜಿನ ಎರಡನೆ ಅಂತಸ್ತಿನ ಆವರಣದಲ್ಲಿ ಆಚರಿಸಲಾಯಿತು. ಈ ಕಾರ್ಯಕ್ರಮದ ಅಧ್ಯಕ್ಷತೆಯನ್ನು ನಮ್ಮ ಕಾಲೇಜಿನ ನಿರ್ದೇಶಕರಾದ ವಂದನೀಯ ರೆ|| ಫಾ|| ಸಿರಿಲ್ ಮೆನಜಸ್ ಎಸ್.ಜೆ. ರವರು ವಹಿಸಿ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಎಲ್ಲಾ ರೀತಿಯ ನೆರವನ್ನು ನೀಡಿದರು. ಮತ್ತು ಇವರು ಬಂದು ಕನ್ನಡ ನಾಡು ನುಡಿಯ ಪ್ರಸ್ತುತ ಸಮಸ್ಯೆಗಳು ಯಾವುವು, ಈ ಸಮಸ್ಯೆಗಳನ್ನು ನಿವಾರಿಸಲು ನಾವು ಹೇಗೆ ನಡೆದುಕೊಳ್ಳಬೇಕು ಎಂಬುದರ ಬಗ್ಗೆ ತುಂಬಾ ಚೆನ್ನಾಗಿ ವಿದ್ಯಾರ್ಥಿಗಳ ಮನ ಮುಟ್ಟುವಂತೆ ಭಾಷಣ ಮಾಡಿದರು. ಪ್ರಾಂಶುಪಾಲರಾದ ಶ್ರೀ ವಿನೋದ್ ಅಮೃತ್‌ರಾಜ್. ಎಂ. ಉಪ ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ. ಫೋರ ಡಿಸೋಜಾ ರವರು ಹಾಗೂ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ ಕಾರ್ಯಕ್ರಮದ ಸಂಚಾಲಕರಾದ ಡಾ. ಇಂದ್ರೇಶ್ ಎಂ ರವರು ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಉಪಸ್ಥಿತರಿದ್ದರು.

ಉಪಸ್ಥಿತರಿದ್ದವರೆಲ್ಲರೂ ಕಾರ್ಯಕ್ರಮದ ಆರಂಭದಲ್ಲಿ ದೀಪ ಬೆಳಗಿ, ಪುಷ್ಪನಮನ ಸಲ್ಲಿಸಿದರು, ನಂತರ ಕಾಲೇಜಿನ ವಿದ್ಯಾರ್ಥಿ ವೃಂದ ನಾಡಗೀತೆಯನ್ನು ಸುಮಧುರವಾಗಿ ಹಾಡಿದರು. ನಂತರ ಕಳೆದ ವರ್ಷ ಕನ್ನಡ ವಿಷಯದಲ್ಲಿ ಅತಿ ಹೆಚ್ಚು ಅಂಕ ಗಳಿಸಿದ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಬಹುಮಾನವನ್ನು ಕೊಡಲಾಯಿತು ಮತ್ತು ಸಾಹಿತ್ಯಕ ಸ್ಪರ್ಧೆಗಳ ಫಲಿತಾಂಶ ಪ್ರಕಟಿಸಿ ಬಹುಮಾನ ಮತ್ತು ಪ್ರಶಸ್ತಿ ಪತ್ರವನ್ನು ನಿರ್ದೇಶಕರು, ಪ್ರಾಂಶುಪಾಲರು ಮತ್ತು ಉಪಪ್ರಾಂಶುಪಾಲರು ವಿತರಿಸಿದರು. ವಿದ್ಯಾರ್ಥಿಗಳೆ ನಿರೂಪಣೆ, ಸ್ವಾಗತ, ವಂದನಾರ್ಪಣೆ ಯನ್ನು ಕೋರಿದರು. ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ನಮ್ಮ ಕಾಲೇಜಿನ ಕನ್ನಡ ಸಂಘದ ಸಂಚಾಲಕರಾದ ಡಾ. ಸುರೇಶ್ ಕೆ.ಎಂ., ಡಾ. ಮಹದೇವಸ್ವಾಮಿ ಹಾಗೂ ಎಲ್ಲಾ ಉಪನ್ಯಾಸಕರೂ ಉಪಸ್ಥಿತರಿದ್ದು ಎಲ್ಲಾ ರೀತಿಯ ಸಹಕಾರ ನೀಡಿದರು. ●



Staff and Students come together to sing the State Anthem

ಜೋಗದ ಸಿರಿ ಬೆಳಕಿನಲ್ಲಿ  
ತುಂಗೇಯ ತೆನೆ ಬಳುಕಿನಲ್ಲಿ  
ಸಾಹ್ಯಾದ್ರಿಯ ಲೋಹದದಿರ  
ಉತ್ತುಂಗದ ನಿಲುವಿನಲ್ಲಿ  
ನಿತ್ಯ ಹರಿದ್ವರ್ಣವನದ  
ತೇಗ ಗಂಧ ತರುಗಳಲ್ಲಿ  
ನಿತ್ಯೋತ್ಸವ, ತಾಯಿ ನಿತ್ಯೋತ್ಸವ  
ನಿನಗೆ ನಿತ್ಯೋತ್ಸವ, ತಾಯಿ ನಿತ್ಯೋತ್ಸವ

By K S Nissar Ahmed



Goddess Bhuvaneshwari



Karnataka Flag representing the auspiciousness and well - being of the State





Fr Director addressing the gathering



*Prize Distribution*



'Koti Kanta Gayana', at Sree Kanteerava Stadium on 28 October 2022

## ಕವನಗಳು



ಕಾರ್ತಿಕ

ದ್ವಿತೀಯ ಪಿಯುಸಿ ಪಿಸಿಎಂಬಿ - ಎ



ವೈಷ್ಣವಿ ಎನ್.

ದ್ವಿತೀಯ ಪಿಯುಸಿ ಪಿಸಿಎಂಬಿ - ಎ

### ತಾಯಿ/ಮಾತೃ

ಹೊತ್ತು ಹತ್ತು ಸಲಹಿದವಳು  
ತುತ್ತನಿಟ್ಟು ಬೆಳೆಸಿದವಳು  
ಪ್ರೀತಿ, ಸಂತೋಷ ಸುಖವನ್ನು ನೀಡಿ  
ಏನನ್ನು ಬಯಸದೆ ಬೆಳೆಸಿದವಳು  
ಎಲ್ಲವನ್ನೂ ಸಹಿಸುವಳು, ತಾಯಿ ನೀ ನಮ್ಮ ಹೆಮ್ಮೆಯ ದೇವಿ ||

ಕಷ್ಟ ನಷ್ಟ ಸುಖ ದುಃಖ  
ಎಲ್ಲವನ್ನು ನೀ ತೆಗೆದುಕೊಂಡು  
ನಮಗೆ ನೀ ಬರೀ ಸಂತೋಷ ಹರ್ಷ ನೀಡಿದೆ  
ನೀ ಬರೀ ತಾಯಿಯಲ್ಲ ಮಾತೆ, ನಮ್ಮ ಬದುಕಿನ ಅರ್ಥ ನೀ ನಮ್ಮಮ್ಮ ||

ಹಗಲು ರಾತ್ರಿ ಇರುಳು  
ನೋಡದೆ ನೀ ನಮ್ಮನ್ನು ರಕ್ಷಿಸುವೆ  
ನಮ್ಮ ಬದುಕಿಗೆ ಬಣ್ಣವನ್ನು ನೀಡುವೆ  
ಎಂದಿಗೂ ನಮ್ಮಲ್ಲಿ ನೀ ಎಂದೆಂದಿಗೂ ಇರುವೆ  
ನಮ್ಮ ಹೃದಯಗಳಲ್ಲಿ ತಾಯಿ ನೀ ನಮ್ಮ ಹೆಮ್ಮೆಯ ತಾಯಿ ||

ಹಳ್ಳ ಕೊಳ್ಳ ಬೆಟ್ಟ ಗುಡ್ಡ  
ಏರಿ ನೀ ಕೆಲಸ ಮಾಡಿ  
ನಮ್ಮನ್ನು ಸಲಹುವವಳು  
ಎಷ್ಟೇ ನೋವನ್ನು ತನ್ನೊಳಗೆ ಇಟ್ಟುಕೊಂಡು  
ನಮ್ಮನ್ನು ಬಡಿಯದೆ ಪ್ರೀತಿಯಿಂದ ಸಲಹುವಳು ತಾಯಿ ||

ಅಲ್ಲಿ ಇಲ್ಲಿ ತಿರುಗಾಡುತ್ತಾ ಮಗು  
ಮನೆಗೆ ಬಂದರೂ ಅವರನ್ನು  
ಬಯ್ಯದೆ ಊಟ ತಿನ್ನಿಸುತ್ತಾಳೆ  
ಅವಳಿಗೆ ಊಟವಿಲ್ಲದಿದ್ದರೂ ಮಗುವಿಗೆ  
ನೀಡುವವಳು ಅವಳೇ ನಮ್ಮ ತಾಯಿ ಮಾತೆ ||

ತಾಯಿಯ ಬಣ್ಣ ಬಣ್ಣದ ಆಸೆಗಳನ್ನು  
ಪೂರೈಸುವುದು ನಮ್ಮೆಲ್ಲರ ಕರ್ತವ್ಯ  
ಅವಳ ಕನಸನ್ನು ನನಸು ಮಾಡುವ  
ಕಾರ್ಯದಲ್ಲಿ ಸಿದ್ಧರಾಗಬೇಕು ಏಕೆಂದರೆ  
ಅವಳು ಎಷ್ಟೇ ಕಷ್ಟ ಅನುಭವಿಸಿದರೂ ಹೇಳಿಕೊಳ್ಳುವುದಿಲ್ಲ ತಾಯಿ ||

### ಸಂಬಂಧ

ತಾಯಿಯ ಸಂಬಂಧ ಸುಂದರ  
ಅವಳ ಮುಗ್ಧ ಪ್ರೀತಿಯು ನಮಗೆ ವರ  
ಮಗುವಿನ ಸಂಬಂಧ ಸುಂದರ  
ತನ್ನ ಮಗುವೇ ಸಂಪೂರ್ಣ ಜಗತ್ತು ತಂದೆ ತಾಯಿಗೆ !  
ಗುರುವಿನ ಸಂಬಂಧ ಸುಂದರ  
ಅವರ ಬೋಧನೆ ನಮ್ಮೆಲ್ಲರಿಗೂ ಅಪಾರವರ  
ಶಿಷ್ಯರ ಸಂಬಂಧ ಸುಂದರ  
ಈ ಜಗತ್ತಿನಲ್ಲಿ ಎಲ್ಲವನ್ನು ಗುರುವಿನಿಂದಲೇ ಕಲಿಯುವರು !  
ಎಲ್ಲರ ಸ್ನೇಹವು ಸುಂದರ  
ಅದು ರಕ್ತ ಸಂಬಂಧಗಳನ್ನು ಮೀರಿದ ಒಂದು ಅನುಬಂಧ !  
ಸಮ್ಮೆಲ್ಲರ ಸಂಬಂಧ ಪ್ರಕೃತಿಯ ಚೊತೆ ಸುಂದರ  
ಎಲ್ಲವನ್ನೂ ನೀಡಿದೆ ನಮ್ಮ ಬಾಳನ್ನು ಸುಂದರಗೊಳಿಸಲಿಕ್ಕೆ  
ನಮ್ಮೆಲ್ಲರ ಸಂಬಂಧ ಸುಂದರ ದೇವರ ಚೊತೆ  
ಏಕೆಂದರೆ ನಾವೆಲ್ಲರೂ ಅವರ ಮಕ್ಕಳಾಗಿದ್ದೇವೆ ಈ ಪ್ರಕೃತಿಯಲ್ಲಿ.



ಸಿಂಧು ಭೈರವಿ  
ದ್ವಿತೀಯ ಪಿಯುಸಿ ಪಿಸಿಎಂಬಿ - ಎ



ಚರಣ್ ಆರ್  
ದ್ವಿತೀಯ ಪಿಯುಸಿ ಪಿಸಿಎಂಬಿ - ಬಿ

## ಅನುಬಂಧ

ಸಂಬಂಧ ನಮ್ಮ ಬಾಳಿನ ಅನುಬಂಧ  
ಸಂಬಂಧವಿಲ್ಲದೆ ಬಾಳಿಲ್ಲ ಸಂಬಂಧವಿಲ್ಲದೆ ನಾಡಿಲ್ಲ  
ಸಂಬಂಧವೆಂಬುದು ಬರೀ ಮಾತಲ್ಲ  
ಇಬ್ಬರ ನಡುವೆ ಇರುವ ಬಂಧನವನ್ನು  
ಎತ್ತಿ ತೋರಿಸುವ ಸೂಚಕ, ನಮ್ಮ ಬಾಳಿನ ಸೇವಕ

ಎಷ್ಟೇ ಕಷ್ಟ ಬಂದರೂ ಅದನ್ನು ತಡೆದು  
ಕಷ್ಟದಿಂದ ನಮ್ಮನ್ನು ಪಾರು ಮಾಡುವ ವರ  
ಈ ಸಾಗರದಂತೆ ಸಂಬಂಧದಲ್ಲಿ  
ಕಷ್ಟಗಳೆಲ್ಲಾ ತೆರೆಯಲ್ಲಿ ಮರೆಯಾಗಿ ಹೋಗಿ  
ಬದುಕನ್ನು ಭದ್ರಗೊಳಿಸುವ ಅಮರ ವರ

ಸಂಬಂಧವೆಂಬುದು ಸಾಗರಕ್ಕಿಂತ ಅತಿ ದೊಡ್ಡವೆಂಬುದು ನಿಜ  
ಮಾನವಗುಣದಲ್ಲಿ ಅನುಮಾನ ಬರುವುದು ಸಹಜ  
ಯಾವುದೇ ಕಾರಣಕ್ಕೂ ಈ ವಿಶಾಲ ಸಂಬಂಧವನ್ನು  
ಕೈಬಿಡದಿರುವ ಭಲವೆಂಬ ಚಾಣಾಕ್ಷವಿರುವುದೇ ಈ ಸಂಬಂಜ  
ಸಂಬಂಧದ ಬೆಲೆ ಅರಿತವರಿಗೇ ಸಂಬಂಧವೆಂಬ ಅನುಬಂಧ  
ಹಾಗಾಗಿ ಸಂಬಂಧವಿಲ್ಲದೆ ಬಾಳಿಲ್ಲ ಸಂಬಂಧವಿಲ್ಲದೆ ನಾಡಿಲ್ಲ

ಜೀವನದಲ್ಲಿ ಒಮ್ಮೆ ಕಳೆದುಕೊಂಡರೆ  
ಮತ್ತೊಮ್ಮೆ ಸಿಗಲು ಸಾಧ್ಯವಾಗದ ಬಂಧವೆಂದರೆ ಅದು ಸಂಬಂಧ  
ಬದುಕಿನಲ್ಲಿ ಎದುರಾಗುವ ಆಪತ್ತುಗಳನ್ನು  
ಮೀರಿ ಸಾಗುವುದೇ ನಿಜವಾದ ಸಂಬಂಧ  
ಸಂಬಂಧ ಬಲವಾಗಿದ್ದರೇನೇ ಸಂಸಾರಕ್ಕೆ ಬಲ  
ಕೋಟಿ ಬಂಧನದಲ್ಲಿ ಮೇಲಾಗಿರುಬ ಬಂಧ ಸಂಬಂಧ  
ಕೋಟಿ ಜನರ ಮಧ್ಯದಲ್ಲಿ ಬಂದರೂ ಮರೆಯಲಾಗದ ಬಂಧ  
ಈ ಸಂಬಂಧವೆಂಬ ಅನುಬಂಧ

## ಸ್ನೇಹ

ಸ್ನೇಹಿತ ಎಂಬುವವನು ನಮಗೆ ಎರಡನೆ ಪಿತ  
ಸ್ನೇಹಕ್ಕೆ ಬೇಡ ರಕ್ತ ಸಂಬಂಧದ ಹಿತ  
ಕಷ್ಟದಲ್ಲಿ ಬರದಿದ್ದರೂ ನನ್ನ ನೆಂಟರು  
ಬಂದು ನನ್ನ ಕೈ ಹಿಡಿದರು ನನ್ನ ಸ್ನೇಹಿತರು  
ನಾವು ಮಾಡುವ ಅಲ್ಪಸ್ವಲ್ಪ ಅಸಹಜ ಕೆಲಸಗಳಿಗೂ ಜೊತೆಯಾಗುವರು  
ಅದೇನಾದರೂ ತಪ್ಪುದಾರಿಯಾದರೆ "ಬೇಡ ಮಗ" ಎಂದು ತಿದ್ದುವರು  
ಸ್ನೇಹದ ಹೆಸರಲ್ಲಿ ಬೆನ್ನಿಗೆ ಚೂರಿ ಹಾಕಿದರೂ  
ನಾವು ಮರೆಯಬಾರದು ಅವರು ನಮ್ಮ ಸ್ನೇಹಿತರು  
ಸ್ನೇಹಿತ ಎಂಬ ಪದದಲ್ಲಿಯೇ ಇದೆ ಹಿತ  
ಅಂದರೆ ಅವರು ಯಾವಾಗಲೂ ಕೋರುವರು ನಮ್ಮ ಹಿತ  
ಆಸ್ತಿ ಕಿತ್ತುಕೊಳ್ಳಲು ಬರುವುವು ರಕ್ತ ಸಂಬಂಧಗಳು  
ಆದರೆ ಸ್ನೇಹಕ್ಕೆ ಅಡ್ಡಿ ಬರುವುದಿಲ್ಲ ಈ ಆಸ್ತಿ ಅಂತಸ್ತುಗಳು.



ಬೃಂದ ಎ.  
ದ್ವಿತೀಯ ಪಿಯುಸಿ ಪಿಸಿಎಂಸಿ - ಬಿ

## ಕನ್ನಡ ಪ್ರೇಮ

ನಮ್ಮ ರಾಜ್ಯ ಕರ್ನಾಟಕ  
ಎಂದೆಂದಿಗೂ ಇಲ್ಲಿ ಸುಖ !  
ಇಲ್ಲಿ ನೂರಾರು ಜನರ ಗುಂಪು  
ಇವರ ಮನಸ್ಸು ತುಂಬಾ ತಂಪು !

ಈ ಕನ್ನಡಿಗರ ಭಕ್ತಿ  
ಈ ರಾಜ್ಯಕ್ಕೆ ಇದು ಶಕ್ತಿ !  
ಇವರನ್ನೊಮ್ಮೆ ಕಾಣಿ  
ನೀವಾಗುವಿರಿ ಚಿರರುಣಿ !

ಬೆಳಗಾದರೆ ಕೋಗಿಲೆಯ ಸವಿಗಾನ  
ತುಂಬಾ ಮೃದು ಇವರ ಮನ, !  
ಕನ್ನಡ ಒಮ್ಮೆ ಕಲಿತು ನೋಡಿ  
ಹೆಮ್ಮೆಯಿಂದ ಮಾತನಾಡಿ !

ಕನ್ನಡ ಕಲಿತರೆ ಬಾಳಬದುದು ನಿತ್ಯ  
ಕನ್ನಡಿಗರು ಮಾತಾಡುವುದು ಸತ್ಯ !  
ಸುವರ್ಣವಾಗಲಿ ಕನ್ನಡ  
ಎಂದೆಂದಿಗೂ ಕನ್ನಡ !

ಕನ್ನಡ ನಾಡಿನ ಹಚ್ಚ ಹಸಿರು  
ನಮ್ಮೆಲ್ಲರ ಬದುಕಿನ ಹುಸಿರು !  
ಕರ್ನಾಟಕದ ಕೆಂಪು ಹಳದಿ  
ನಮಗೆ ಅದು ನೆಮ್ಮದಿ !

ಪ್ರಾಣಿಗಳೆ ಗುಣದಲಿ ಮೇಲು  
ಕನ್ನಡಿಗರದಕಿಂತ ಮೇಲು !  
ನಮ್ಮದಾದ ಕನ್ನಡ ಸಂಸ್ಕೃತಿ  
ಎಂದೆಂದಿಗೂ ಬೆಳೆಯಲಿ ನಮ್ಮ ಸಂತತಿ !



ಯೋಗಿತಾ ಆರ್.ಎಸ್.  
ದ್ವಿತೀಯ ಪಿಯುಸಿ ಸಿಇಬಿಎ - ಬಿ

## ಅಜರಾಮರ ಬಂಧ

ಅಂದದ ಆನಂದದಲಿ ಒಂದಾದ ಬಂಧ  
ಹೆಸರಿಟ್ಟರೆ ಅದೇ ಸ್ನೇಹ ಸಂಬಂಧ  
ಕೇವಲ ಎರಡೇ ಅಕ್ಷರಗಳಿದ್ದರೂ  
ವರ್ಣಿಸಲು ಜೀವನವೇ ಸಾಲದು ಅದೇ ಸ್ನೇಹ

ಇದರಲ್ಲಿಲ್ಲ ಯಾವುದೇ ಭೇದ  
ಎಲ್ಲೆಲ್ಲೂ ಅರ್ಥಪೂರ್ಣವಾಗಿರುವುದೇ ಈ ಸ್ನೇಹ  
ಇದಿಲ್ಲದಿದ್ದರೆ ಏನಾಗಬಹುದಿತ್ತು ಈ ಜಗತ್ತು  
ಅದಕ್ಕಾಗಿಯೇ ಇದಕ್ಕೆ ಬೆಲೆಕಟ್ಟಲಾಗದು ಅದೇ ಸ್ನೇಹ

ಶತಮಾನಗಳೇ ಉರುಳಿದರೂ ಎಂದೆಂದಿಗೂ ಶಾಶ್ವತ  
ಯುಗಯುಗಗಳಿಂದ ಅಮರವಾಯಿತು ಈ ಸ್ನೇಹ  
ಇದನ್ನು ಯಾರೂ ಕೂಡ ಹೇಳಿ ಕೇಳಿ ಮಾಡಿದ್ದಲ್ಲ  
ಏನೂ ತಿಳಿಯದೆ ಮುಗ್ಧ ಮನಸ್ಸುಗಳಲ್ಲಿ ಮೂಡಿತು ಅದೇ ಸ್ನೇಹ

ರಕ್ತ ಹಂಚಿಕೊಂಡವರಿಗಿಂತ ಇದು ಶ್ರೇಷ್ಠ  
ಈ ಬಂಧದಲ್ಲಿ ಇರುವುದೇ ಇಲ್ಲ ನಷ್ಟ  
ಕೊನೆಯೆಂಬುದೇ ಇದಕ್ಕೆಂದೂ ಕಂಡುಬಂದಿಲ್ಲ  
ಇದಕ್ಕಿಂತ ವರ ಮತ್ತೊಂದಿಲ್ಲ, ಅಜರಾಮರವಾಗಲಿ ಬಂಧ  
ಅದೇ ಸ್ನೇಹ ಸಂಬಂಧ



ಸಿದ್ಧಾನ್ತ್ ಕೆ  
ದ್ವಿತೀಯ ಪಿಯುಸಿ ಎಸ್‌ಇಬಿಎ



ಯುಕ್ತ ಕೆ. ಎಸ್.  
ಪ್ರಥಮ ಪಿಯುಸಿ ಎಸ್‌ಇಬಿಎ

## ಕನ್ನಡ ಸಂಸ್ಕೃತಿ

ಇಡೀ ಜಗತ್ತೇ ಅರಿತಿದೆ ಕನ್ನಡ ಸಂಸ್ಕೃತಿ  
ಕನ್ನಡಿಗರ ಮನಸ್ಸಿನಲ್ಲಿದೆ ಅಪರಿಮಿತ ಜ್ಞಾನದ ಕೃತಿ, ಆಕೃತಿ  
ನಮ್ಮ ನಾಡಲ್ಲಿ ಕನ್ನಡ ಮತ್ತು ಕನ್ನಡಿಗರಿಗೆ ಇಲ್ಲ ಮಿತಿ  
ಕನ್ನಡಿಗರೇ ತಿಳಿದುಕೊಂಡು ಬಾಳಿ ಕನ್ನಡ ಸಂಸ್ಕೃತಿ.

ರಾಜ್ಯದಲ್ಲಿ ಯಕ್ಷಗಾನ ಡೊಳ್ಳು ಕುಣಿತವಿದೆ  
ವಿವಿಧ ಕಲೆ ಸಂಸ್ಕೃತಿಗಳ ಜನಪದ ಲೋಕವಿದೆ  
ಕರ್ನಾಟಕದಲ್ಲಿ ಸಂಸ್ಕೃತಿ ಹಸಿರು ಹಸಿರಾಗಿದೆ  
ಕನ್ನಡದ ಸಂಸ್ಕೃತಿ ನಮ್ಮೆಲ್ಲರ ಹುಸಿರಾಗಿದೆ

ಎಲ್ಲಾ ಕಡೆಯೂ ಸಿಂಹದ ಘರ್ಜನೆ  
ಜನರಿಗೆ ಬೇಕು ಸಂಸ್ಕೃತಿ ಶಿಕ್ಷಣ  
ಕನ್ನಡ ನಾಡಿನ ಸಂಸ್ಕೃತಿಯೇ ಜೀವನ  
ಅರಗಿಸಿ ಅರಳಿಸಿಕೊಳ್ಳಿ ಸಂಸ್ಕೃತಿಯ ಪಾನ

ಕವಿಗಳು ಕನ್ನಡ ನಾಡನ್ನು ನೋಡಿ ಹೊಗಳಿದರು  
ಏಕೆಂದರೆ ಇಲ್ಲಿನ ಸಂಸ್ಕೃತಿ ನೋಡಿ ಕರಗಿತ್ತು ಅವರ ಮನಸ್ಸು  
ಕಪ್ಪು ಮಣ್ಣಿನ ನಾಡು ಕರುಣೆಯಿಂದ ಕೂಡಿತ್ತು  
ಅದಕ್ಕೆ ಆಯಿತು ಕರ್ನಾಟಕದ ಹೆಸರು ಕರುನಾಡು

## ಪ್ರಕೃತಿ

ಹಾ ! ಅತ್ತ ನೋಡು,  
ನೀಲವರ್ಣದಿಂ ಕಾಣುವ ಸಂಧ್ಯಾಸಮಯದ ಬೆಟ್ಟದ ತಪ್ಪಲನ್ನು,  
ಹಸಿರಿನಿಂದ ಕೂಡಿರುವ ಗಿಡಮರ ಬಳ್ಳಿಗಳನ್ನು,  
ಕ್ಷೀರಧಾರೆಯಂತೆ ಹರಿಯುತ್ತಿರುವ ಜಲಪಾತವನ್ನು,

ಹಾ ! ಅಲ್ಲಿ ಕೇಳು,  
ಸುಮಧುರ ಕಂಠದ ಕೋಗಿಲೆಯ ಸವಿಗಾನವನ್ನು,  
ಪ್ರೇಮದಲಿ ನಲಿಯುತ್ತಿರುವ ಜೋಡಿಹಕ್ಕಿಗಳ ಕಲರವವನ್ನು,  
ಭೂಮಿಯನ್ನು ಸ್ಪರ್ಶಿಸುತ್ತಿರುವ ಮಳೆಯ ಶಬ್ದವನ್ನು,  
ಜೀವಜಂತುಗಳ ಜನನನಿಯಾದ ಇಳಿಯ ಹೃದಯ ರಾಗವನ್ನು,

ಹಾ ! ಇತ್ತ ಸೇವಿಸು,  
ಮಳೆರಾಯನನ್ನು ಸ್ವಾಗತಿಸಿದ ಮಣ್ಣಿನ ಸುವಾಸನೆಯನ್ನು,  
ನಿಸರ್ಗ ಮಾತೆಯ ವರಪ್ರಸಾದವಾದ ಸಿಹಿಸವಿ ಹಣ್ಣುಗಳನ್ನು,  
ಅಮೃತಕ್ಕೂ ಮಿಗಿಲಾದ ನದಿರಾಣಿಯ ಹನಿ ನೀರನ್ನು,  
ವನರಾಜನ ಅಲಂಕಾರದ ಕುಸುಮದ ಸುಗಂಧವನ್ನು,

ಹಾ ! ಇಲ್ಲಿ ಆನಂದಿಸು,  
ತ್ವಚೆಯನ್ನು ತುಂಟತನದಿಂದ ಸ್ಪರ್ಶಿಸುವ ತಂಗಾಳಿತನ್ನು,  
ಸ್ವಾತಿಮುತ್ತಿನ ಮಳೆ ಹನಿಯ ಪ್ರೇಮ ಸ್ಪರ್ಶವನ್ನು,  
ದಿನಕರನ ಉಗ್ರ ಕಿರಣಗಳಿಂದ ರಕ್ಷಿಸುವ ವೃಕ್ಷರಾಜನ ನೆರಳನ್ನು,  
ನಿರಾಶಿತ ಹೃದಯವನ್ನು ಅಂಗೀಕರಿಸುವ ವಾಯುದೇವನನ್ನು,



ಪ್ರಿಯಾಂಕ ವಿ  
ಪ್ರಥಮ ಪಿಯುಸಿ ಎಂಇಬಿಎ

## ಕನಸು

ಮೂಡಣ ನೇಸರನು  
ಪಡುವಣ ಸೇರುವ ಕನಸು ;  
ಅಣಕಟ್ಟಿನ ನದಿಗೆ ,  
ಹರಿದು ಹೋಗುವ ಕನಸು;

ದಾರಿ ತಪ್ಪಿದ ಹಕ್ಕಿಗೆ,  
ಗೂಡು ತಲುಪುವ ಕನಸು;  
ಮುಗಿಯದ ಹೆಜ್ಜೆಗೆ,  
ಊರ ಸೇರುವ ಕನಸು;

ಕನಸು ಹೊತ್ತ ಕನಸಿಗೆ,  
ಮಿತಿಯ ಕಡಿವಾಣವೇಕೆ;  
ಬೇಲಿ ಹಾಕಲು ಕನಸಿಗೆ,  
ಆಗುವುದೆಂತು ನನಸು



ವರ್ಷ ಆರ್.  
ದ್ವಿತೀಯ ಪಿಯುಸಿ ಪಿಸಿಎಂಬಿ- ಬಿ

## ಅರಳುವ ಆಲೋಚನೆಗಳು

ಇಚ್ಛಿಸು, ಯೋಚಿಸು,  
ತನ್ನಲಾದಷ್ಟು ಕಲ್ಪಿಸು,  
ಕತ್ತಲು ಸರಿಸುವ ಭಾಷ್ಯರನಂತೆ  
ನಿನ್ನ ಸಾಮರ್ಥ್ಯವನ್ನರಿತು ಕರುಣಿಸು.

ಆಲೋಚಿಸು, ಬದಲಾಯಿಸು,  
ಮೊಗ್ಗಿನ ಮನಸುಗಳನ್ನು ಪ್ರೇರೇಪಿಸು  
ಸಂಶೋಧನೆಯ ಮೇಧಾವಿಯಂತೆ  
ಪೊಸತನ್ನು ಕಾಣುವ ನಾಯಕನಂತೆ  
ಪರಿಣಾಮವನ್ನರಿತು ನಿರ್ಧರಿಸು.

ಹಂಬಲಿಸು, ಹುಡುಕಾಡಿಸು,  
ಕುತೂಹಲದ ಅನ್ವೇಷಣೆಯನ್ನು ಶೋಧಿಸು  
ಭೂಮಿ ಆಕಾಶದೆತ್ತರ  
ಸೋಲು ಗೆಲುವಿನ ಅಂತರ  
ಅರಿಯಲಾಗದೆಂದು ಕೈಕಟ್ಟಿದೆ  
ಘಳಿಯಲು ಯತ್ನಿಸು.

ಕನಸು ನನಸು  
ಬಿಟ್ಟರೂ ಬಿಡದ ಮನಸು  
ಆಸಕ್ತಿಯ ಉರುಪ್ಪನೇರಿ  
ತನ್ನದೇ ಆದ ಸ್ವಂತ ಬುದ್ಧಿವಂತಿಕೆಯಿಂದ  
ಅಪರಿಚಿತರಿಗೆ ತಿಳಿಯದ ನಿನ್ನ ಹೆಸರನ್ನು  
ಅಲ್ಲೇ ಎಲ್ಲಾದರೂ ಸಾಧನೆಯ ಪಟ್ಟಿಯಲ್ಲಿ ಸ್ಥಾಪಿಸು.



ಶಾರನ್ ಆರ್.  
ದ್ವಿತೀಯ ಪಿಯುಸಿ ಪಿಸಿಎಂಬಿ - ಬಿ

## ಕರ್ನಾಟಕದ ಭಾಷೆ, ಕಲೆ ಮತ್ತು ಸಂಸ್ಕೃತಿಗಳ ಮಹತ್ವ

ಕನ್ನಡ ಎಂಬುದು ಕೇವಲ ವರ್ಣಮಾಲೆಯಲ್ಲ, ಅದು ನಮ್ಮ ಕರ್ನಾಟಕದ ಹೆಮ್ಮೆಯ ಭಾಷೆ. ಕರ್ನಾಟಕ ಎಂಬುದು ಕೇವಲ ರಾಜ್ಯವಲ್ಲ, ಅದು ನಮ್ಮ ಕಲೆ, ಸಂಸ್ಕೃತಿ ಹಾಗೂ ಗೌರವದ ಪ್ರತೀಕ. ಇಂತಹ ರಾಜ್ಯದಲ್ಲಿ ಹಲವಾರು ಕವಿಗಳು ತಮ್ಮ ಅದ್ಭುತವಾದ ಕಾವ್ಯಗಳಿಂದ ನಮ್ಮ ರಾಜ್ಯದ ಭಾಷಾ ಶೈಲಿಯನ್ನು ಹೆಚ್ಚಿಸಿದ್ದಾರೆ.

ಮೊದಲನೆಯದಾಗಿ ನಮ್ಮ ಕರ್ನಾಟಕದ ಭಾಷೆಯ ಬಗ್ಗೆ ಮಾತನಾಡುವುದಾದರೆ ಕರ್ನಾಟಕದ ಭಾಷೆ "ಕನ್ನಡ" ನಮ್ಮ ರಾಜ್ಯವು ಬಹುತೇಕ ಕನ್ನಡಿಗರಿಂದ ತುಂಬಿ ತುಳುಕುತ್ತಿದೆ. ವಿವಿಧತೆಯಲ್ಲಿ ಏಕತೆ ಎನ್ನುವಂತೆ ಕನ್ನಡವನ್ನೇ ಹಲವಾರು ಶೈಲಿಯಲ್ಲಿ ಮಾತನಾಡುತ್ತೇವೆ. ನಮ್ಮಲ್ಲಿ ಉತ್ತರ ಕರ್ನಾಟಕ, ದಕ್ಷಿಣ ಕರ್ನಾಟಕ ಎಂಬುದಾಗಿ ರಾಜ್ಯವಿರುವ ಕಾರಣ ಪ್ರತಿಯೊಂದು ಜಿಲ್ಲೆಯಲ್ಲಿ ಕನ್ನಡ ಮಾತನಾಡುವ ಶೈಲಿ ಬೇರೆ ಬೇರೆಯದೇ ಇರುತ್ತದೆ.

ಭಾಷೆಯನ್ನು ಯಾವರೀತಿ ಮಾತನಾಡಿದರೂ ನಾವೆಲ್ಲ ಕನ್ನಡಿಗರು. ಕನ್ನಡಕ್ಕಾಗಿ ಹಾಗೂ ಕನ್ನಡದ ಹೇಳಿಗಾಗಿ ನಾವೆಲ್ಲರೂ ಒಂದಾಗಿ ನಿಲ್ಲಲು ಸದಾ ಸಿದ್ಧರಾಗಿರುತ್ತೇವೆ. ಇದಕ್ಕೆ ಉದಾಹರಣೆಯಾಗಿ ನೋಡುವುದಾದರೆ ನಮ್ಮ ರಾಜ್ಯದಲ್ಲಿ ಕನ್ನಡವನ್ನು ಪ್ರಥಮ ಭಾಷೆಯಾಗಿ ಸ್ವೀಕರಿಸಿದ್ದೇವೆ. ನಮ್ಮ ಪಠ್ಯ ಪುಸ್ತಕಗಳಲ್ಲಿಯೂ ಸಹ ಕನ್ನಡಕ್ಕಾಗಿ ಮಡಿದು ದುಡಿದ ವ್ಯಕ್ತಿತ್ವಗಳನ್ನು ಹಾಗೂ ಶ್ರೇಷ್ಠ ಕವಿಗಳ ಜೀವನದ ಬಗ್ಗೆ ತಿಳಿದುಕೊಳ್ಳುತ್ತೇವೆ. ಕರ್ನಾಟಕದಲ್ಲಿನ ಕವಿಗಳು ಕನ್ನಡ ಭಾಷೆಯನ್ನು ಅತ್ಯುನ್ನತ ಸ್ಥಾನಕ್ಕೆ ಏರಿಸಿದ್ದಾರೆ. ನಮ್ಮಲ್ಲಿರುವ ಕವಿಗಳು ರಚಿಸಿರುವ ಕಾವ್ಯಗಳು, ಕೀರ್ತನೆಗಳು ನಮಗೆಲ್ಲರಿಗೂ ದಾರಿದೀಪವಾಗಿವೆ. ಅವರ ಕಾವ್ಯಗಳು ನಮ್ಮನ್ನು ಒಳ್ಳೆಯ ದಾರಿಯತ್ತ ಸಾಗಿಸುತ್ತವೆ ಹಾಗೂ ನಮ್ಮ ಜೀವನವನ್ನು ಕ್ರಮಬದ್ಧವಾಗಿ ಸಾಗಿಸಲು ಸಹಾಯಕವಾಗಿವೆ.

ಇನ್ನು ನಮ್ಮ ಕರ್ನಾಟಕದ ಕಲೆ. ಇದರ ಬಗ್ಗೆ ಮಾತನಾಡಲು ನನಗೆ ಬಹಳ ಖುಷಿ ಹಾಗೂ ಹೆಮ್ಮೆಯಾಗುತ್ತದೆ. ಏಕೆಂದರೆ ನಮ್ಮ ಕಲೆಗಳು ಕನ್ನಡಿಗರ ಹೆಮ್ಮೆಯ ಹಾಗೂ ಹಿರಿಮೆಯ ಪ್ರತೀಕ. ನಮ್ಮ ಕರ್ನಾಟಕದಲ್ಲಿರುವ ಸಂಗೀತ, ನೃತ್ಯ, ಹಬ್ಬ, ಆಚರಣೆಗಳು ಸಾಗರದಷ್ಟು ವಿಶಾಲ ಹಾಗೂ ಆಕಾಶದಷ್ಟು ಎತ್ತರವಾಗಿವೆ. ನಮ್ಮ ಕರ್ನಾಟಕದಲ್ಲಿ ಬಹಳ ವಿಶಿಷ್ಟವಾದ ಜಾನಪದ, ಸಾಹಿತ್ಯ ಸಂಗೀತ ನೃತ್ಯ ಹಾಡು

ಸೊಬಗು ಶೈಲಿಗಳು ಎಲ್ಲರ ಮೈ ಮನಸ್ಸನ್ನು ಹೊಕ್ಕುವಂತಹವು. ಪ್ರತಿಯೊಂದು ಗ್ರಾಮ ಹಳ್ಳಿಗಲ್ಲೂ ವಿಶೇಷ ಹಾಡು ನೃತ್ಯ ಇತಿಹಾಸ, ಪುರಾಣ, ಕತೆ ಮುಂತಾದವು ಸಾಂಸ್ಕೃತಿಕ ಮೌಲ್ಯಗಳ ಕಲೆಗಳಾಗಿ ಪರಿವರ್ತನೆಯಾಗಿವೆ. ದಕ್ಷಿಣ ಕನ್ನಡ ಜಿಲ್ಲೆಯನ್ನು ಗಮನಿಸಿದರೆ ಡೊಳ್ಳುಕುಣಿತ, ಯಕ್ಕಗಾನ, ವೀರಗಾಸೆ, ಕೋಲಾಟ, ಬೈಲಾಟ ಹೀಗೆ ಹಲವಾರು ವೈವಿಧ್ಯಮಯ ನೃತ್ಯ ಪ್ರಬೇಧಗಳನ್ನು ಕಾಣಬಹುದು.

ಇಂದು ನಮ್ಮ ಕರ್ನಾಟಕದ ಈ ಕಲೆಗಳು ರಾಷ್ಟ್ರಮಟ್ಟ ಹಾಗೂ ಅಂತರಾಷ್ಟ್ರೀಯ ಮಟ್ಟದಲ್ಲಿ ಪ್ರಸಿದ್ಧವಾಗಿವೆ. ಇದು ನಮ್ಮ ಹೆಮ್ಮೆಯ ಸಿರಿ.

ಕರ್ನಾಟಕ ಸಂಸ್ಕೃತಿ - ನಾವು ಕನ್ನಡಿಗರು ವಿಶಾಲ ಹೃದಯಿಗಳು, ಏಕೆಂದರೆ ನಮ್ಮಲ್ಲಿ ಬರೀ ಕನ್ನಡಿಗರಲ್ಲ, ಬದಲಿಗೆ ಹತ್ತು ಹಲವು ಭಾಷೆಗಳನ್ನು ಮಾತನಾಡುವ ಜನರನ್ನು ಅಪ್ಪಿಕೊಳ್ಳುತ್ತಿದ್ದೇವೆ. ಇದು ನಮಗಿರುವ ಸಂಸ್ಕಾರವನ್ನು ತೋರಿಸುತ್ತದೆ. ನಮ್ಮಲ್ಲಿರುವ ಕವಿಗಳು, ಕಲೆಗಳು, ದೇವಾಲಯಗಳು, ಇಂದಿನ ಯುಗಕ್ಕೆ ಸರಿಸಮನಾಗಿರುವ ಕಾರ್ಖಾನೆಗಳು, ನಮ್ಮಲ್ಲಿ ದೊರಕುವ ವಿದ್ಯೆ, ನಮ್ಮ ನೆಲದ ಮಣ್ಣಿನ ಶಕ್ತಿಯನ್ನು ತೋರಿಸುತ್ತದೆ. ಇವೆಲ್ಲದರೊಂದಿಗೆ ನಮ್ಮ ಕನ್ನಡಿಗರು ಸಾಧನೆಯ ಗುರಿಯತ್ತ ಸಾಗುತ್ತಾ ಹಲವಾರು ಸಾಧನೆಗಳನ್ನು ಮಾಡುತ್ತಿರುವುದು ಬಹಳ ಸಂತೋಷದ ವಿಷಯವಾಗಿದೆ. ಅಂದಿನ ವಿಜಯನಗರ ಸಾಮ್ರಾಜ್ಯದಿಂದ ಹಿಡಿದು ಇಂದಿನ ಇನ್‌ಫೋಸಿಸ್ ವರೆವಿಗೂ ನಮ್ಮ ಕನ್ನಡಿಗರು ಬಹಳಷ್ಟು ಸಾಧನೆಗಳನ್ನು ಮಾಡುತ್ತಾ ನಮ್ಮ ಸಂಸ್ಕೃತಿಯನ್ನು ಎತ್ತಿ ಹಿಡಿದಿದ್ದಾರೆ.

ಅಂದಿನ ಸಾಮ್ರಾಜ್ಯಕ್ಕೆ ರಾಜರಿದ್ದರೆ ಇಂದು ಅದೇ ಸ್ಥಾನದಲ್ಲಿ ನಮ್ಮ ಕರ್ನಾಟಕವನ್ನು ಆಳಲು ಮಂತ್ರಿಗಳಿದ್ದಾರೆ. ಆಗಿನ ಕಾಲದ ಕವಿಗಳು ರಚಿಸುತ್ತಿದ್ದ ಪದ್ಯಗಳು ನಮ್ಮ ಸಂಸ್ಕೃತಿ ಇತಿಹಾಸ ಹಾಗೂ ಒಳ್ಳೆಯ ಮೌಲ್ಯಗಳನ್ನು ನಮಗೆ ಕೊಡುಗೆಯಾಗಿ ಕೊಟ್ಟಿವೆ. ಇಂದಿನ ಕವಿಗಳು ನಮಗೆ ತಮ್ಮ ಪದ್ಯಗಳ ಮೂಲಕ ಎಲ್ಲಾ ರೀತಿಯ ಕೆಟ್ಟತನದಿಂದ ಎಚ್ಚರ ವಹಿಸುವ ಜಾಗೃತಿಯನ್ನು ಮೂಡಿಸುತ್ತಾರೆ. ಹೀಗೆ ನಮ್ಮ ಸಂಸ್ಕೃತಿ ಬಹಳ ಎತ್ತರಕ್ಕೆ ಎಲ್ಲಾ ರೀತಿಯಲ್ಲೂ ಹಬ್ಬಿ ಬೆಳೆಯುತ್ತಿದೆ.

ನಾವು ಕನ್ನಡಿಗರು ಭಾಷೆಯ ಬಗ್ಗೆ ಹಾಗೂ ನಮ್ಮ ಕಲೆ ಬಹು ಮುಖ್ಯವಾಗಿ ಕರ್ನಾಟಕದ ಬಗ್ಗೆ ಬಹಳ ಹೆಮ್ಮೆಯಿಂದ ಜೀವಿಸಬೇಕು ರಾಷ್ಟ್ರ ಕವಿ ಕುವೆಂಪುರವರು ನುಡಿದಂತೆ "ಎಲ್ಲಾದರು ಇರು, ಎಂತಾದರು ಇರು, ಎಂದೆಂದಿಗೂ ನೀ ಕನ್ನಡವಾಗಿರು"

ಕನ್ನಡದ ಹಿರಿಮೆ ನಮ್ಮ ಯೋಚನೆಗೂ ಮಿಗಿಲಾದುದು, ನಮ್ಮ ರಾಜ್ಯ ಒಂದು ಶ್ರೀಮಂತ ಸಂಸ್ಕೃತಿಯ ನೆಲೆ. ಪಂಪ, ರನ್ನ, ಜನ್ನರಂತಹ ಕವಿಗಳ ಕಾವ್ಯಗಳು ಕುವೆಂಪುರವರ ಮಾರ್ಗದರ್ಶನಗಳೂ, ನಮ್ಮ ಹೆಮ್ಮೆಯ ರಾಜಮನೆತನಗಳು, ರಾಜರು, ಅವರು ಮಾಡಿದ ಅಭಿವೃದ್ಧಿ ಕಾರ್ಯಗಳು, ಇವೆಲ್ಲವನ್ನೂ ನಾವು ತಿಳಿಯುವ ಯೋಗ ಹೊಂದಿರುವುದು ನಮ್ಮ ಭಾಗ್ಯವೇ ಸರಿ. ವಿಶ್ವೇಶ್ವರಯ್ಯರವರಂಥ ಮಹಾನ್ ವ್ಯಕ್ತಿತ್ವ ನೆಲೆಸಿದ ನಾಡಲ್ಲಿ ನೆಲೆಗೊಂಡಿರುವ ನಾವೇ ಧನ್ಯರು. ಹಾಗಾಗಿ ನಾವು ಕನ್ನಡಿಗರು ಸದಾ ಒಗ್ಗಟ್ಟಿನಿಂದ, ಹೆಮ್ಮೆಯಿಂದ ಹಾಗೂ ಖುಷಿಯಿಂದ ಕರ್ನಾಟಕದಲ್ಲಿ ನೆಲೆಸಬೇಕು. ●



ಲಕ್ಷ್ಮಿ ಬಿ.ಎನ್.

ಪ್ರಥಮ ಪಿಯುಸಿ ಪಿಸಿಎಂಬಿ - ಬಿ

## ಮೂಢನಂಬಿಕೆಗಳು ಮತ್ತು ಸಮಾಜ

ಮೂಢನಂಬಿಕೆ ಕೂಡ ಮಾನವನಷ್ಟೇ ಹಳೆಯದು, ವಿಜ್ಞಾನದ ಜ್ಞಾನವಿಲ್ಲದೆ ಆದಿಮಾನವರು ಮೂಢನಂಬಿಕೆಗಳನ್ನು ಸುಲಭವಾಗಿ ನಂಬಿದರು. ಇದು ಅನಕ್ಷರತೆ ಅಜ್ಞಾನದಿಂದ ಹುಟ್ಟಿ ಬೆಳೆದುಕೊಂಡು ಬಂದಿತು. ವೈಜ್ಞಾನಿಕ ಚಿಂತನೆ ಇಲ್ಲದೆ, ಮಂತ್ರ ತಂತ್ರ ಮುಂತಾದವುಗಳಲ್ಲಿ ನಂಬಿಕೆಯನ್ನು ಇಟ್ಟುಕೊಳ್ಳುವುದನ್ನೇ ಮೂಢನಂಬಿಕೆ ಎಂದು ಕರೆಯಬಹುದು. ವಿದ್ಯಾವಂತರು ಸಹ ಇಂದಿನ ಸಮಾಜದಲ್ಲಿ ಮೂಢನಂಬಿಕೆಗಳನ್ನು ಅನುಸರಿಸುತ್ತಾರೆ. ಇದನ್ನು ಪ್ರತಿ ಗ್ರಾಮ, ಹಳ್ಳಿ ನಗರ ಎಲ್ಲಾ ಕಡೆ ಕಾಣಬಹುದು. ನಾವು ಹುಟ್ಟಿದಾಗಿನಿಂದ ಸಾಯುವವರೆಗೆ ಮೂಢನಂಬಿಕೆಗಳು ನಮ್ಮನ್ನು ಕಾಡುತ್ತಿರುತ್ತವೆ. ಇದರಿಂದ ನಮಗೆ ಸಿಗುವ ವಿಷಯವೇನೆಂದರೆ ಸಮಾಜದ ಜನರ ಮನೋಭಾವನೆಯನ್ನು ಮೂಢನಂಬಿಕೆ ತನ್ನ ಹಿಡಿತದಲ್ಲಿಟ್ಟುಕೊಂಡಿದೆ ಎಂಬುದು ತಿಳಿಯುತ್ತದೆ.

ಮೂಢನಂಬಿಕೆ ಪುರಾತನ ಕಾಲದಿಂದಲೂ ಬಂದಿದೆ ಎಂದರೆ ತಪ್ಪಾಗುವುದಿಲ್ಲ, ಇವನ್ನು ಅನುಸರಿಸುವುದನ್ನು ಕೆಲವು ವರ್ಷಗಳ ನಂತರ ನಿಲ್ಲಿಸಲು ಸಾಧ್ಯವಾಗುವುದಿಲ್ಲ. ಏಕೆಂದರೆ ನಮ್ಮ ಸಮಾಜದ ಮೇಲೆ ಮೂಢನಂಬಿಕೆಗಳು ಭಾರಿ ಪ್ರಮಾಣದಲ್ಲಿ ಪರಿಣಾಮ ಬೀರಿವೆ. ಅದು ಎಷ್ಟರ ಮಟ್ಟಿಗೆ ಅಂದರೆ ನಮ್ಮ ದೈನಂದಿನ ಚಟುವಟಿಕೆಗಳ ಮೇಲೂ ಪರಿಣಾಮ ಬೀರಿವೆ. ಜೀವನದ ಎಲ್ಲಾ ಸಂದರ್ಭಗಳಲ್ಲಿಯೂ ಇದು ನಮ್ಮ ಸೂಪ್ತದಲ್ಲಿ ಇದ್ದೇ ಇರುತ್ತದೆ.

ಪಟ್ಟಣಕ್ಕಿಂತ ಹಳ್ಳಿಗಳಲ್ಲಿ ಹೆಚ್ಚು ಮೂಢನಂಬಿಕೆಗಳನ್ನು ಅನುಸರಿಸುತ್ತಾರೆ ಎಂದು ವರದಿ ಬಂದಿದೆ. ನಾವು ಸಾಮಾನ್ಯವಾಗಿ ನೋಡುವುದರ ಪ್ರಕಾರ ಗಂಡಸರಿಗಿಂತ ಹೆಂಗಸರು ಹೆಚ್ಚು ಮೂಢನಂಬಿಕೆಗಳನ್ನು ಹೊಂದಿರುತ್ತಾರೆ. ಇದರಿಂದ ಹೆಂಗಸರು ದೈಹಿಕ ದೌರ್ಜನ್ಯಕ್ಕೆ ಒಳಗಾಗಿರುವುದನ್ನು ನಾವು ಕಾಣಬಹುದು. ಬಡವರು ಮತ್ತು ಮೂಢನಂಬಿಕೆ ಇರುವ ಜನರು ವೈಜ್ಞಾನಿಕವಾಗಿ ಸಹಾಯ ಪಡೆಯುವುದಕ್ಕಿಂತ ಕಳ್ಳಸ್ವಾಮಿಗಳು ಮಂತ್ರವಾದಿಗಳ ಹತ್ತಿರಕ್ಕೆ ಹೋಗುವುದನ್ನು ನೋಡಬಹುದು. ಓವಿ ಮತ್ತು ಸಾಮಾಜಿಕ ಜಾಲತಾಣಗಳು ಇದನ್ನು ವಿರೋಧಿಸಬೇಕು. ಮೂಢನಂಬಿಕೆಗಳಿಂದ ಹಲವಾರು ಜನರು ಮನಸ್ಸಿನ ಒತ್ತಡಕ್ಕೆ ಸಿಲುಕಿ ಬಳಲುತ್ತಿದ್ದಾರೆ. ಇದು ಆತಂಕವನ್ನು ಹೆಚ್ಚು ಮಾಡುತ್ತದೆ. ಇಂತಹ ವಿಷಯಗಳನ್ನು ಜನರು ನಂಬುವುದರಿಂದ ಸಮಾಜದಲ್ಲಿ ನಷ್ಟ ಉಂಟಾಗುತ್ತದೆ. ಮಾರುಕಟ್ಟೆ,

ಆರ್ಥಿಕತೆ, ವ್ಯವಹಾರಗಳಲ್ಲಿಯೂ ನಷ್ಟ ಉಂಟಾಗುತ್ತದೆ. ವಿದ್ಯಾರ್ಥಿಗಳಾದ ನಾವು ನಮ್ಮ ಸಮಾಜವನ್ನು ವೈಜ್ಞಾನಿಕವಾಗಿ ಆಲೋಚಿಸುವ ಸಮಾಜವನ್ನಾಗಿ ಬದಲಾಯಿಸಬೇಕು. ಮೂಢನಂಬಿಕೆಗಳನ್ನು ನಿಲ್ಲಿಸಲು ಜನರನ್ನು ವಿದ್ಯಾವಂತರನ್ನಾಗಿ ಮಾಡಬೇಕು. ಮತ್ತು ಅವರಿಗೆ ದೈರ್ಯ ತುಂಬಬೇಕು. ನಮ್ಮ ದೇಶದಲ್ಲಿ ಅಷ್ಟೇ ಅಲ್ಲ ಪಾಶ್ಚಿಮಾತ್ಯ ದೇಶದವರೂ ಸಹ ಮೂಢನಂಬಿಕೆಗಳನ್ನು ನಂಬುತ್ತಾರೆ. ಉದಾಹರಣೆಗೆ 13 ಸಂಖ್ಯೆಯ ಭಯವನ್ನು ತೆಗೆದುಕೊಳ್ಳೋಣ ಪಶ್ಚಿಮ ದೇಶದವರು ಈ ಸಂಖ್ಯೆಯನ್ನು ಅಶುಭ ಎಂದು ತಿಳಿದು ವಿರೋಧಿಸುತ್ತಾರೆ. ಕ್ರೈಸ್ತರ ಕೊನೆಯ ಸಪ್ಪರ್ ಇದರ ಮೂಲವಾಗಿದೆ. ಕ್ರಿಸ್ತರು ಕೊನೆಯದಾಗಿ ಊಟ ಮಾಡಿದಾಗ ಅವರ ಜೊತೆ 13 ಜನರು ಇದ್ದರು, ಈ ಕೊನೆಯ ಸಪ್ಪರ್ ಆದ ನಂತರ ಕ್ರಿಸ್ತರನ್ನು ಶಿಲುಬೆಗೇರಿಸಲಾಯಿತು.

ಇದರಿಂದ ಪಾಶ್ಚಿಮಾತ್ಯ ದೇಶದವರು 13 ಸಂಖ್ಯೆಯನ್ನು ಮಾರಣಾಂತಿಕ ಎಂದು ಪರಿಗಣಿಸುತ್ತಾರೆ. ನಮ್ಮ ಭಾರತ ದೇಶದಲ್ಲಿ ಹಲವು ರಾಜಕಾರಣಿಗಳು ಪ್ರಮಾಣ ವಚನ ಸ್ವೀಕರಿಸಲು ಮಂಗಳಕರವಾದ ದಿನವನ್ನು ಆಯ್ದುಕೊಳ್ಳುತ್ತಾರೆ. ಇದರಿಂದ ನಮಗೆ ತಿಳಿಯುವುದೇನೆಂದರೆ ದೊಡ್ಡ ದೊಡ್ಡ ವ್ಯಕ್ತಿಗಳೂ ಸಹ ಮೂಢನಂಬಿಕೆಗಳಿಗೆ ಮೊರೆ ಹೋಗುತ್ತಾರೆ. ಗೌತಮಬುದ್ಧರು ಮೂಢನಂಬಿಕೆಯನ್ನು ನಮ್ಮ ಸಮಾಜದಿಂದ ಕಿತ್ತೊಗೆಯಲು ಹಲವು ಪ್ರಯತ್ನಗಳನ್ನು ಮಾಡಿದರು. ಅವರು ನಮಗೆ ಮೊದಲು ಕೇಳುವ ವಿಷಯವನ್ನು ಕೂಲಂಕಷವಾಗಿ ಅಧ್ಯಯನ ಮಾಡಿ ಯೋಚಿಸಿ, ನಿರ್ಧರಿಸಿ, ಪರೀಕ್ಷಿಸಿ ನಂತರ ನಂಬಬೇಕು. ಎಂದು ಹೇಳಿದ್ದರು. ಆದರೆ ಇಂದು ನಾವು ಇದನ್ನು ಮಾಡುತ್ತಿಲ್ಲ. ಮೊದಲು ನಮ್ಮ ಮನಸ್ಸಿನಲ್ಲಿ ವೈಜ್ಞಾನಿಕ ಚಿಂತನೆಯನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳಬೇಕು.

ಹೊತ್ತು ಮುಳಿದಾಗ ಉಗುರು ಕತ್ತರಿಸಬಾರದು, ಬೆಳಿಗ್ಗೆ ಏಳಬೇಕಾದರೆ ಬಲಕ್ಕೆ ಎದ್ದೇಳಬೇಕು, ಬೆಕ್ಕು ಅಡ್ಡ ಬಂದರೆ ಸ್ವಲ್ಪಹೊತ್ತು ಇದ್ದು ಹೋಗಬೇಕು, ಹೀಗೆ ನಾವು ಆಚರಿಸುವ ಪ್ರತಿಯೊಂದು ನಂಬಿಕೆಗಳೂ ಒಂದಲ್ಲ ಒಂದು ಕಾರಣಗಳನ್ನು ಹೊಂದಿರುತ್ತವೆ. ಆ ಕಾರಣವನ್ನು ಹುಡುಕಲು ನಾವು ಯಾವಾಗಲೂ ಆಸಕ್ತರಾಗಿರಬೇಕು, ಆದರೆ ಜ್ಯೋತಿಷ್ಯ ಹಾಗೂ ಇನ್ನು ಕೆಲವು ವಿಷಯಗಳು ಮೂಢನಂಬಿಕೆಗಳೆ, ಇದರಿಂದ ನಮ್ಮ ಸಮಾಜ ಬಹಳಷ್ಟು ಹಾಳಾಗುತ್ತದೆ. ಇದರಿಂದ ನಮಗೆ ನಮ್ಮ ಬಗ್ಗೆಯೇ ನಂಬಿಕೆ ಇಲ್ಲದಂತಾಗುತ್ತದೆ. ನಾವು ನಮ್ಮನ್ನು ನಂಬದೆ ಜೋತಿಷ್ಯವನ್ನು ನಂಬಿ ಅದನ್ನೇ ಅನುಸರಿಸುತ್ತೇವೆ. ಇದು ನಮ್ಮ ಮಾನಸಿಕ ಆರೋಗ್ಯದ ಮೇಲೆ ದುಷ್ಪರಿಣಾಮವನ್ನು ಮತ್ತು ನಕಾರಾತ್ಮಕ ಶಕ್ತಿಯನ್ನು ಬೀರುತ್ತದೆ. ಆದ್ದರಿಂದ ಸಮಾಜದಲ್ಲಿ ಜನರಿಗೆ ಮನಶಾಂತಿ ಇಲ್ಲದಂತಾಗುತ್ತದೆ. ●



ಯಶಸ್ವಿನಿ  
ಪ್ರಥಮ ಪಿಯುಸಿ ಪಿಸಿಎಂಸಿ ಎ

## ಪರಿಸರ ರಕ್ಷಣೆಯಲ್ಲಿ ಯುವಜನತೆ ಹಾತ್ರ

ನಮ್ಮ ಪರಿಸರ ಎಷ್ಟು ಶುದ್ಧವಾಗಿಗೇಯೋ ಅಷ್ಟೇ ಶುದ್ಧವಾದ ಗಾಳಿ ನಮಗೆ ದೊರಕುವುದು. ನಾವು ಹಿಂದಿನ ಕಾಲದ ಚಿತ್ರಗಳನ್ನು ನೋಡಿದಾಗ ಎಷ್ಟು ಸುಂದರವಾಗಿತ್ತು ನಮ್ಮ ನಾಡು, ಪರಿಸರ ಹಸಿರಾಗಿತ್ತು ಎಂದೆನಿಸುತ್ತದೆ. ಇದಕ್ಕೆಲ್ಲಾ ಮುಖ್ಯ ಕಾರಣ ಹಿಂದಿನ ಕಾಲದ ನಮ್ಮ ಹಿರೀಕರಿಗೆ ಪರಿಸರದ ಮೇಲಿದ್ದ ಕಾಳಜಿ, ಅವರು ನಮ್ಮ ನಾಡು ನಮ್ಮ ಜಾಗ ಎಂದು ಯೋಚಿಸಿ ಗಿಡ ಮರಗಳನ್ನು ನೆಟ್ಟು ಅದಕ್ಕೆ ಸರಿಯಾದ ನೀರು ಗೊಬ್ಬರ ಆಹಾರ ನೀಡಿ ಬೆಳೆಸುತ್ತಿದ್ದರು. ಅರಣ್ಯವನ್ನು ಕಡಿದು ನಾಶ ಮಾಡುತ್ತಿರಲಿಲ್ಲ.

ಪರಿಸರವೆಂದರೆ ಬರೀ ಗಿಡ ಮರವಾಗುವುದಿಲ್ಲ, ಪ್ರಾಣಿ ಪಕ್ಷಿ, ನೆಲ, ಜಲ, ವಾಯು ಬೆಟ್ಟ ಗುಡ್ಡಗಳೂ ಸಹ ಸೇರಿರುವುವು. ಹಿಂದಿನ ಕಾಲದಲ್ಲಿ ಆಮ್ಲಜನಕದ ಕೊರತೆ ಇರಲಿಲ್ಲ, ಹಾಗೆಯೇ ಆಹಾರದ ಸಮಸ್ಯೆ ಕೂಡ ಕಡಿಮೆ ಇರುತ್ತತ್ತು. ಆದರೆ ಇಂದಿನ ಯುವಜನತೆ ಪರಿಸರಕ್ಕೆ ಹಾನಿಯಾಗುವಂತೆ ತಮ್ಮ ಜೀವನ ಶೈಲಿಯನ್ನು ರೂಢಿಸಿಕೊಂಡು ಬದುಕುತ್ತಿದ್ದಾರೆ. ಗಿಡ ಮರಗಳನ್ನು ನೆಡುವುದಿರಲಿ ಗಿಡ ಮರಗಳನ್ನು ಕತ್ತರಿಸಿ ಅವರಿಗೆ ಬೇಕಾದಂತೆ ಉಪಯೋಗಿಸುತ್ತಿದ್ದಾರೆ. ಪರಿಸರಕ್ಕಿಂತ ಹಣದ ಮೇಲೆ ಯುವಕರಿಗೆ ಹೆಚ್ಚಿನ ಆಸಕ್ತಿ ಇರುವಂತಿದೆ. ಇದರಿಂದ ಬಹಳ ಚಿಕ್ಕ ವಯಸ್ಸಿನಲ್ಲಿಯೇ ಹೃದಯಾಘಾತ ಅಸ್ತಮಾ, ಕ್ಯಾನ್ಸರ್ ಮುಂತಾದ ಕಾಯಿಲೆಗಳಿಗೆ ಒಳಗಾಗುತ್ತಿದ್ದಾರೆ. ಬೆಟ್ಟ ಕಾಡುಗಳನ್ನೆಲ್ಲಾ ಹೊಡೆದು ಹಾಕಿ ಕಲ್ಲಿನಿಂದ ಮನೆ ಕಟ್ಟಿ ದುಡ್ಡು ಮಾಡಿಕೊಳ್ಳುತ್ತಿದ್ದಾರೆ. ಪರಿಸರ ನಮ್ಮ ಉಪಯೋಗಕ್ಕಾಗಿ ಮಾತ್ರವಲ್ಲ, ಪ್ರಕೃತಿಯಲ್ಲಿ ಬದುಕುವ ಪ್ರತಿಯೊಂದು ಪ್ರಾಣಿ ಪಕ್ಷಿ ಜೀವಜಂತುಗಳಿಗಾಗಿ, ಅವು ಕೂಡ ದೇವರ ಸೃಷ್ಟಿ, ನಾವು ನಮ್ಮ ಉಪಯೋಗಕ್ಕಾಗಿ ಮರಗಳನ್ನು ಕತ್ತರಿಸಿದರೆ ಪ್ರಾಣಿ ಪಕ್ಷಿ ಹುಳ ಕೀಟ ಜೀವಜಂತುಗಳು ಎನು ಮಾಡಬೇಕು, ಪಕ್ಷಿಗಳು ಗೂಡನ್ನು ಎಲ್ಲಿ ಕಟ್ಟಿಕೊಂಡು ವಾಸ ಮಾಡಬೇಕು. ನಮ್ಮ ಸಂತೋಷಕ್ಕೋಷ್ಕರ ಏನನ್ನೂ ಯೋಚಿಸದೆ ಆ ಮೂಕ ಪ್ರಾಣಿಗಳಿಗೆ ತೊಂದರೆ ನೀಡುವುದು ಸರಿಯಲ್ಲ.

ಈ ರೀತಿ ಮಾಡುತ್ತಿರುವುದರಿಂದ ಪರಿಸರದಲ್ಲಿ ಏರುಪೇರು ಗಳುಂಟಾಗಿ, ಬೇಸಿಗೆ, ಮಳೆ, ಚಳಿಗಾಲಗಳೆ ಬದಲಾಗಿವೆ, ಬಿರಿಗಾಳಿ, ಚಂಡಮಾರುತ, ಅತಿವೃಷ್ಟಿ ಅನವೃಷ್ಟಿಗಳಿಗೆ ಒಳಗಾಗಿ ಪ್ರಕೃತಿ ವಿಕೋಪ

ಗಳುಂಟಾಗುತ್ತಿವೆ. ಇದಕ್ಕೆಲ್ಲಾ ಕಾರಣ ಅರಣ್ಯನಾಶ, ಮಾಲಿನ್ಯಗಳು, ಕಾರ್ಖಾನೆಗಳನ್ನು ಶುರುಮಾಡಿ ಇದರ ಮಾಲಿನ್ಯಯುತ ನೀರು ನದಿಸಮುದ್ರಗಳನ್ನು ಸೇರಿ ಕಲುಷಿತವಾಗುತ್ತಿದೆ. ಇದರಿಂದ ಸಮುದ್ರ ಪ್ರಾಣಿಗಳಿಗೆ ತೊಂದರೆಯಾಗುತ್ತಿದೆ. ಈಗಿನ ಯುವಜನತೆ ಪ್ರಕೃತಿಯನ್ನು ಕಾಪಾಡುವಲ್ಲಿ ಕೈ ಜೋಡಿಸಬೇಕು, ಪರಿಸರದಿಂದ ಮಾತ್ರ ನಮ್ಮ ಪರಿಸರ, ನಾಡು, ದೇಶ ಎಂದು ಕಿರುಚುವರು, ಜೊತೆಗೆ ಮಾಧ್ಯಮಗಳಲ್ಲಿ ಚಿತ್ರಗಳನ್ನು ಹಿಡಿದು ಗಿಡಬೆಳೆಸಿ ನಾಡು ಉಳಿಸಿ ಎಂದು ಹೇಳುವರು, ಆದರೆ ನಿಜಜೀವನದಲ್ಲಿ ಸ್ವತಃ ತಾವೇ ಒಂದು ಗಿಡವನ್ನೂ ಬೆಳೆಸುವುದಿಲ್ಲ.

ಸಿಕ್ಕಿದ ಜಾಗದಲ್ಲಿ ಕಸ ಎಸೆಯುವರು, ಯಾರಾದರೂ ದ್ವನಿ ಏರಿಸಿ ಕೇಳಿದರೆ “ ನಾನು ಒಬ್ಬ ಹಾಕಿದರೆ ಏನೂ ಆಗುವುದಿಲ್ಲ” ಎಂದು ಹೇಳುತ್ತಾರೆ. ನಾವು ಯುವಜನತೆ ಶಕ್ತಿ ಯುಕ್ತಿ ಜ್ಞಾನ ತಂತ್ರಜ್ಞಾನ ಯಾವುದರಲ್ಲೇ ಮುಂದೆ ಇದ್ದರೂ ಸಹ, ಯಾವ ಕ್ಷೇತ್ರದಲ್ಲಿ ಕೆಲಸ ಮಾಡುತ್ತಿದ್ದರೂ ಸಹ ನಮ್ಮ ಜವಾಬ್ದಾರಿಯನ್ನು ಮರೆಯಬಾರದು. ನನ್ನ ಅಭಿಪ್ರಾಯವೇನೆಂದರೆ ಎಷ್ಟೋ ಜನಸಾಮಾನ್ಯರು ಪರಿಸರವನ್ನು ಕಾಪಾಡಲು ಮತ್ತು ಬೆಳೆಸಲು ತಮ್ಮದೇ ಆದ ರೀತಿಯಲ್ಲಿ ಸೇವೆ ಸಲ್ಲಿಸುತ್ತಿದ್ದಾರೆ ಮತ್ತು ಪರಿಸರ ಪ್ರೇಮಿಗಳಿದ್ದಾರೆ. ಉದಾಹರಣೆಗೆ ಸಾಲುಮರದ ತಿಮ್ಮಕ್ಕ ನಾವು ಎಷ್ಟೇ ಬಿಡುವಿಲ್ಲದ ಕಾರ್ಯದಲ್ಲಿ ತೊಡಗಿಕೊಂಡಿದ್ದರೂ ಸ್ವಲ್ಪ ಸಮಯ ಉದ್ಯಾನವನ ಅಥವಾ ಕಾಡು ನದಿ ಪರಿಸರದಲ್ಲಿ ಓಡಾಡುವುದರಿಂದ ಆರೋಗ್ಯ ಮನಶಾಂತಿ ಸಿಗುತ್ತದೆ. ನಮ್ಮ ಸುತ್ತ ಮುತ್ತಲ ಪ್ರಾಣಿ ಪಕ್ಷಿಗಳಿಗೆ ಆಹಾರ ನೀರನ್ನು ನೀಡಿ ಗಿಡ ನೆಟ್ಟು ಮರ ಬೆಳೆಸಿ ಆಸರೆಯಾಗಬೇಕು. ಆ ಮೂಲಕ ಸಂತೋಷ ಪಡೋಣ, ಪರಿಸರ ಮಾಲಿನ್ಯವನ್ನು ತಡೆದು ನಮ್ಮ ಮುಂದಿನ ಪೀಳಿಗೆಗೆ ಕಾಪಿಡೋಣ ನಿಸರ್ಗಜೀವಿಯಾಗಿ ಬದುಕಿ ಅಷ್ಟೇ ಪ್ರೀತಿ ಸಂತೋಷದಿಂದ ನಿಸರ್ಗವನ್ನು ನೋಡಿಕೊಳ್ಳೋಣ. ●





14 September 2022

*Hindi Diwas*



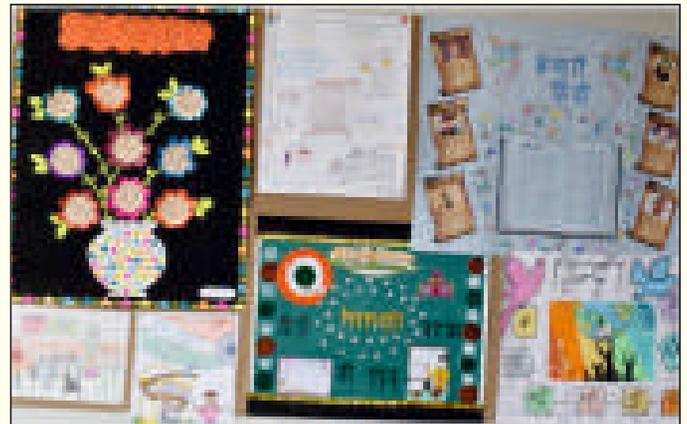
Dignitaries on the Dais



Ms Sarita Lighting the Lamp



Dance Performance



Posters





14 September 2022

A Poster - Making competition was conducted on the occasion of 'Hindi Divas'. The theme for the event was 'Hamaari Hindi'

I	Swayam	II MSBA
II	Israr Ahmed	II MSBA
III	Sadiya Sitara	II PCMB-A



Poster - Making' Prize Winners with the Committee

Poetry writing competition was conducted by the club. The theme for the event was based on Nature, Life, Politics and Sisterhood.

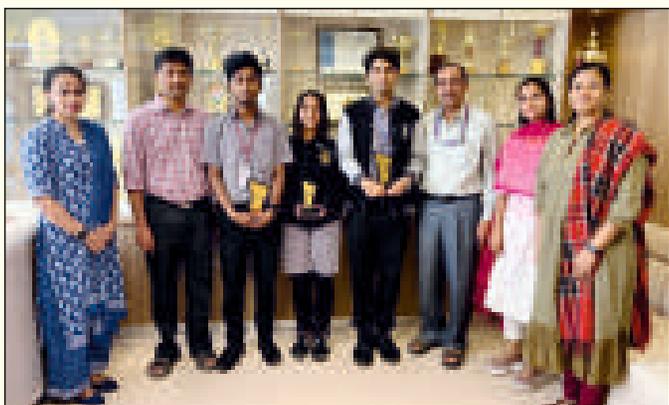
I	Krishna J E E	II PCMB-A
II	Darshan S Solanki	II SEBA
III	Akanksha V Malde	II MSBA
Consolation Prize	Sourabh Rankawat	II HEPyS



'Poetry Writing' Prize Winners with the Committee

Pick and Speak contest was conducted where the students were given random topics on the spot. The topics were chosen to reflect important qualities surrounding human life and humanity.

I	Sagnik Basu	I CEBA-B
II	Yashovardhan	II HEPyS
III	Akanksha V Malde	II MSBA



Pick and Speak' Prize Winners with the Committee

Creative writing contest was conducted by the club. The theme was related to Employment.

I	Shreya Jain	I CEBA - A
II	Krishna J E E	II PCMB - A
III	Shreyas R Kamath	II HEPyS



'Creative Writing' Prize Winners with the Committee



आरुषी श्रीवास्तव  
II SEBA

## परिश्रम : सफलता की कुंजी

जीवन की सफलता का मूलमंत्र है - 'परिश्रम'। परिश्रम किए बिना आदमी कभी सफलता नहीं पा सकता। अगर वह सफलता पा भी लेता है तो वह सफलता ज़्यादा समय के लिए नहीं रहेगी। बिना पसीना बहाए कोई अपनी सफलता का कोई मोल नहीं रहेगा। वह अपनी मुफ्त की सफलता का कदर नहीं करेगा।

राष्ट्र हो या व्यक्ति 'परिश्रम' ही उसको उच्चतम शिखर तक ले जाता है। संसार में जहाँ भी तथा जो भी व्यक्ति यदि उन्नति के शिखर पर पहुँचा होगा, तो उसका केवल एक कारण है - अधिक और लगातार परिश्रम। मेहनत ही एक ऐसी चीज़ है जो व्यक्ति को सफलता दिलाकर भी रुकने नहीं देता। वह इंसान को उस सफलता की कीमत बताता है, उसको अपनी सफलता पर घमंड नहीं करने देता और उसकी सफलता का दुरोपयोग करने से रोकता है।

सपने देखना तो हर कोई जानता है, पर उस सपने को सच करने का जुनून सिर्फ वही लोग रख सकते हैं जो परिश्रम से जी ना चुराता हो। शेर को भी अपनी भूक मिटाने के लिए स्वयं शिकार करना पड़ता है। सोते हुए शेर के मुँह में पशु स्वयं प्रवेश नहीं करता है। इसी तरह ज़िंदगी में कुछ हासिल करने के लिए हमें ही मेहनत करनी पड़ेगी, कोई दूसरा हमारे दरवाज़े पर सफलता को नहीं लाएगा।

“हर दो मिनट की शोहरत के पीछे, आठ घंटे की कड़ी मेहनत होती है” ●



कृष्णा  
II PCMB-A

## राजनीति

हुआ था जन्म इसका जनहित के कल्याण के लिए,  
अभी यह प्रचलित है ऐश मोज के लिए और आराम के लिए,  
हर वर्ष इसके अनुयायी है, देश भक्ति में डूबते  
एक वर्ष बाद फिर वे देशभक्ति को भूलते आ रहा है,  
अब समय बदलाव का राह रीति अब नष्ट होगी  
जीत होगा जनहित के विश्वास का || ●

## प्रकृति

वृक्ष की छाँव में सोया हूँ  
सरोवर सुमन में खोया हूँ  
प्रातः काल दिवाकर भी आए है  
उमंग और ऊर्जा साथ लाए है  
खग गिरी के ऊपर जा रहे हैं  
और शब्द टकराकर वापस आ रहे हैं  
मधुकर मँजरी पर मंडरा रहे है  
दूर वायु भी मुस्कुरा रहे है  
यहाँ कितनी शांति कितना आराम है  
धरती तो स्नेह प्रेम की धाम है  
हे माँ प्रकृति मेरा आपको प्रणाम है || ●



श्रीनिवास  
II PCMB 'A'

## अब डरना नहीं है .....

बस यूँ ही खाली बैठा हूँ,  
आपबीती से टूटा हूँ |  
ना मंजिल का पता है ना राह का,  
बस घर मे पड़ा हूँ बेकार सा |

हालत यूँ है कि कुछ पता नहीं,  
फिलहाल कुछ करने की इच्छा नहीं |  
कुछ सोचू तो उसमे आती है बाधा  
शुरू करने से पहले मन टूट जाता है आधा ,

ज़िंदगी में बहुत कठिनाई है,  
मेरा पीछा करती मेरी आदत है बहुत पुरानी,  
भागने की मेरी आदत है बहुत पुरानी,  
ज़िंदगी के निवेश मे यहीं है मेरी कहानी |  
अब ,  
डरना नहीं है मुझे इन सवालों से  
सबका जवाब देना है अपनी निगाहों से  
सच्चाई से भाग नहीं सकते थे मेरी परछाई |  
मुझे लड़ना है क्योंकि मुझमें अच्छाई है |

जैसे घर गर्मी के बाद बरसात होती है,  
वैसे परिश्रम के बाद ही सफलता की आशा होती है,  
सब कुछ भूल कर लग जाओ लगन से,  
तब फिर सफलता चूमेगी उन्मुक्त गगन से |



दर्शन सोलंकी  
II SEBA

## अनोखी दुनिया

मुझे ऐसी जगह है जाना  
जहां सब कुछ हो अनजाना,  
क्रोध, घृणा से दूर  
जहां शांति हो भरपूर ||

जहां टिमटिमाते तारे  
मिटा दे सारे दुख हमारे,  
जहां चाँद स्वयं बने सहारा  
और सब कुछ लगे प्यारा-प्यारा ||

न मार-काट, न दंगल  
जहां सब कुछ हो मंगल,  
न जात-पात , न विवाद  
जहां सब कुछ हो आबाद ||

मुझे तो ऐसी जगह है सोना  
जहां घनघोर स्वयं हो बिछौना,  
इस दुनिया से दूर मुझे है जाना  
जहां सब कुछ हो अनजाना ||



अनमोल कटायत  
II PCMC-A

## मेरी प्रेरणा

मेरा जीवन साकार करने के लिए  
 उसने क्या कुछ नहीं किया |  
 बदले में उसने आज तक मुझसे  
 कुछ भी नहीं लिया ||  
 कई सारी महान हस्ती ने जोड़ी  
 अपने शब्दों की मोती |  
 और भगवान गौतम बुद्ध को भी  
 यहीं मिली अपनी ग्यान की ज्योति ||  
 जो करे तेरा सही से उपयोग  
 वह सब हुए अजय |  
 जैसे राजा शिवाजी ने पाया  
 इसकी वजह से ही विजय ||  
 जब तक था मैं, इस भरे भीड़ में  
 इसने मुझे सिर्फ रोना सिखाया  
 और जब मैं तेरे पास आया तो तूने  
 अपने आप में खोना सिखाया ||  
 जब तक ना देखूँ वे  
 पहाड़, नाले, नदी, और हरे वन |  
 तब तक शांत नहीं रह पाता  
 मेरा यह उलझा हुआ मन | ●



Aniket Thorat  
II PCME

## संयम की कहानी

मैं एक मनुष्य हूँ,  
 समय समय की मेरी कहानी है  
 समय समय की मेरी मनुष्यता है |  
 समय-समय की मेरी सोच है  
 समय-समय के मेरे जज्बात और हालात है |  
 समय के साथ बदलता मेरा अस्तित्व है  
 समय के साथ बदलता मेरा शरीर है |  
 इस समय के बंधन से ही तो मैं जीवित हूँ  
 अगर यह समय ना होता तो मैं भी ना होता |  
 जी रहा हूँ मैं इसलिए क्योंकि यह समय ने ही तो मुझे जीवनी दि है |  
 जन्मों के नहीं बस कुछ पल के कठपुतली है हम इस समय के दौर से  
 खेले गए एक छोटी सी शतरंज की बाज़ी है हम इस समय के द्वारा प्रकट  
 हुए आखिर सिर्फ मनुष्य ही तो है हम | ●

*"The most beautiful experience we can have is the mysterious. It is the fundamental emotion that stands at the cradle of true art and true science." – Albert Einstein*

Students took part in Eco Blitz organised by St. Anne's PU College on 23rd June, 2022. They participated in competitions like Poster - Making and Best out of waste.

Sharmily H, Chirashri V Nayaka	II PCMC A	Poster - Making	III Prize
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This academic year, our Science and Commerce students were enrolled for various exams conducted by the Science Olympiad Federation (SOF)

6 students wrote the International English Olympiad (IEO) on 14th October, 2022.

Pulluri Amrutha Varshini of II PCMC B won the gold medal.

3 students wrote National science Olympiad (NSO) on 3rd November, 2022

2 students wrote International Mathematics Olympiad (IMO) on 10th November, 2022

2 students wrote International Commerce Olympiad (ICO) on 24th January, 2023

Students participated in essay writing competition on the topic - 'How the Government's Space Programme influenced the Indian economy, History of Indian Space Program, India's Space Program in Mapping and Communication & Space Exploration'. It was organised by the Department of Science and Technology, Karnataka State Council for Science and Technology.

Maths and Science club organised 'Young Inventors' competition which was open to all the students belonging to Arts, Commerce and Science stream. This competition aimed at giving a platform for innovative thinking by students. It was held on 25th November, 2022



Anush N & Poojitha K of I PCMB A - II Prize



Darshan S Solanki & Siddarth K of II SEBA - III Prize

The winners of the young inventors participated in the Science exhibition organised by KLE educational Society on 15th December 2022.



Hardik Borana & Sanjiv Sekaran M of II PCMB B - I Prize

150 students of II PUC Science stream visited the **Visvesvaraya Industrial and Technological Museum**, Bangalore on 20th December 2022 as an educational trip.



A farm visit to 'Bella Vista' in Hoskote was organised for the Biology students on 26 November 2022.



*"Commerce is the equalizer of the wealth of nations." - William E Gladstone*

Guest Lecture on 'Stock Market and Trading'

Speaker: **Mr Saayed Shahil**

17 September 2022

The speaker, Mr Saayed Shahil, delivered a talk to the students about the changing trends of Stock Market and Trading like,

- i. Mutual Fund investing
- ii. Power of investing in SIP
- iii. Decoding financial statements
- iv. Important aspects of financial statements
- v. Ratio analysis for Decision Making
- vi. Stock market cycle
- vii. Women in investment initiative.

Following the talk, there was an interactive session with the speaker. Many insightful questions were satisfactorily answered by the speaker. ●



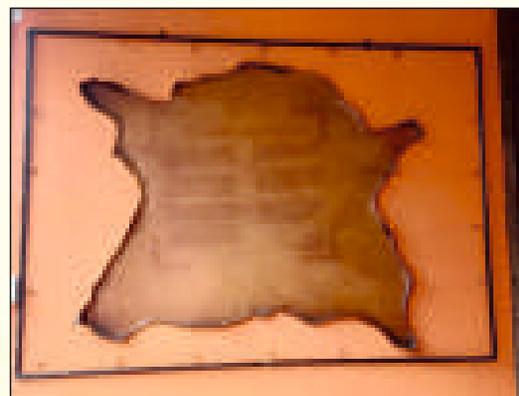
### An Industrial Visit

Venue: Deccapel Fashions, Peenya & Brilliant Printers,

Nelamangala, Bengaluru

9, 22, 24 November 2022

The Commerce club organized an Industrial visit to give an exposure to students on practical applications of their academic learning. An active participation from the students created successful learning experiences. ●



An exhibit at the leather factory



Students on a guided tour at the Deccapel Fashions



A leather collection



A Welcome note at the Brilliant Printers



Students at the printing press

# Crossword Puzzle on Commerce and Business



Jahanvi Kavadia  
II CEBA A  
I Prize



Chiranth G  
II CEBA A  
II Prize



Sanna Ali - II MEBA - III Prize



*"To travel, to experience, and learn: that is to live." – Tenzing Norgay*

Educational Trip to Historical Sites

17 September 2022

A one - day educational trip was organised to the twin cities of historical significance, Beluru and Halebidu, for the II PUC history students to study the art and culture of the Hoysala dynasty.



*"The ballot is stronger than the bullet" - Abraham Lincoln*

## Walkathon

9 November 2022

The Election Commission of India conducted Walkathon. It was organized by the BBMP on 9 November 2022, from 6:30am to 8:30 am. The walk started from Cubbon Park main gate and ended at the Bal Bhavan.

Students received placards which spread the importance of elections. Students and teachers of our college took active participation in this event. ●



# Mock Parliament



22 November 2022

A District level Mock Parliament was held at Maharani Lakshmi Ammanni College for Women by the Election Commission of India. Students from various colleges belonging to Bengaluru North District participated in the event. Students from the Electoral Literacy Club of our college participated in this event with excitement and hopes of learning more about the parliamentary proceedings of our country.

The program began with lighting the lamp by the esteemed judges and guests, followed by the State Anthem. The parliament sessions thus began with the entrance of the speaker and the obituary reading dedicated to Mr Mulayam Singh Yadav, the Former Defence Minister of India. The first round was the debate round. The agendas of the session were: National Education Policy 2020, Twitter in India, Relationship of India and Russia in context of Ukraine/Russia War, Economy of India after Covid - 19, Agnipath scheme. Round two was the discussion of the approval of the Women's Reservation Bill. The discussion concluded with a vote on its approval/disapproval. The third round was the Zero Round where discussion on general topics such as vaccines, women empowerment were conducted. After these rounds the parliamentary sessions came to an end.



The Mock Parliament ended with a valedictory ceremony and feedback session after which the winners were announced followed by the National Anthem.

Our students participated by asking questions to the ministers, and they returned with lots of new information, knowledge over the proceedings of the parliament, and political discourse. The students who participated in this event are: Dhanush Adithyan from II PCMC A, Amrutha Varshini P from II PCMC B, Swayam Jain from II MSBA, Lincy Mathias from II HEPyS, Nayana K from II HEPyS and Shreyas Kamath from II HEPyS. ●



# National Voters' Day

25 January 2023



Ms Apeksha Paul conducting the Programme

As per the guidelines of the Election Commission of India, on the occasion of National Voters' Day, the ELC of our college conducted 3 competitions - Essay Writing, Poster Making and Quiz on 28 November 2022 in college premises. These competitions were conducted at different levels: College level -> Taluk level -> District level -> State Level.

30 students actively participated in these competitions. The winners of each competition were awarded and qualified to participate at the Taluk level.

Students also took part in taking the Voters' pledge. ●



Students taking the Voters' Pledge



Students taking part in the Competitions



*"You can never have an impact on society if you have not changed yourself." – Nelson Mandela*

The club activities for the academic year 2022-23 commenced on 26th June 2022, on the occasion of **"International Day Against Drug Abuse and Illicit Trafficking"**. The students made posters depicting the physical and psychological impact of substance abuse, drug-related problems and deaths due to overdose of drugs across the globe. These posters were displayed on the main notice boards at the entrance to educate the students. ●



The second event **"Van Mahotsav"** was celebrated in the 1st week of July 2022. "Van Mahotsav" is a tree planting festival during which thousands of trees were planted across the country by various groups including government organizations, civic bodies and individuals. As a part of this, we the SSL club members organized a painting competition **"ECO CANVAS"**, on 20 July 2022. The theme was "Nurture the Nature". Nearly 70 students actively participated in it and three were declared winners.

On 28 July 2022, 24 saplings were distributed to all the 24 classes during the assembly. The students were given an insight on the importance of nurturing the nature and conserving it. The saplings were given away to the class representatives of every class by our Principal, Mr Vinod Amrithraj and Vice Principal, Dr. Flora D'Souza. The students were asked to grow the plants in their respective class



Eco Canvas – Painting Competition

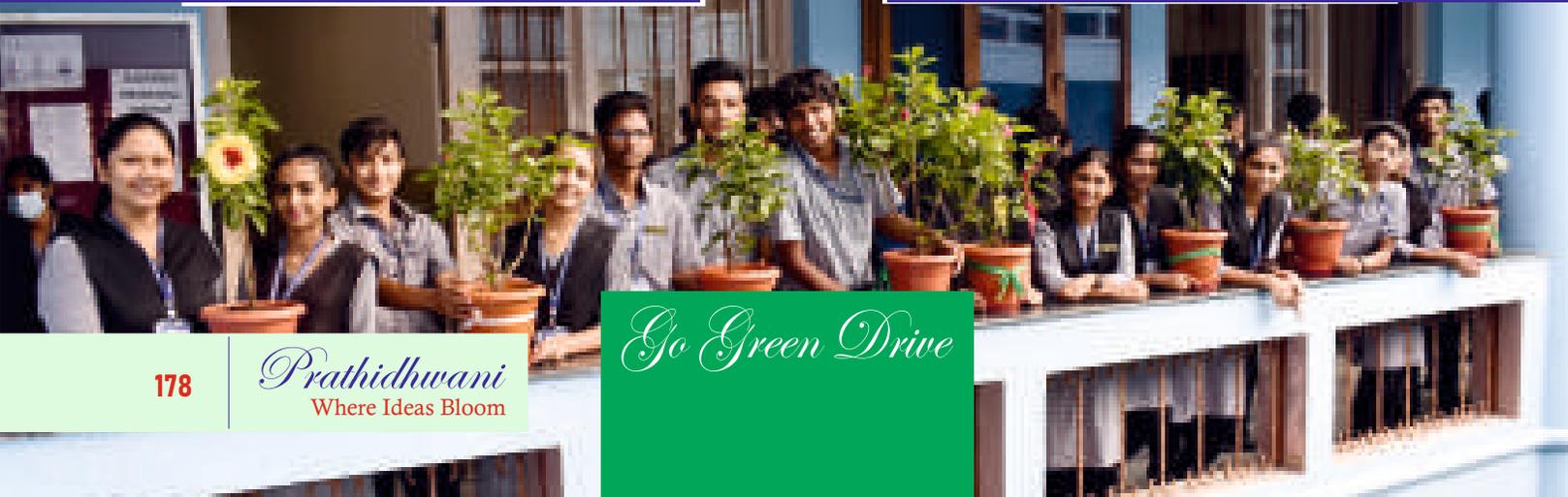
rooms, name them and nurture them. In order to instill a spirit of competition, the students were also promised that the class that nurtures and grows the plants well would be rewarded. ●



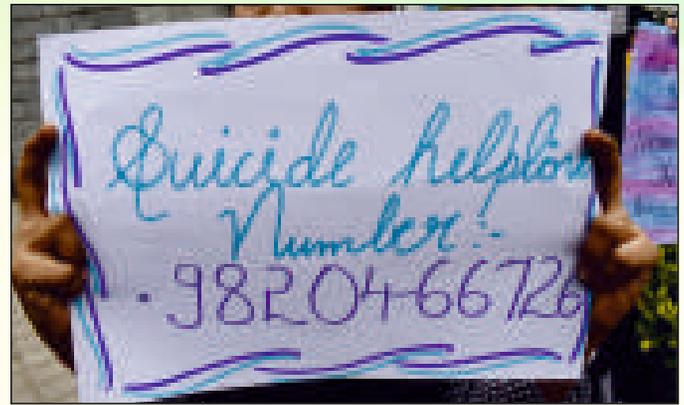
Ms Saritha Roshan presenting a sapling to the Principal



The Committee



**World Suicide Prevention Day** is observed on 10 September every year. To create public awareness, the Department of Counselling in association with the Social Service League conducted a human chain in front of the college campus and at nearby places. It began in the presence of our Director Rev Fr Cyril Menezes SJ, Principal Mr Vinod Amrithraj and Vice Principal Dr Flora D'Souza. Students from the league actively participated in preparing posters for the human chain. ●



**III Installation of Office bearers of Interact Club** of St Joseph's Indian Composite PU College for the academic year 2022-23 was held on 20 September 2022. The program was sponsored by Rotary Bangalore Orchards. The occasion was graced by the presence of Rtn. Farooq E Azam, the President of Rotary Bangalore Orchards, Rtn. Lalitha Murthy, Youth Service Director of Rotary Bangalore Orchards and other Rotarians. Rev Fr Cyril Menezes SJ, the Director, and Mr M Vinod Amrithraj, the Principal of the college were the Guests of Honour.



Interact Club Members

**Office Bearers of Interact club are as follows:**

President	Vedanth	II PCME
Vice President	Bharath	II SEBA
Secretary	Jacintha Sneha	II PCMB'A'
Joint Secretary	Chetan Kumar	II PCMC 'A'
Treasurer	Akanksha V Malde	II MSBA
Sergeant - at - Arms	Prathiba	II PCMB B
Club Service Director	Nayana	I HEPyS
Community Service Director	Manasa S	II CEBA A
International Service Director	Shahid	II PCMC B
Youth Service Director	Reena Mary	II CEBA B
Bulletin Editor	Nethi Yashitha	II MEBA
Events	Jaya Surya	II HEBA
Vocational Service Director	Priyadarshini	I HEPyS

"Of all the races, there is no better stage for heroism than a marathon."

**"Vidhiathon 2022"** was conducted on 25 September 2022. It was organized by the Rotary club in association with various event partners. The SSL and Interact club of SJICPUC took initiative to enrol our students to the 3k, 5k, 10k run with a theme of 'Run for Saving Lives'. Students from various classes (around 70 students) took part in the event. The major takeaway for all the participants, both staff and students, was their realisation for physical fitness for good health.



Vidhiathon - 10K Marathon Participants



## Lamp Lighting Ceremony

On 7 November 2022, the Centre for Social Concern of SJII conducted a **Social Awareness Seminar** for Student Council members of SJICPUC. It was organised by the Social Service League, which focused on creating social awareness among the students. The seminar was graced by Rev Fr Joseph D'Souza SJ, the Rector, Rev Fr Stevan Gonsalves SJ, Director of Centre for Social Concern, Rev Fr Vijayaraju SJ, Director of St Joseph's Community College, Mr Vinod Amrithraj, the Principal of SJICPUC. Rev Fr Francis Balraj SJ and Dr Fr Selwin Raj SJ were the honourable speakers for the day who conducted the seminar with various activities and interactive sessions.



Introduction by Master Yashovardhan



Group Interaction

'**ATARAXIA 2022**', an inter - class fest of Social Welfare Union was organised by SSL on 4 & 5 November 2022. The central motive of this event was to create awareness on mental health. Three events - Collage, Debate and Pick & Speak, were conducted. Also a fundraiser for 'Project Pawshine' via a donut bake sale was conducted.



Event Managers

## Posters on Mental Health



On 19 November 2022, 30 students participated in a **Walkathon** in Sree Kanteerva Stadium organised by Samarthanam Trust for the Disabled to support the blind cricketers across the globe.

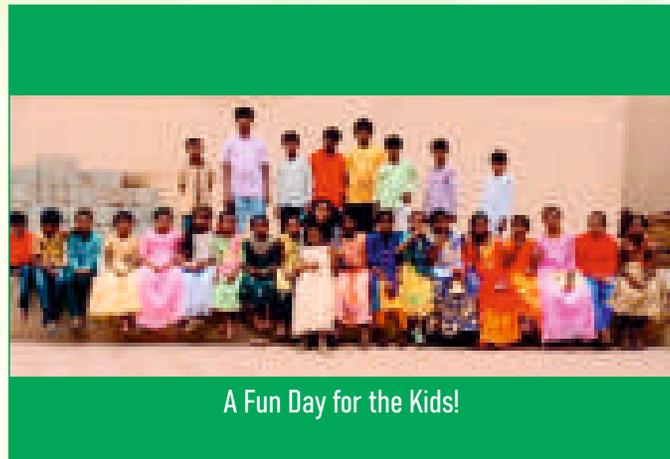


On account of 60 years of the Interact Movement, a poster making event was conducted on 26 November 2022. Posters were made on the theme - '**Peace Building and Conflict Prevention**'.



To reach out to the less fortunate and under privileged children and to instill joy and happiness, '**Bala Mela**'- A Children's Fest was organised by Centre for Social Concern. Games like Hoop game, Break the Pyramid, Pot the Ball, Blindfold Bindi, Score the Goal, Make a Castle, Pick up the Coins/Marbles, Memory game, Balance the Ball, Target the Coin were conducted.

Around 75 student volunteers and 8 staff members were involved. The event was a grand success as the children had great fun with the stall games and the magic show. The student volunteers from SJICPUC were very responsible and were involved in their work with commitment and love.



A Fun Day for the Kids!



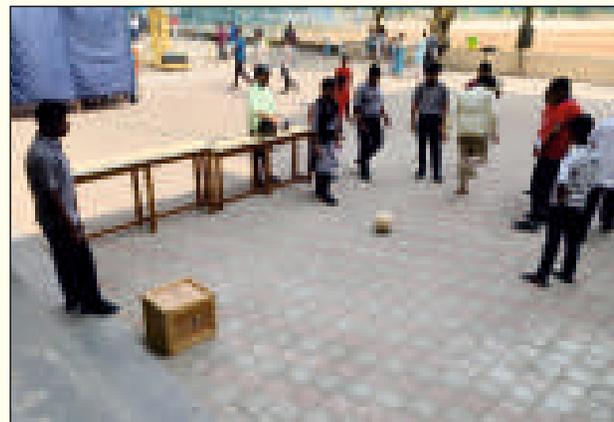
600 Students from various Orphanages



Bell and Brick Game



Find the Marble Game



Score the Goal Game



Cultural Programme by the Children



Dance Performance by our College Students



Student Volunteers with the Staff



To instill in the young minds the quality of reaching out to the less privileged and spreading unconditional kindness, the Social Service League had organised an **Outreach Programme** which included a fundraiser and a visit to Jyothi Seva Blind School on 10 December 2022. The students and staff of SJICPUC made a generous contribution of 1,20,000/- towards building a blind friendly infrastructure. The amount was handed over in cash to the school authority on the day of visit.

Around 30 students and 4 staff members visited the blind school and conducted few activities like action song, dance etc. The children in turn astounded us with their matchless talents such as singing, dancing, craft work etc. They also taught us about the Braille system. The visit was indeed a great learning. It taught us that disability is just a matter of perception, and that, if we believe, we can work wonders.

The Social Service League of SJICPUC commemorated the World AIDS Day on 1 December 2022. Around 1800 red ribbons – a symbol of AIDS awareness, and a few charts were made by the student volunteers. The red ribbons were distributed to all the staff and students of the college. An insight on the infection, its mode of transmission, societal myths and the social stigma associated were explained to the students during the morning assembly to promote the idea of this year's theme 'Equalize'.

**Pinning the Red Ribbon on Fr Director**



*Creating Awareness*



*"Computer Science is no more about computers than astronomy is about telescopes." – Edsger W Dijkstra*

### Guest Lecture on Artificial Intelligence

Speaker: **Prof. Mohammed Mueen**

3 September 2022

Professor Mohammed Mueen from the School of Computer Science and Applications, REVA University, delivered a lecture on 'Artificial Intelligence'. He interacted with the students about the dominance of AI in the contemporary world. The discussion also enabled the students to understand the future of AI and its applications for a sustainable future. The students responded to the lecture with a positive feedback and also expressed clarity on their aspirations in the field of IT. ●



Dignitaries of the Event



*Lighting the Lamp*



Alwin Roy M, from II PCMC – B, introducing the Guest Speaker



The Speaker addressing the gathering

*"Don't expect the theatre to satisfy the habits of its audience, but to change them."* – Bertolt Brecht

The Theatre Club was started with the intention of creating a safe space for students to express themselves freely on the stage and tackle conditions like stage fear, difficulty in language acquisition and to harness creativity in the students. Across the year the students of the club performed in numerous activities and participated in fests all over the city bringing laurels to the institution.

The students of the theatre club participated in the Annual Theatre Fest conducted by the Christ PU College on 10 November 2022. Two teams consisting of twenty and eighteen members respectively participated in the fest. The theme of the event was to select a chapter from the English textbooks of I PUC and/or II PUC, adapt it and perform the same.

The students adapted "Watchman of the Lake" from the I PUC textbook and wrote a play around the same characters while changing the plotline of the story. The performance was well received by the audience and the judges. Surabhi Jagan of I PCMB 'B' won the 'Best Actor' award for portraying the role of Mara.

Another group of students adapted "Romeo and Juliet" from the II PUC English textbook. The students wrote a modern day parody of Romeo and Juliet and performed it for the fest. Their performance received a standing ovation from the participants, and the judges of the event praised the effort the students put in to write the play. ●



*Skit on Freshers ' Day*



*An Adaptation of "Watchman of the Lake"*



*An Adaptation of "Romeo and Juliet"*

*"If we are to preserve culture, we must continue to create it." – Johan Huizinga*

Our students have actively participated, and also won prizes at various events like, English, Kannada and Hindi Literary events, Classical dance, Non-theme dance, Collage, Painting, Sketching, Treasure hunt, Best Manager, Entrepreneurship, Turn Coat, Debate, Mad Ads and Fashion Show.

They have participated in Inter - Collegiate Fests across the city. To name a few,

- ☞ Cultural fest at Shri Krishna College
- ☞ Platinum Jubilee Fest hosted by Mount Carmel PU College.
- ☞ Magnachrista hosted by Christ Junior College.
- ☞ Equinox hosted by St. Joseph's PU College.
- ☞ Esplendida cultural fest hosted by Mount Carmel PU College.
- ☞ Artemis hosted By Jyothi Nivas College.
- ☞ Cresindo 2K22 hosted by Sindhi Degree college. ●



Page to Stage' team at Christ Junior College



Surabhi from I PCMB - B 'Page to Stage' - Best Actor Award



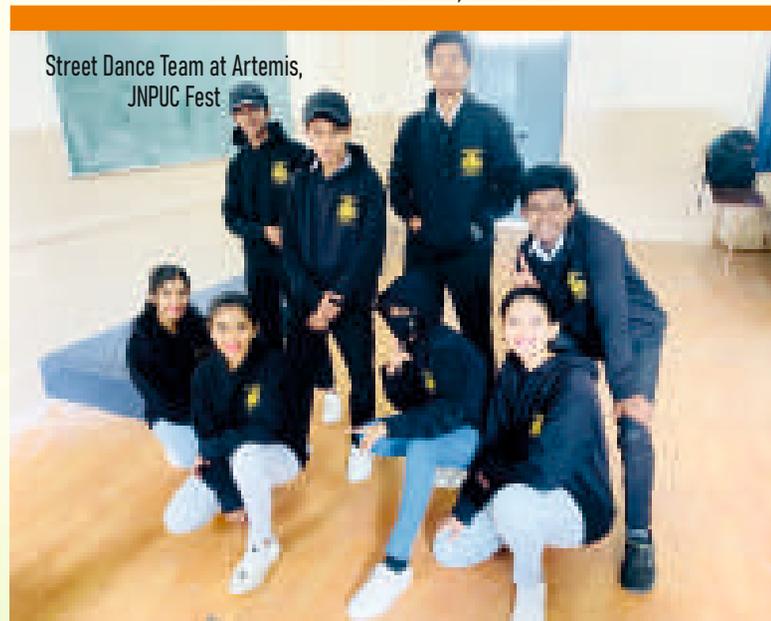
Classical Dance Team at Artemis, JNPUC Fest



Fashion Show Team at Artemis, JNPUC Fest



General Quiz Team, at MCC fest



Street Dance Team at Artemis, JNPUC Fest



Shruthi, Deeksha & Sreeliya, at MCC Fest



Treasure Hunt Team, at MCC fest



Akanksha V Malde, at MCC Fest.



Nayana K, at Equinox, SJPUC

## Participants of Inter - College Cultural Fests



*"Discipline is consistency of action." – James C. Collins*

First camp of Scouts and Guides, known as 'Praveshika', was held from 13 October 2022 to 15 October 2022. It was conducted by the Hindustan Scouts and Guides, Karnataka. The venue was the St Joseph's Indian Composite P U College campus. Around 50 students from both I PUC and II PUC participated in the camp. Our trainers for the camp were Ms Roohi and Mr Jinnah. On the first day of the camp we learnt about the history of Scouts and Guides, its promises and laws. Then, we were grouped into teams called 'Patrol' and were taught various claps and rope holding/tying techniques in Scouts and Guides. We were also made to play many games with our patrol. At the end of the camp, we were honoured by the Scouts and Guides scarf, and some were also awarded with medals for their commendable performance.

The second camp of Scouts and Guides, called the 'Komal Pad' was held from 25 November, 2022 to 26 November, 2022. This camp was also conducted in the college campus. A test on understanding the Scouts and Guides was conducted during this camp. More ways of tying knots were taught. On the last day of the camp certificates were distributed.

Shahid Pasha of II PCMC B

Sadhiya Sitara of II PCMB A



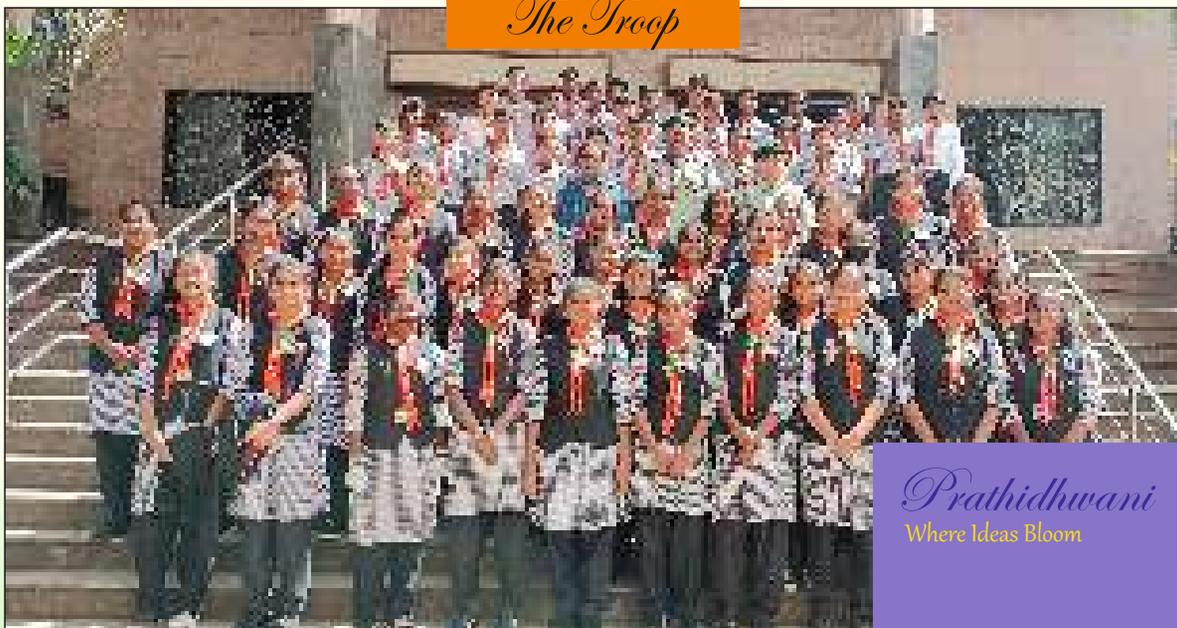
*Camp in Progress*



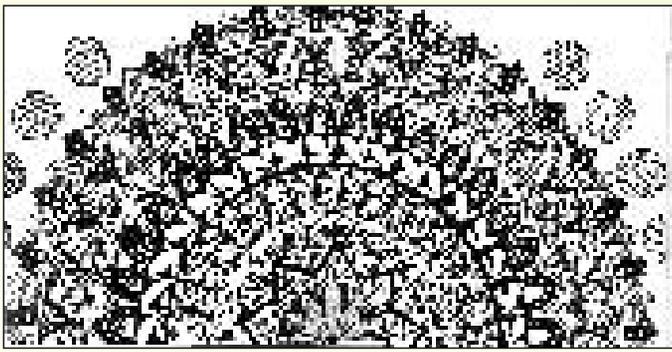


Distribution of Certificates

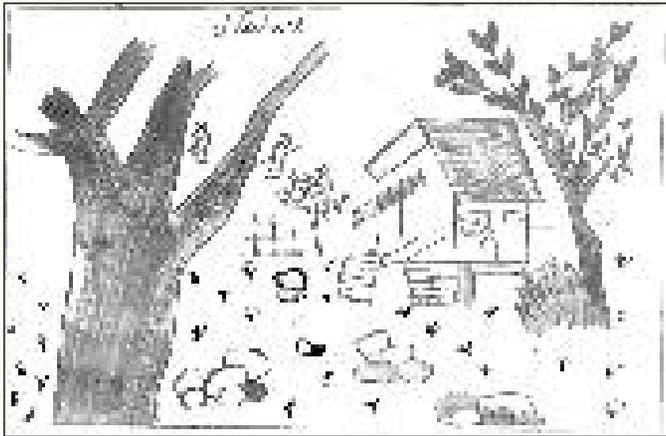
*The Troop*







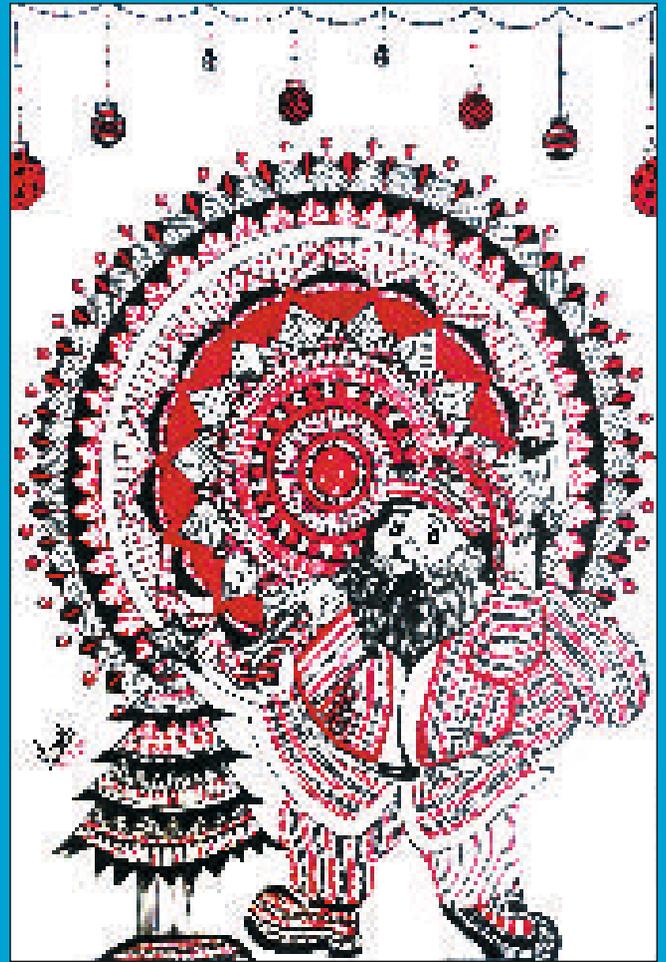
LAKSHMI B N - I PCMB B



PRIYANKA V - I MEBA



PAVANI A SHETTY - I PCMB B



AARUSHI SRIVASTAVA - II SEBA



## St Joseph's Indian Institutions Alumni/ae Association (SJIIAA)

*"I think the success of any school can be measured by the contribution the alumni make to our national life" – John F Kennedy*

St Joseph's Indian Institutions Alumni/ae Association teaches leadership by supporting alumni events, creating new traditions, keeping old traditions alive and a lifelong connection with the alma mater.

### Highlights of the academic year 2022-2023:

1. Back to Joseph's Reunion in April 2022.
2. Alumni initiative "Igniting Minds" in September 2022.
3. Health camp organized by Dr Arun Kumar N, batch of 1982, for the faculty of SJHS and SJIPS in September 2022.
4. Adhyapak health cards for all the Teaching and administrative staff of SJHS, SJIPS and SJICPUC by Dr Sandeep S, batch of 2004, in October 2022.
5. Alumni participation for SJHS Sports day in October 2022 for the March Past and other events.
6. Release of the SJIIAA Newsletter Volume I in October 2022.
7. SJHS Alumni Football runner up trophy in February 2023 – Team lead by Mr Daniel Christopher, Mr Dominic Vijay and Mr Muthukumar.
8. Release of the SJIIAA Newsletter Volume II in May 2023.
9. Organized the Annual Alumni meet in May 2023.

## Children's Day Programme

Organised by the alumni/ae of SJICPUC



School Children gathered at the venue



Children involved in fun interaction



Alumni/ae Event Organisers

## *Alumni at the Graduation Day*



Alumni, including Mr Babu C Joseph, President, Alumni Association, participating in the event

# *"Igniting Minds"*



"Igniting Minds" is an enablement program in the form of Scholarships for the education and well-being of the students, with no parents / single parent, or those belonging to economically poor families. As a flagship project, through the contributions from the Alumni, 150 students were proud to receive the scholarship from the Primary School (SJIPS), High School (SJIHS) and PU Composite College (SJICPUC).



Alumni



## *Ongoing Scholarship Process*

## Alumnus' Message



“Your positive thoughts combined with hard work can take you to the peak of a greatest mountain”.

Well as a student even I dreamt of climbing a mountain; a mountain that only few could. I still remember how I felt impossible to reach up there but it was just a random wave of doubt that I had.

I'm Shaun Mathew, a Bangalorean by birth. I was born and brought up by an orthodox family, yet they raised me with lot of good values to inculcate. My dad served the Indian army for about 17 years, which in turn made me a very well

mannered and poised person. Accustomed to be around adults primarily, I had a lot of people that invested in me from my childhood as I was the only boy child in the family.

In my school life, I was always a shy, conservative and silent kid, who wasn't that great in academics. I had a bunch of talents that I always liked to do including badminton, gardening etc. In the year 2017, after struggles to pass my SSLC, I joined St. Joseph's Indian Pre University college and started anew. From being a very silent and conservative boy, I started surrounding myself with friends who were typical toppers and outgoing in nature. In my II year, I pushed myself to come out of the bubble that I was in and lecturers especially Deepak sir, Saritha Ma'am, Anugraha Ma'am and Fr Renny constantly supported and guided me throughout to come out of my comfort zone that I was in. They all played a major role in pushing me to achieve and their belief that I could be a better person, motivated me further.

In 2019, I joined Loyola Degree College, where I was a very outgoing, confident and a better version of myself. I focused and worked hard to improve in academics, and I was awarded as 'The Best Outgoing Student of the Batch 2022'. I had over 5 exemplary merits out of 6 semesters making me “The Bronze Medal Winner in Academics” under Bangalore University, which was something that I had never dreamt in the wildest of my dreams.

Today as one among the university rank holders, I proudly cherish the time I was in St. Joseph's, for the people I met, for the friends that I made. I think the college played a major role in shaping young minds and molding our mindsets and personalities as responsible people, not only to our family but also to our community.

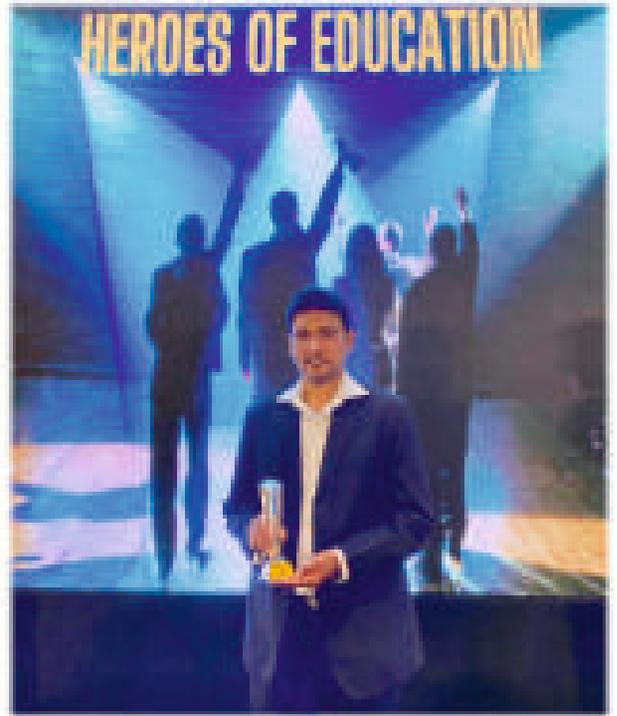
I'm almost proud and honored of being a Josephite!

-Shaun Mathew  
Alumnus

## Staff Achievements

*"What the teacher is, is more important than what he teaches." – Karl Menninger*

Mr M Vinod Amrithraj, the Principal of our college, was shortlisted by 'The Trading Minds', a premium company run by a group of educationalists and professionals from KPMG for his contribution towards the welfare of the students. He was awarded 'Hero of Education' on 1 November 2022; an award to recognize educationalists who have inspired the younger generation with their commitment and dedication.



Mr M Vinod Amrithraj with the Award



Awardees of the Event

Dr Suresh K M, lecturer from Department of Kannada, was honoured with the 'Rajyotsava Award' for his contribution to the field of Kannada literature, by the Hassan District Administration, Karnataka, on 1 November 2022.



Dr Suresh K M



Dr Suresh K M being felicitated

Mr Jitendra Mewara, the Physical Education Director of our college was the only technical official selected from the entire state of Karnataka to officiate the game of Softball at the 36th National Games in Gandhinagar, Gujarat, from 3 to 12 October 2022.



Mr Jitendra Mewara



At the Venue

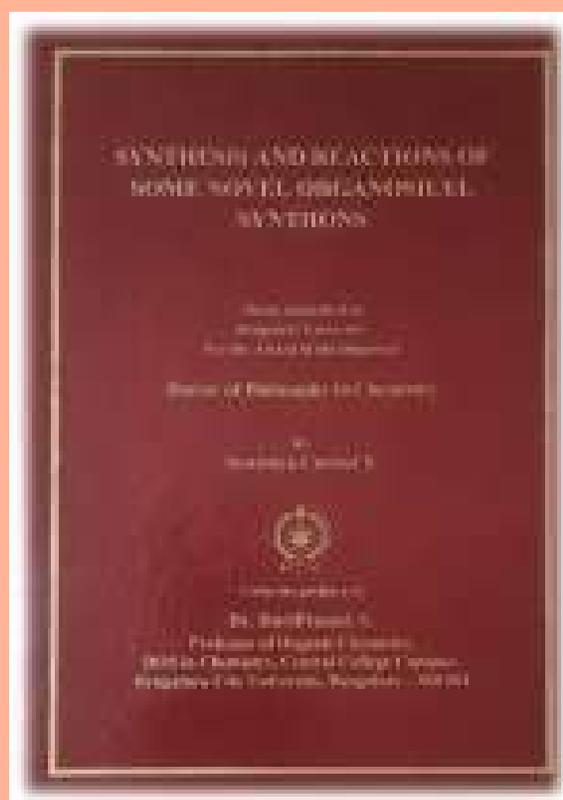


Event in Progress

Dr Sowmiya Carmel, achieved an academic doctorate (PhD) in Chemistry, her research work being, 'Synthesis and Reactions of Some Novel Organosilyl Synthons'. She worked with the guidance of Dr HariPrasad S from Bangalore University, Bengaluru. She has worked on synthesizing 62 compounds, of which 47 were novel compounds, and 3 of them being proven to possess antibacterial, antifungal and antioxidant properties. Her work using Click Chemistry has won her awards and recognition.



Dr Sowmiya Carmel



## Obituary

*"Death answers before it is asked." – A Russian Proverb*

### Forever Loved

God saw you getting tired,  
When the cure was not to be,  
He closed His arms around you,  
And whispered, "Come to Me".

St Joseph's Indian Composite P U College condoles the sad demise of our dear students, Master Saumya Ranjan Patra and Master Varun Infanto P. May your souls always rest in peace. May the family and the friends of the bereaved experience happiness in their memories and gather strength to overcome the loss.



**Saumya Ranjan Patra**

I PCMC - A

Passed on: 20 - 09 - 22



**Varun Infanto P**

II PCMC - B

Passed on: 06 - 11 - 22



# St. Joseph's Indian Composite PU College

23, Vittal Mallya Road, Bengaluru - 560 001

## The College Anthem

Ring out the battle call of duty  
Unfurl the flag of **Faith and Toil**  
We deem our soul's eternal beauty  
A life-long victor's worthy spoil.  
A thousand such are proudly gone before us.  
To win and spread our School's renown;  
'tis ours to swell with our voices and chorus  
And with our deeds enrich her crown

Chorus

**Faith and Toil!** Conquerless alliance  
Wherein we clasp human hands unto Gods'!  
In His control, find we true self-reliance;  
My hand and God's - What'er the odds-  
My hand and God's - What'er the odds-  
My hand and God's  
Evil's onset hold in defiance!

## Courses offered

Science : PCMB - PCME - PCMC

Commerce : MSBA - SEBA - CEBA - HEBA - MEBA

Arts : HEPyS

**Forming Men and Women for others**

# *Prathidhwani*

*Where Ideas Bloom*

## **St. Joseph's Indian Institutions**

**St. Joseph's School (CBSE)**

**St. Joseph's Indian Primary & Middle School**

**St. Joseph's Indian High School**

**St. Joseph's Community College**

**St. Joseph's Indian Composite PU College**



**St. Joseph's Indian Composite PU College**

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